

May 2025 Vewsletter





CLOSED

Administration,
Health Centre, and
Day Care will be closed on
Monday May 19, 2025 for
Victoria Day Holiday!



Community Band Council Meeting Tuesday May 27, 2025 *

6:00 PM @ O&M Building

Topics

- Agenda
- . Council Reports

Zoom link will be posted once available!





We would like to remind Community Members to PLEASE dispose of your sharps properly!

We have needle bins located around the community where sharps can be placed.

The Methadone Clinic also has a Needle Exchange Program!

Please think of the SAFETY of our Children in the

Community!

Miigwetch!



Safe Needle Disposal

What you need to know



phsd.ca

🖪 🏏 @PublicHealthSD



Public Health Santé publique SUDBURY & DISTRICTS

Reasons for using needles

- People use needles for many different purposes. There are many medical conditions that involve the use
 of needles. Diabetes is the most common. People with conditions like cancer and arthritis use needles
 for medicine to control pain. Some people use needles to inject illicit drugs.
- Everyone who uses needles has the same need to get rid of their used needles safely. With safe disposal, no one gets hurt accidentally.

Needle use in pictures

Here are pictures and descriptions of items that are common to needle use.

What does a needle look like?

The needles used at home or by persons who inject drugs look the same as the needle you see in a doctor's office. Needles are also called "syringes or sharps".



What are these small metal cups?

These are called cookers and are used for mixing and heating the drug prior to injection.



What are these plastic vials?

Sterile water can be used to prepare injection drugs and come in small blue or clear plastic vials.



What is a tourniquet?

It is a thin and flexible strip of rubber used to compress an arm for the veins to bulge out to make injecting easier.



What is a sharps container?

A sharps container is made of hard plastic with a top that can be sealed. It is made to safely hold used needles. Sharps containers, or "biohazard containers", come in many sizes and can hold a large number of needles. You can buy a sharps container at many pharmacies.



Who can accidentally get poked by a needle?

People using needles need a way to throw them out after they are finished using them. Without wanting to harm anyone else, they might throw the needles in the garbage or on the ground if they don't see an easy way to safely get rid of them. Anyone can get hurt if they accidentally get poked.

How could a person get hurt? Here are some examples:

Handling used needles

- · A person who tries to put the cap back on a needle.
- Carrying loose needles without a container.

Unsafe disposal

- A child in a playground can pick up a needle tucked under a bush.
- A person looking through garbage if someone disposed of a needle in the waste bin.
- A parks maintenance person can get poked if there are needles hidden in a flowerbed or under a shrub in a park.
- A worker who is cleaning public washrooms or hotel rooms can get poked if needles are hidden in tissue or waste baskets.
- A city waste collector can get poked by a needle sticking out of a garbage bag. Even needles in food containers can poke out if the container gets crushed.





What are the risks of touching used needles?

When a person finishes using a needle, some of that person's blood can still be inside the needle. If you get poked by a needle and the blood gets into your bloodstream, you could get sick.

The vast majority of people will not get sick by picking up or being poked by a used needle, but it is extremely important to be cautious. When viruses in needles are exposed to the open air, the viruses usually die within minutes to hours. That is why most people will not get sick by picking up or being poked by a used needle. However, there is no way to know how long a needle has been lying where you found it, so it is best to be safe.

If you get poked by a needle, you could get sick with:

- tetanus
- hepatitis B
- hepatitis C
- HIV.

What is tetanus?

Tetanus is an infection that causes severe muscle spasms that can make it hard to breathe, or even break bones. You can get tetanus:

- from the bacteria in or on needles that are not clean (sterilized)
- when you have an open cut and you touch bacteria in soil, feces, or rusted metal

Tetanus is treated with antibiotics.





You can prevent tetanus by:

- · safely disposing of used needles
- using a new needle every time
- not touching feces or rusted metal with your bare hands
- make sure you are up to date with your tetanus vaccine

What are hepatitis B and C?

Hepatitis B is an infection of the liver caused by the hepatitis B virus. The illness can be mild with few symptoms in some people, while others can experience severe disease lasting for weeks or months.

Hepatitis C is an infection of the liver caused by the hepatitis C virus. The infection can cause swelling and scarring of the liver. Some can carry the infection in their blood for a lifetime and are at risk of long-term liver problems.

Both hepatitis B and C is spread when the blood of a person with the virus comes in contact with the blood of another person. You can get this infection if you:

- · share needles or other injection equipment
- · get poked by needle with infected blood
- have unprotected sex

You can prevent getting or passing hepatitis to someone else by:

- · using new needles and equipment every time
- practising safer sex (ex. using a condom)
- getting the hepatitis vaccine (there is no vaccine to prevent hepatitis C)
- disposing of used needles safely

What are HIV and AIDS?

The body is usually protected from illness by the immune system. When Human Immunodeficiency Virus (HIV) infects the body, it weakens the immune system. The infected person can easily get sick with rare and hard to treat infections and cancers. When the immune system is badly damaged, a person can develop Acquired Immunodeficiency Syndrome (AIDS).



- HIV is found in several body fluids of an infected person. It is spread through blood, semen, vaginal secretions and breast milk, and dies quickly when exposed to air.
- HIV is spread by having unprotected sex.
- HIV is spread by sharing needles and injection equipment.
- There is no vaccine and no cure for HIV at this time.

You can greatly reduce the risk of getting or spreading HIV if you:

- use new needles and equipment every time
- practise safer sex (ex. using a condom)
- use an acceptable alternative to breastfeeding if you are HIV positive

What should you do if you get poked by a needle?

If you get poked by a needle allow the poke site to bleed freely and gently wash it with soap and water. See a health care provider or go to a local emergency department for further assessment as soon as possible.





Don't put used needles

In the garbage.

Waste collectors can get poked when needles are loose and pierce the bag. If needles are in a container, the container can get crushed and the needles can poke through.



In the recycling bin.

Needles are not recyclable. A waste management worker sorts all the recycled items we put in recycling bins by hand. A worker could get poked by a needle.



People could get poked and it's an environmentally unclean.

On the ground, under a bush, or tucked into places they won't be seen.

A child, adult, worker, or pet could get poked by a needle.







Steps to safely dispose of needles

- 1. Find a hard, non-breakable container that needles cannot poke through with a screw-on or tight fitting lid (examples, rigid detergent bottle, bleach bottle).
 - Do not use glass containers as they can easily break.
 - Do not use light plastic containers or a milk carton as the needles could poke through.
 - Some pharmacies are part of the "Take It Back" Ontario Sharps Collection program and may provide a sharps container free-of-charge.
- 2. Put the container on a stable surface next to the sharp.
 - Do not hold the container in your hand when placing the sharp inside.
 - Do not touch the sharp with your bare hand.
- 3. Use tongs or pliers to pick up the needle by the plastic end (not the sharp end), with the needle pointing away from your body.
 - Do not try to put the cap back on the needle.
- 4. Place the needle, sharp end first, into your sharps container.
 - Do not force the needle into the container.
- 5. Tightly seal the lid (use duct tape if you have it).
- 6. Label your container as "sharps" and store it far out of reach of children.
- 7. Wash your hands or use hand sanitizer.
- 8. Take your container to a safe needle disposal location.

If you are not comfortable picking up the needle and need more information, you can call:

- The City of Greater Sudbury by dialing 3-1-1 (if found on public property).
- The Point harm reduction supplies and services, at 705.522.9200, ext. 778.











Disposing of used needles

Home and property owners are responsible for picking up and disposing of needles found on their properties. Once home or property owners collect the needles, they can dispose of them using one of these services:

Outdoor bio-hazard disposal bins

A list of outdoor bio-hazard disposal bins can be found at: ohrdp.ca/find/community-disposal-bins-ontario

Public Health Sudbury & Districts

- Rainbow Centre, 10 Elm Street, Unit 130, Sudbury Monday to Friday, 8:30 a.m. 4:30 p.m.
- Main Office, 1300 Paris Street, Sudbury
 Outdoor drop-off kiosk, accessible at any time
- Espanola Mall, 800 Centre Street, Unit 100C, Espanola
 Outdoor drop-off kiosk, accessible at any time
- Manitoulin Island, 6163 Highway 542, Mindemoya Monday to Friday, 8:30 a.m. - 4:30 p.m.

City of Greater Sudbury

- · Call 3-1-1
- greatersudbury.ca/live/garbage-and-recycling/waste-wise/

Local Pharmacies

Some pharmacies are part of the "Take It Back"
Ontario Sharps Collection program and will accept
needles from consumers at no charge during
regular business hours. Participating pharmacies
only accept sharps in an approved hard-shell
container, which is labelled with the universal
or cytotoxic biohazard symbol. For a list of
participating pharmacies in your area,
visit: healthsteward.ca/returns/ontario



IMPORTANT REMINDER TO PARENTS AND STUDENTS!

All students currently in Grade 9 or higher applying for upcoming summer employment with Henvey Inlet First Nation must have a **Social Insurance Number PRIOR** to applying.



Social Insurance Number <u>must</u> be presented at the summer student orientation.

Miigwetch!



Henvey Inlet First Nation Pickerel, ON POG 1J0

Administration 295 Pickerel River Road T 705-857-2331 F 705-857-3021 1-800-614-5533

Health Centre 354A Pickerel River Road T 705-857-1221 F 705-857-0730 1-866-252-3330

Day Care 354B Pickerel River Road T 705-857-0957 F 705-857-1369

Chief M. Wayne McQuabbie Council Patrick D. Brennan Brenda D. Contin Lionel R.M. Fox Carl Ashawasagai Stanley K. Moses Deborah Newton Maureen A. Kagagins

MEMORANDUM

To:

All Henvey Inlet First Nation Members

From

Samantha Bradley, Human Resources Coordinator

Date:

February 26, 2025

Re:

Employment Opportunities

Henvey Inlet First Nation is currently accepting applications for the following positions:

- 1) Adult Education Teacher 1 Position
- 2) Band Representative 2 Positions
- 3) Community Wellness Worker 1 Position
- 4) Early Childhood Education Worker 1 Position
- 5) Education Administrative Assistant 1 Position
- 6) Financial Administrative Assistant 1 Position
- 7) Human Resources & Payroll Administrator 1 Position
- 8) Janitor 1 Position
- 9) Nurse Practitioner 1 Position

See attached job postings for more information.

Be sure to check local communication boards or our website at www.hifn.ca/community-2/job-postings-2.html for regular job posting updates.

Miigwetch,

Samantha Bradley, PCP Human Resources Coordinator



EMPLOYMENT OPPORTUNITY

ADULT EDUCATION TEACHER

RE-POST

POSITION SUMMARY

Henvey Inlet First Nation is seeking a temporary, part-time **Adult Education Teacher** to join our Administration for a six-month contract. The Adult Education Teacher reports to the Education Counsellor and is responsible for planning, organizing and implementing an appropriate instructional program in a learning environment that guides and encourages adult students to develop and fulfill their academic potential. The Adult Education Teacher is also responsible for supervising and evaluating students' progress and understanding of the school board's curricula while maximizing student-learning experiences. This position requires excellent interpersonal communication skills and strong leadership skills.

MAIN RESPONSIBILITIES

The Adult Education Teacher will be responsible to:

- Maintain a welcoming, safe and healthy learning environment for all staff and students
- Prepare course objectives and outline for course of study following curriculum guidelines or requirements of the school board
- Deliver planned and approved curriculum to students in an age-appropriate manner
- Instruct students using various teaching methods that support the individual learning styles of each student
- Develop realistic learning goals that challenge the student
- Assign lessons and homework to aid and enforce comprehension and retention
- Administers tests to evaluate student's progress, record results and issue progress reports
- Meet with students to discuss progress and counsel students on areas needing academic improvement
- Assist student with establishing routines while providing them with positive guidance and building their confidence
- Keep and maintain attendance records and provide monthly progress reports to the Education Counsellor and Chief and Council
- Update all necessary records accurately and completely as required by laws, district policies and school board regulations
- Develop and maintain current, accurate and confidential student files in a secure location
- Ensure that classroom and teaching areas are clean, organized and safe at all times
- Set up and put away teaching materials needed to facilitate program objectives
- Keep up-to-date with developments in subject area, teaching resources and methods and make relevant changes to
 instructional plans and activities to incorporate emerging best practices
- Participate in and attend all training, meetings and functions as required for work or requested by supervisor, Director
 of Finance/Administration or Chief and Council
- Deal tactfully with colleagues, students, membership and the public
- Present a positive and professional image of the organization at all times
- Adhere to all HIFN Policies and Procedures
- Perform other duties as assigned from time-to-time by supervisor, the Director of Finance/Administration or Chief and Council

QUALIFICATIONS

- Bachelor's of Education degree from an accredited institution required; University or College degree in a teachable subject preferred
- 1-3 years previous teaching experience in an adult education environment preferred

- Knowledge and understanding of school board policies, curriculum, compliance regulations and appropriate legislation
- Exceptional knowledge of the traditions of the First Nation Community preferred
- Strong knowledge of adult teaching methods and the ability to recognize individual learning styles and the characteristics of learners
- Current satisfactory CPIC Vulnerable Sector Police Check
- Valid Ontario Class G Driver's License with access to a reliable, insured vehicle preferred
- Current First Aid and CPR Level C an asset
- Strong working knowledge of Microsoft Word, Excel and PowerPoint
- Excellent interpersonal communication skills and the ability to inspire and encourage students in achievement of academic excellence
- Excellent written and verbal communication skills
- Exceptional organization and time-management skills
- Strong attention to detail and the ability to perform and prioritize multiple tasks seamlessly
- Highly resourceful with the ability to adapt to changing work needs and demands
- Proactive approach to problem solving with strong decision-making capability
- · Excellent negotiation and mediation skills
- High levels of patience and energy
- Proven ability to handle confidential information with discretion
- Professional attitude and a strong work ethic
- Self-driven with the ability to work independently with little direction
- Willingness to participate in ongoing learning

HOURS OF WORK:

Part-Time - 16 hours per week

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Posted until filled

Those interested in applying should submit their resume, cover letter, driver's abstract and CPIC in confidence to:

Henvey Inlet First Nation - Human Resources

295 Pickerel River Rd. Pickerel, ON POG 130 Tel: (705) 857-2331

Fax: (705) 857-3021 Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.



EMPLOYMENT OPPORTUNITY

BAND REPRESENTATIVE

* 2 POSITIONS *

POSITION SUMMARY

Henvey Inlet First Nation is seeking two (2) full-time **Band Representatives** to join our Administration. The Band Representative reports to the Band Representative Lead and is responsible to represent and advocate for Henvey Inlet First Nation members that are involved with any child welfare agencies throughout Canada. This position requires exceptional interpersonal communication skills and strong organization skills.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Band Representative will be responsible to:

- Assist with the development of a program structure for Henvey Inlet First Nation in collaboration with the Band Representative Team
- Assist with the establishment of a Child Welfare Committee and collaboratively develop Henvey Inlet First Nation child welfare laws, regulations and practices
- · Provide support services to Henvey Inlet First Nation members that are currently or may be involved with child welfare agencies
- Establish and develop an active working relationship with all child welfare agencies throughout Canada
- Respond to all child welfare agencies when notified of any members being involved with their agency
- Behave in a professional manner when acting as a representative of Henvey Inlet First Nation
- · Develop a plan of care for HIFN members and ensure that a legal representative is aware of all court files as necessary
- Ensure that customary care is practiced with all band members before court is considered
- Participate in all Service Plans, Plans of Care or Service Development for Henvey Inlet band members
- Assist with the development of BCR's as needed with full briefing notes for Chief and Council
- Review CCAs prior to seeking Chief and Council's approval for BCRs
- Present in-camera sessions with a report to Chief and Council monthly or when required
- Build and maintain trusting and supportive client relations
- · Attend all court proceedings related to band member child welfare cases as required
- Act as a representative of Chief and Council when they are unable to attend courtroom proceedings for child welfare cases
- · Present information and documents to the courts on behalf of Chief and Council for child welfare cases
- Act as a support system to band members required to attend child welfare court proceedings
- Maintain an empathetic and supportive demeanor to band members and their families
- Liaise with Chief and Council regarding court proceedings and outcomes
- Maintain a log of activities that are participated in on behalf of the band
- Create and maintain a secure filing system with gathered information on all our members with open files with each child welfare agency throughout Canada in accordance with PIPEDA regulations
- Maintain strict confidentiality at all times
- Adhere to all HIFN Policies and Procedures
- Take interest in continuous learning and maintain up-to-date knowledge on current industry regulations, trends and practices
- Participate in mandatory training workshops as required
- Attend and actively participate in staff and community meetings
- Perform other duties as assigned from time-to-time by the Band Representative Lead, Director of Finance/Administration or Chief and Council

QUALIFICATIONS

- Post-secondary certificate, degree or diploma in Social Services, Family Services, Child and Youth Services or other related field
- Current and satisfactory Vulnerable Sector Police Check
- Valid Ontario Class G Driver's License with access to a reliable, insured vehicle
- Current First Aid and CPR Level C an asset
- A strong understanding of First Nations' cultures, values and history required
- Knowledge of Henvey Inlet First Nation community and practices an asset
- Previous experience working within a First Nations organization an asset
- Knowledge of the history of child welfare as it pertains to First Nations' communities
- Full understanding of the Child and Family Services Act (CFSA), Bill C92, federal and provincial child welfare laws and regulations and Customary Care Agreements
- Previous courtroom and public speaking experience
- Excellent interpersonal communication skills and the ability to build professional relationships with HIFN members/clients and affiliates
- Strong written and verbal communication skills
- Exceptional organization and time-management skills
- Strong attention to detail and the ability to perform and prioritize multiple tasks seamlessly
- · Excellent analytical, problem-solving and critical thinking skills
- Highly resourceful with the ability to adapt to changing work needs and demands
- Proven ability to handle confidential information with discretion
- Professional attitude and a strong work ethic
- Ability to work independently and as part of a team
- Strong computer and typing skills, including working knowledge of Microsoft Word, Excel and PowerPoint
- Willingness to travel for work when needed
- Willingness to work flexible hours, including on-call, evenings and weekends when requested

HOURS OF WORK

Full-Time - 35.5 hrs/week

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Posted until filled

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd. Pickerel, ON POG 130 Tel: (705) 857-2331

Fax: (705) 857-3021 Email: samantha.bradley@henveyinlet.com

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EMPLOYMENT OPPORTUNITY

COMMUNITY WELLNESS WORKER

RE-POST

POSITION SUMMARY

Henvey Inlet First Nation is seeking a full-time **Community Wellness Worker** to join our Administration. The Community Wellness Worker reports to the Health Director and is responsible for providing culturally appropriate programs and services to address and respond to existing and emerging family violence, health, healing and wellness issues, including intergenerational trauma. The Community Wellness Worker will work directly with clients to achieve and enjoy healthy and balanced lives through the promotion of positive change in values, attitudes and behaviours. This position requires exceptional interpersonal communication and advocacy skills and strong knowledge of First Nations culture, language and traditional ceremonies and practices.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Community Wellness Worker will be responsible to:

- Support the reduction and prevention of family and community violence through 1-on-1 client support and group support initiatives
- Assist in planning, designing and facilitating various group-based workshops and activities focused on improving indigenous health and enabling participants to achieve and enjoy a healthy and spiritually balanced life
- Work collaboratively with HIFN colleagues and community partners to bring family violence and human trafficking awareness and prevention campaigns and resources into the community
- Build and maintain trusting and supportive client relations
- Assist with client intake and needs assessments, ensuring all necessary forms and documents are completed and inputted into appropriate files and electronic databases
- Maintain up-to-date electronic and paper-based client files, ensuring they are securely stored with restricted access
- Provide client-based services that utilize case management techniques such as establishing trusting relationships, case noting, advocacy and referrals
- Conduct home visits and provide home outreach services as appropriate
- Support clients to establish and maintain independent, safe and stable living environments where their basic needs are being met
- Assist clients with scheduling appointments and securing or providing transportation to/from appointment destinations
- Assist clients with applying for and obtaining personal identification such as birth certificates, health cards, status cards, etc.
- Encourage and support clients to make healthy choices and practices through methods such as harm reduction
- Support clients through their journey to healing traumas and assist them to connect with after-care support programs designed to help them achieve overall wellness
- Incorporate indigenous culture into healing and wellness activities
- Provide focused education and information to members seeking to learn about and participate in their indigenous culture through individual and group counselling sessions
- Work collaboratively with the Cultural Coordinator to coordinate and facilitate ceremonial and traditional activities, including sewing and beading groups, healing/cultural teaching circles and/or support groups
- Provide culturally appropriate life skills training, support services, resources, educational materials, and workshops to address community wellness needs
- Help to organize and facilitate all major community events such as the Community Christmas Party, Easter Breakfast, Loonie Auction, Community Powwow, Remembrance Day Ceremonies, etc.
- Establish committees to help coordinate all major community events and recruit and train volunteers

- Work collaboratively with staff, band members and Elders to establish and maintain documentation of HIFN historical projects, events, family histories and other relevant historical archives
- · Assist members with establishing and maintaining up-to-date ancestry records when requested
- · Provide members with culturally centered support services for funeral and estate planning when requested
- Plan the annual Seven Grandfather Teaching awards ceremony and oversee the nomination and selection process
- Prepare and submit grant proposals to funding agencies for community wellness and fitness initiatives
- Order and purchase supplies required to facilitate community events, workshops and other approved items for clients as needed
- Distribute information on community wellness workshops, community events and other departmental initiatives via the community newsletter, website, bulletin boards and other multi-media platforms as required
- Ensure all Ministry reporting requirements are met in a timely manner, including the completion and submission of all required agency forms, agreements, budgets and reports
- Prepare and monitor annual community wellness program budget and present quarterly program financial reports to the Director of Finance/Administration
- Behave in a professional manner when acting as a representative of Henvey Inlet First Nation
- Develop and maintain professional working relationships with external agencies and program sponsors including the Union of Ontario Indians
- Liaise and consult with the Union of Ontario Indians on issues and available opportunities to enhance the community wellness program
- Prepare and submit all mandatory reports required on behalf of the community wellness program to the appropriate government ministry and funder
- Work collaboratively and cooperatively with all community professionals, departments and colleagues
- Prepare full briefing notes for the Health Director, Director of Finance/Administration and Chief and Council on program statistics regarding program participation and attendance, and other issues and concerns
- Develop and maintain accurate, up-to-date and concise work files
- Create and maintain a secure filing system with gathered information on all clients accessing services in accordance with PIPEDA regulations
- Maintain strict confidentiality at all times
- Adhere to all HIFN Policies and Procedures
- Attend and actively participate in external continuous learning opportunities that affect the delivery of the community wellness program and maintain up-to-date knowledge on current industry regulations, trends and practices
- · Participate in mandatory training workshops as required
- Attend and actively participate in team, staff and community meetings
- Perform other duties as assigned from time-to-time by the Health Director, Director of Finance/Administration or Chief and Council

QUALIFICATIONS

- Grade 12 diploma or equivalent required; Post-secondary degree or diploma in Social Services, Human Services or other related field preferred
- 2-3 years of experience providing health and social support services to clients, preferably in an Indigenous setting
- Previous experience working with volunteers in a non-profit setting an asset
- Valid Ontario Class G Driver's License with access to a reliable, insured vehicle
- Current and satisfactory Vulnerable Sector Police Check
- Current First Aid and CPR Level C an asset
- Current NVCI training certificate an asset
- A strong understanding of First Nations' cultures, values and history required
- Knowledge of Henvey Inlet First Nation community and practices an asset
- Knowledge of current social issues affecting Indigenous people including trauma and addictions
- Previous experience working within a First Nations organization an asset
- A strong working knowledge of traditional ceremonies and practices
- Excellent interpersonal communication skills and the ability to build professional relationships with HIFN members/clients, community agencies and affiliates
- Ability to mentor clients and intervene when additional support services and referrals are needed
- Knowledge of relevant community-based, and external support programs and services available
- Strong public speaking and advocacy skills

- Strong written and verbal communication skills
- Exceptional time-management, organization and administrative skills
- Strong attention to detail and the ability to perform and prioritize multiple tasks seamlessly
- · Excellent problem-solving, critical thinking and conflict resolution skills
- Highly resourceful with the ability to adapt to changing work needs and demands
- · Proven ability to handle confidential information with discretion
- · Effective financial literacy and budgeting skills
- Professional attitude and a strong work ethic
- Self-driven with the ability to work independently with little direction
- Ability to work collaboratively with colleagues in all departments to support client needs
- · Strong computer and typing skills, including working knowledge of Microsoft Word, Excel and PowerPoint
- Willingness to travel for work when needed
- Willingness to work flexible hours, including on-call, evenings and weekends when requested

HOURS OF WORK

Full-Time - 35.5 hrs/wk

WORK LOCATION

In-office

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Open until filled

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd. Pickerel, ON POG 1J0 Tel: (705) 857-2331 Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

HENVEY INCEP

EMPLOYMENT OPPORTUNITY

EARLY CHILDHOOD EDUCATION WORKER

RE-POSTED

POSITION SUMMARY

Henvey Inlet First Nation is seeking a qualified full-time **Early Childhood Education Worker** to join our Administration. The ECE Worker reports to the Daycare Supervisor and is responsible for providing supervision and direct childcare to children attending the HIFN Daycare, in compliance with all regulatory standards required by federal, provincial and First Nations legislation, policies and procedures. Under the leadership of the Daycare Supervisor, the ECE worker will help to plan and implement developmentally appropriate activities and experiences for the children using a variety of teaching techniques in alignment with HIFN Daycare Philosophy. This position requires excellent interpersonal communication skills and the ability to adapt and respond to all childcare needs.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Early Childhood Education Worker will be responsible to:

- Provide a daily balance of developmentally appropriate active/quiet, indoor/outdoor & individual/group activities and experiences for children
- Assist children in self-expression by listening and responding with dialogue that encourages and lengthens conversations
- Encourage the children in learning about a variety of different cultures, including an understanding of our First Nation culture and value system
- Provide experiences and play material that actively promotes diversity and acceptance in interactions and attitudes
- Participate in short- & long-term Daycare planning initiatives and evaluations
- Learn and use techniques provided to assist children in developing the necessary coping skills to address unique life issues
- Observe how children use materials and interact with other children and adults and plan activities that recognize
 these individual differences
- Initiate referral for additional services for parents and children as needed
- Ensure the child's environment is healthy and safe and monitor the environmental hazards
- Attend to children's physical needs for toileting, diapering, eating & sleeping as promptly as possible
- · Maintain positive and ongoing communication with parents
- Maintain strict confidentiality at all times
- Adhere to all HIFN Policies and Procedures
- Take interest in continuous learning and maintain up-to-date knowledge on current industry regulations, trends and practices
- Participate in mandatory training workshops as required
- Attend and actively participate in staff and community meetings
- Perform other duties as assigned from time-to-time by the Daycare Supervisor, Director of Finance/Administration or Chief and Council

OUALIFICATIONS

- Post-secondary diploma or degree Early Childhood Education, Child and Youth Worker, Social Services or other related field plus 1-3 years related professional experience working with children preferred
- Current Ontario RECE License in good standing and registration with the College of Early Childhood Education preferred
- Current and satisfactory Vulnerable Sector Police Check
- Current First Aid and CPR Level C
- Membership in good standing with the College of Early Childhood Educators
- Knowledge of the Child Care and Early Years Act, 2014
- Professional and responsible attitude
- Excellent oral, written and interpersonal communication skills
- · Willingness to work flexible hours

HOURS OF WORK

Full Time - 35.5 hrs/week

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Open until filled

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Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

HENVEY INCEP

EMPLOYMENT OPPORTUNITY

FINANCIAL ADMINISTRATIVE ASSISTANT

RE-POST

POSITION SUMMARY

Henvey Inlet First Nation is seeking a full-time **Financial Administrative Assistant** to join our Administration. The Financial Administrative Assistant reports to the Director of Finance/Administration and is responsible for managing Henvey Inlet First Nation's accounts payables and receivables, processing employee payroll accurately and on time, and completing, remitting and maintaining required financial books, reports and documentation in an organized, timely manner. This position requires excellent mathematical reasoning, a high understanding of accounting principles, attention-to-detail, and strong organization and time-management skills.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Financial Administrative Assistant will be responsible to:

- Maintain computerized records for specified Henvey Inlet First Nation accounts in Simply Accounting software
- Update accounting General Ledger when funding amendments are received
- Input financial data into accounting system and allocate transactions to the appropriate General Ledger account
- Manage accounts receivables and accounts payables and process all incoming and outgoing cheques
- Process expense claims and vouchers for payment, enter invoices, match invoices with purchase orders, and check all claims for accuracy
- Verify account codes and signatures for proper assignment of budgetary expenditures
- Ensure timely and accurate processing of all incoming and outgoing invoices
- Act as first line contact with vendors regarding billing and payment problems
- Record deposits and payables journal entries to the General Ledger
- Prepare and process weekly employee payroll for assigned departments
- Prepare annual T4 slips for HIFN employees
- Prepare all cash and cheque deposits for bank
- · Bring bank deposit to bank as required
- Prepare all direct deposit payments for payroll, incoming invoices, travel and vendor expenses via Electronic Fund
 Transfer (EFT)
- Prepare all financial statements and bank reconciliations for assigned departments
- Prepare and submit required financial reports for Director of Finance/Administration, other HIFN department staff, and/or the requesting government body, achieving assigned deadlines
- Prepare and remit all necessary government remittances and other payments by required due date
- · Assist with opening and closing the financial books in preparation of the annual audit
- · Assist auditors with annual review by preparing and providing supporting documentation as requested
- Print monthly finance reports in time for monthly finance meeting and provide to Director of Finance/Administration
- Perform clerical duties, such as maintaining orderly and chronological filing and record systems
- Communicate with various staff members both in person, via email and on the phone, addressing their questions and requests
- Adhere to all HIFN policies and procedures

- Take interest in continuous learning and maintain up-to-date knowledge on current industry standards, regulations, trends and practices
- Participate in mandatory on-the-job training and training workshops as required
- Attend and actively participate in mandatory staff and community meetings
- Perform other duties as assigned from time-to-time by the Director of Finance/Administration or Chief and Council

QUALIFICATIONS

- College Diploma in Business Administration, Finance, Accounting, or a related field
- Minimum 5 years combined previous accounting, payroll and/or finance related work experience
- Strong working knowledge of Generally Accepted Accounting Principles
- Proficiency with Simply Accounting software required
- High level of proficiency with Microsoft Word and Excel
- Valid Ontario Class G Driver's License with access to a reliable vehicle
- Exceptional organization and time-management skills
- Excellent problem solving and critical thinking skills
- High level of attention to detail and a high degree of accuracy
- Ability to multi-task and manage competing priorities
- High level of personal integrity and a strong work ethic
- Current First Aid and CPR Level C an asset
- Previous experience working within a First Nation Organization would be an asset

HOURS OF WORK

Full-Time - 35.5 hrs/week

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Open until filled

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd. Pickerel, ON POG 1J0 Tel: (705) 857-2331 Fax: (705) 857-3021

Email: samantha.bradley@henvevinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

THENVEY IN E

EMPLOYMENT OPPORTUNITY

HUMAN RESOURCES & PAYROLL ADMINISTRATOR

POSITION SUMMARY

Henvey Inlet First Nation is seeking a full-time **Human Resources & Payroll Administrator** to join our Administration. The Human Resources & Payroll Administrator reports to the Human Resources Manager and is responsible for providing administrative and technical support for the Human Resources department in areas such as recruiting, training, health & safety, benefits and payroll administration. The Human Resources & Payroll Administrator will assist the Human Resources Manager in the research and development of human resources and payroll policies and programs and will be responsible for ensuring the accuracy of preliminary payroll data, reports and timesheets. This position requires strong attention to detail, exceptional interpersonal communication and customer service skills and a high-degree of integrity and professionalism.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Human Resources & Payroll Administrator will be responsible to:

- Build and maintain beneficial relationships with non-profit employment agencies, educational institutions and other First Nations
 & First Nations organizations
- Post/update job vacancies and recruitment information on various internal and external digital and physical job boards
- Develop, implement and maintain a digital applicant tracking system
- Receive, sort, track and pre-screen incoming employment applications for compatibility to current and upcoming vacancies
- Assemble and prepare application file for Human Resources Manager review once job advertisements close
- Schedule appointments for interviews
- · Prepare interview packages for the hiring committee, including copies of job postings, applications and interview questions
- Organize and participate in hiring committees and interview processes as requested
- Check prospective employee references
- · Track candidate application status and respond with follow-up letters at the end of the recruiting process
- Maintain TBNT file with copies of applications, interview notes and other correspondence with unsuccessful applicants
- Act as a representative of HIFN at recruitment fairs as requested
- Draft employment offers for successful candidates
- Prepare and print new hire packages and employee policy booklets
- Coordinate procurement of new hire work spaces, supplies, computers and intranet access
- Assist with employee orientation and training registration of new hires on their first day, including completing all new hire documentation and gathering proof of employee qualifications
- Assist Human Resources Manager with training program development
- Assist with the coordination of employee and management training sessions
- Assign, monitor and track employee training progress
- Assist with the completion and submission of training proposals and employee registrations to Gezhtoojig for qualified new hires as requested
- Create new and maintain existing personnel files by ensuring they are complete and up-to-date
- Create and maintain a secure manual and digital filing system for all confidential employee data in accordance with PIPEDA and other applicable privacy regulations
- · Facilitate the completion of probationary reviews for new hires with department managers
- Track employee eligibility dates for group benefit and pension plan enrolment
- · Distribute benefit and pension enrolment packages and assist with employee benefit orientations for newly eligible staff

- Educate employees on group benefit and pension programs, providing answers to their questions
- Process employee benefit and pension enrolments, changes, leaves, and terminations by completing, submitting and mailing all required forms
- Update and maintain online benefit system and reconcile monthly benefit statements
- Assist employees in registering for myBenefits online and support employees with submitting online claims as required
- Act as a mediator between the insurer and employees to resolve claim and coverage issues
- Review, print, distribute and file monthly benefit billing statements
- Maintain a sustainable professional relationship with insurance and pension providers
- Work with account managers to coordinate workplace visits and employee benefit and pension training sessions
- Run monthly pension contribution report for the finance department, ensuring that appropriate contributions were made within each pay period
- Prepare and submit the monthly pension contribution allocation report to Canada Life
- Prepare and compile benefit and pension data needed for required provider and other government reports
- Participate in the annual benefit renewal meeting as requested
- Register new employees in ADP and train them on how to complete their online timesheets
- Be the primary contact point for any employee payroll related inquiries and requests
- Stay current with payroll regulations, standards and work practices
- Assist in the preparation and administration of payroll for all employees while auditing preliminary payroll processing reports and timesheets for accuracy
- Ensure that timesheet hours are categorized and allocated to correct cost centers
- Monitor employee time & attendance, time-off balances and timesheet approvals
- Inform managers of timesheet discrepancies and time & attendance patterns and concerns
- Ensure all wage, benefit and pension changes are made accurately and in time for effected pay periods
- Implement salary increases, bonuses and so on in accordance with instructions given
- · Assist with updating and maintaining payroll system for accuracy and prepare manual payroll adjustments as required
- · Create required internal management reports from payroll system including ad hoc reports as requested
- Maintain detailed records and documentation of payroll functions for audit purposes in accordance with statutory requirements
- Verify a variety of payroll related information for the purpose of ensuring accurate distribution of payroll funds and recommending corrective action as required prior to processing
- Process employee garnishments, leaves, and terminations as required, ensuring accurate processing of vacation payouts
- Prepare and amend ROEs as required, ensuring to print and mail out hard copies to employees and place copies in the personnel files
- Compile payroll remittance reports for finance, coordinating garnishment and pension remittance payments accordingly
- Work collaboratively with the finance department to ensure payroll is submitted for processing accurately and on time
- Respond to all government inquiries regarding payroll, including requests from Service Canada, CRA, FRO and other related agencies as required
- Coordinate employee exit interviews
- Assist with establishing the Joint Health & Safety Committee (JHSC) and related policies and procedures
- Assist with the coordination and set-up of JHSC meetings and training
- Attend JHSC meetings and record meeting minutes
- Actively participate in JHSC inspections and investigations
- Assist with JHSC inventory and supply management
- Assist with the preparation of the annual performance review process, ensuring managers remain on-track with their evaluation deadlines
- Collect and compile performance evaluation data for Human Resources Manager review
- Conduct annual employee engagement and feedback surveys, summarizing data collected into an itemized feedback report
- Monitor employee recognition milestones and administer incentive programs
- · Assist with planning and organizing employee recognition events, parties, recreational activities and staff retreats
- Provide administrative support to the Human Resources department
- Conduct research and analyze and compile data
- Assist with regular research and compliance initiatives regarding Human Resources issues
- Assist with the development and implementation of human resources and payroll policies and procedures
- Provide assistance with organizational research and succession planning
- Prepare formal communications to employees for Human Resources Manager review
- Draft, print and distribute various routine employee letters, correspondence, memoranda and forms

- Proofread and edit various HR and payroll documents and forms
- Prepare monthly newsletter submissions and other department flyers and external correspondence for Human Resources
 Manager review
- Update HIFN website with external department correspondence
- Collect, copy, print, file and distribute various HR and payroll documents and records
- Process incoming/outgoing department mail
- Assist with department file archiving, including removing and destroying outdated or unnecessary materials or transferring them to inactive storage according to file maintenance/legal guidelines
- Present a positive and professional image of the organization at all times
- Develop and maintain solid working relationships with staff, leadership, government agencies and other key external stakeholders
- Seek and apply for program funding through various external government agencies and program sponsors
- Assist with the completion and submission of various department reports to applicable funding providers including Ministries,
 Governments, and other service providers in a timely manner as required
- Adhere to all HIFN policies and procedures
- Participate in continuous learning opportunities to maintain up-to-date knowledge on current industry regulations, trends and practices
- Participate in mandatory training, courses, webinars & workshops as required
- Attend and actively participate in team, staff and community meetings
- Other duties as assigned from time to time by the Human Resources Manager, Director of Finance/Administration, or Chief and Council

QUALIFICATIONS

- · Post-secondary degree or diploma in Human Resources, Business Administration, Payroll or Accounting
- 3+ years of combined human resources and payroll experience required
- Strong working knowledge of employment and payroll legislation a must
- Previous benefit administration experience an asset
- Previous experience working with ADP payroll software a strong asset
- PCP or PCM designation a strong asset
- Motivated individual with proven initiative
- Politically and culturally sensitive
- Current First Aid and CPR Level C preferred
- Knowledge of Henvey Inlet First Nation history, community and practices
- Previous experience working within a First Nations organization preferred
- Strong written and verbal communication skills
- Excellent customer service and interpersonal communication skills
- Ability to build and maintain strong professional working relationships
- Ability to deal with people sensitively, tactfully, diplomatically and professionally at all times
- Strong morals and ethics, along with a commitment to staff privacy and preserving strict confidentiality
- Ability to multi-task and manage competing priorities
- Excellent time-management and organization skills
- Must have sound critical thinking, reasoning, problem-solving and decision-making skills
- · Strong research and data analysis skills
- Strong attention to detail and high degree of accuracy
- Strong work ethic and a positive team attitude
- Proficient with Microsoft Office programs including Word, Excel, and Power Point and the use of general office equipment
- Valid Class G driver's license with access to a reliable, insured vehicle
- Willingness to travel for work when needed

HOURS OF WORK

Full-Time – 35.5 hours per week

WORK LOCATION

In-office

REMUNERATION

Based on experience

START DATE

March 31, 2025

APPLICATION DEADLINE

March 13, 2025

Those interested in applying should submit their resume, cover letter, driver's abstract and CPIC in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd. Pickerel, ON POG 1J0 Tel: (705) 857-2331 Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

HENNEY INCEP

EMPLOYMENT OPPORTUNITY

JANITOR

POSITION SUMMARY

Henvey Inlet First Nation is seeking a full-time **Janitor** to join our Administration. The Janitor reports to the Administration Manager and is responsible for cleaning all HIFN commercial buildings at the end of each business day. The Janitor will perform general cleaning duties including sweeping and mopping floors, cleaning and stocking restrooms, washing walls and windows, cleaning the kitchen and fridge, disinfecting all high-touch surfaces and trash removal. This position requires strong self-motivation, great attention-to-detail and excellent time-management skills.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Janitor will be responsible to:

- Sweep, mop, polish, and refinish floors and vacuum and shampoo carpeted areas
- Perform all general cleaning of the HIFN building halls, offices, restrooms, kitchens and lobby
- Wash walls, windows, doors, plexiglass barriers, mirrors and upholstery
- Dust all furniture and fixtures
- Clean and stock restroom facilities daily with soap, paper towel and toilet paper
- Disinfect all high-touch surfaces including door handles, fridge handles, microwaves, coffee and water dispensers, cupboards and faucets
- Empty trash and recycling bins
- Wear necessary personal protective equipment and follow required health and safety procedures
- Ensure cleaning materials and supplies are stored in a safe and orderly manner
- Maintain a proper inventory of cleaning materials and supplies and submit requests to order to the Maintenance Supervisor when needed
- Monitor need for equipment maintenance and repair and report damage to Maintenance Supervisor
- Complete cleaning logbooks as necessary
- Ensure the building is locked and secure when leaving
- Maintain strict confidentiality at all times
- Adhere to all HIFN Policies and Procedures
- Participate in mandatory training workshops and webinars, including WHMIS, as required
- Attend and actively participate in team, staff and community meetings
- Perform other duties as assigned from time to time by the Supervisor, Director of Finance/Administration or Chief and Council

QUALIFICATIONS

- Previous cleaning or janitorial experience preferred
- Grade 12 diploma or equivalent preferred
- Valid Ontario Class G Driver's license preferred
- · Current First Aid and CPR Level C an asset
- Highly motivated and able to work independently
- Excellent time management and problem-solving skills
- High level of sound independent judgment and reasoning
- High level of personal integrity and a strong work ethic
- Must be able to multi-task and prioritize work
- Strong attention to detail
- Ability to comprehend detailed instructions
- Ability to stand, bend, reach and twist for long periods of time
- Ability to lift up to 20lbs continuously
- Willingness to work evenings <u>a must</u>

HOURS OF WORK

Full-Time – 35.5 hrs/week

REMUNERATION

\$18.52/hour

START DATE

March 31, 2025

APPLICATION DEADLINE

March 13, 2025

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd. Pickerel, ON POG 1J0 Tel: (705) 857-2331

Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.



EMPLOYMENT OPPORTUNITY

NURSE PRACTITIONER

POSITION SUMMARY

The Nurse Practitioner reports to the Health Director and is responsible for providing primary health care services in the areas of health promotion, prevention, treatment, rehabilitation and support. The Nurse Practitioner assesses and diagnoses clients' health for acute illnesses and supports clients to manage chronic illness. The Nurse Practitioner is also responsible for consulting with doctors, medical practitioners and community health specialists as required in order to provide safe and timely patient care in accordance with the College of Nurses of Ontario's Standards of Practice Registered Nurses in the Extended Class. This position requires exceptional interpersonal communication and advocacy skills and strong attention to detail.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

DUTIES AND RESPONSIBILITIES

The Nurse Practitioner will be responsible to:

- Follow the Practice Standards and Guidelines as outlined by the College of Nurses of Ontario
- Provide comprehensive primary care services to clients of all ages, including disease prevention, health
 education and promotion, chronic illness management, antenatal and postnatal care, palliative care and
 acute/episodic visits
- Provide a wholistic approach to client care, looking at physical, mental, spiritual and emotional well-being while giving recognition to special social, physical and psychological risk factors which may affect the health of Indigenous clients
- Complete health assessments, including health history and physical examinations
- Utilize diagnostic testing to establish medical diagnoses and treatment plans for major and acute patient illnesses within the specialty scope of practice consistent within the College of Nurses of Ontario standards of practice for Registered Nurses in the Extended Class RN(EC)
- Review laboratory results, procedure reports and consultation notes and arrange appropriate follow-up and referrals as required
- Prescribe medications according to scope of practice
- Develop and maintain positive relationships with clients, families, staff, other health care providers and the community
- Consult with physicians as needed regarding issues that are outside the NP scope of practice
- Monitor and provide intervention, treatment and advanced clinical management as needed to support patients across the continuum of care
- Advocate on behalf of clients with regards to equitable access to traditional healing and western health services
- Conduct consultations with clients, family and other health care team professionals to assess learning and support needs and formulate, initiate, co-ordinate and evaluate a comprehensive and collaborative patientcentered plan of care

- Work in partnership with HIFN nursing team to share responsibility for planning provision and coordination of client care either in the home, community or in the clinic
- Promote continuity of care by initiating and coordinating patient discharge plans, warm transfers and integrated care methodology
- Arrange home support services for clients based on individual needs to prolong independent living in the home
- Collaborate with other health professionals, community partners and staff to ensure a broad range of services, including outreach services, are available to clients as required
- Evaluate patient care outcomes and nursing practice issues to ensure the highest possible quality of care
- Maintain complete and accurate medical records, ensuring all notes and patient charts are updated in a timely manner and in accordance to the College of Nurses standards of practice
- Ensure all client information and medical records are securely stored and kept confidential at all times in accordance with PIPEDA, the Freedom of Information and Protection of Privacy Act and other applicable privacy legislation
- Participate in patient chart reviews and quality of care audits
- Complete and submit weekly, monthly, quarterly and annual statistical data, correspondence and reports to applicable Ministries, Governments, and medical service providers in a timely manner as required
- Support the First Nation in the development of safe and efficient health facilities/operations
- Initiate programs in response to community needs and new and existing legislation
- Help establish and deliver a Community Health Plan and programs taking into consideration the physical, social, spiritual, mental and environmental factors which influence each client and the community
- Ensure compliance with regulatory and legal requirements
- Maintain and upgrade professional competence through appropriate continuing education methods by participating in teleconferences and training as provided by FNIHB and the College of Nurses of Ontario
- Attend required community events, meetings and training when applicable
- Supervise and support the HIFN nursing team
- Oversee time and attendance records for the HIFN nursing team, including approval and signoff of time sheet and time-off requests
- Participate in performance management and progressive discipline processes for the HIFN nursing team within Nurse Practitioner capacity as necessary
- Other duties as assigned from time to time by the Health Director, Director of Finance/Administration or Chief and Council

SKILLS AND ABILITIES

- Knowledgeable regarding the nursing process and its application, including the assessment, planning, implementation and evaluation of nursing care
- Thorough familiarity with the applicable laws, regulations and guidelines for providing patient care in Ontario
- Experience working with pediatric patients, seniors and individuals with disabilities or cognitive impairments
- Experience providing prenatal and postnatal care to expecting mothers
- Demonstrated ability to assist patients, family members and other clients with concern and empathy
- · Excellent bedside manner including the ability to communicate in a courteous and respectful manner
- Excellent verbal, written and interpersonal communication skills
- Ability to develop and implement basic and advanced patient educational programs
- High level of critical and logical thinking and analytical skills
- High degree of resourcefulness and the ability to adapt to the changing demands of the position

- Excellent problem-solving and leadership skills
- Ability to demonstrate initiative, optimism, tact, self-assurance, and dependability
- High level of personal integrity, discretion and accountability
- Strong morals, ethics and diplomacy
- Ability to maintain strict confidentiality at all times
- Knowledge and understanding of First Nation Communities and their culture an asset
- Sensitivity to First Nation and community health issues
- Politically and culturally sensitive
- Ability to work independently but also as part of a team
- Sound leadership, staff management, administrative and delegation skills
- · Ability to cope and function within a stressful work environment
- Strong computer literacy and familiarity with patient charting and Health Canada reporting procedures and requirements
- High level of proficiency with Microsoft Office Suite including Word and Excel an asset

QUALIFICATIONS

Education:

- Baccalaureate Degree in Nursing required; Masters of Nursing preferred
- Successful completion of the Ontario Primary Healthcare Nurse Practitioner Certificate program

Occupational Certification:

- Current registration with the College of Nurses of Ontario as a Registered Nurse in the Extended Class RN(EC), with a specialty certificate in either Adult or Primary Health Care required
- Current membership in the Nurse Practitioners Association of Ontario
- Current Basic Cardiac Life Support (BCLS) for Health Care Providers (HCP) certificate required
- Current Non-Violent Crisis Intervention (NVCI) certificate required
- Current Canadian Nurses Association Psychiatric and Mental Health Nursing certification an asset
- Successful completion of controlled substance education and ability to prescribe controlled substances required

Other Requirements:

- 2+ years of experience as a Primary Healthcare Nurse Practitioner is preferred
- Recent clinical experience in a mental health and/or addictions setting is preferred
- Demonstrated competencies related to safe, effective and ethical prescribing
- · Experience with substance use interventions an asset
- Current CPIC Vulnerable Sector Check
- Posses a valid Ontario Class G Driver's License with access to a reliable, insured vehicle

HOURS OF WORK

Full-Time - 35.5 hrs/wk

WORK LOCATION

In-office

REMUNERATION

Negotiable based on experience

START DATE

March 31, 2025

APPLICATION DEADLINE

March 16, 2025

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd. Pickerel, ON P0G 130 Tel: (705) 857-2331

Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

FROM THE LANDS OFFICE



SPRING COMMUNITY CLEAN-UP FRIDAY MAY 9 9 AM TO 12 PM

Everyone (including HIFN staff) please help clean up the rez.

Rules for participating in Clean-up Day

- 1) Up to 5 garbage collectors on each team
- 2) Everyone that signs up must work at garbage pick-up for most of the morning to qualify for a gift card for the most bags collected
- 3) Sign-up sheet is posted at the Band Office or you may also be at the Fire Hall at 9 am to sign up to join a team or be your own team
- 4) So please be at the Fire Hall at 9 am to get your assigned number, garbage bags, gloves, and stickers/markers
- 5) Each team gets stickers/markers for identifying the Team Number on each filled garbage bag
- 6) Only the garbage bags provided by the Lands Office will be counted, so please remember to put your team number on the bags
- 7) If possible, move any large items to the side of a nearby road for pick-up
- 8) Each team's garbage bags will be counted starting at 11:45 am or as soon as each team is done picking up garbage

PRIZES: Teams coming in 1st, 2nd, and 3rd for most bags will get gift cards of \$100 (1st), \$75 (2nd) and \$50 (3rd). Remaining participants will get other \$25 gift cards.

LUNCH (HAMBURGERS, HOT DOGS, SALADS, BEVERAGES) SERVED AT NOON.



TRAILER PARK SEASON OPENING MEETING

MEETING TO BE HELD SUNDAY MAY 18TH

@12:00PM AT 0&M BUILDING UPSTAIRS

FOR CURRENT TENNANTS!

WE WILL BE ACCEPING CHEQUE PAYMENTS PAYABLE

TO: HENVEY INLET BUSINESS DEVELOPMENT

(INCLUDE LOT # IN MEMO LINE)

OR E-TRANSFERS TO

MEGAN.BRADLEY@HENVEYINLET.COM

CATERER NEEDED!

To provide a Lunch on Wednesday May 28, 2025

Food to be ready for 12:00PM

Food for approximately 30 people for a Safe Food
Handlers Course.

Caterer to submit 2 options for Lunch with dessert.

Must include coffee, tea, water, various juices, bowls & plates, utensils, cups and napkins.

<u>Deadline to Submit Bids is:</u> <u>Friday May 16, 2025 @12:00 PM</u>

Please include in the bids a breakdown of Catering Fee, Mileage, and Grocery costs. Caterer must posess current Safe Food Handlers Certificate and is responsible for clean up after, including taking out the garbage

SUBMIT TO:

Health Centre
Darcy Ashawasegai
admin@henveymedicalcentre.com
705-857-1221



MAY ONTARIO WORKS

NOTE: If I am not in the office, please leave a message with the administration at the front desk.

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Office Hours	Office Hours	
				8:30 AM to 4:30 PM	8:30 AM to 12:00 PM	
4	5	6	7	8	9	10
	Office Hours	Office Hours	Office Hours	Office Hours	Office Hours	
	8:30 AM to 4:30 PM	8:30 AM to 4:30 PM	9:30 AM to 4:30 PM	9:30 am to 4:30 PM	8:30 AM to 12:00 PM	
			Food Bank Bingo 5:30 PM			
11	12	13	14	15	16	17
	Office Hours					
	8:30 AM to 4:30 PM	Regional Meeting	Regional Meeting Food Bank Bingo Cancelled	Regional Meeting	Regional Meeting	
18	19	20	21	22	REMINDER 23	24
					Last Day to	
	Victoria Day	ONWAA Training	ONWAA Training	ONWAA Training	Submit Income	
	Office Closed		Food Bank Bingo		Statement	
			Cancelled		Importationt delay.	
25	26	27	28	29	Twhow rung 30	31
	Office Hours	Food Bank	Office Hours	Office Hours	Office Hours	
	8:30 AM to 4:30 PM	Distribution	9:30 AM to 4:30 PM	8:30 AM to 4:30 PM	8:30 AM to 12:00 PM	
	Food Bank Shopping	11 AM – 12 PM Food Bank Bingo 5:30 PM				



Henvey Inlet First Nation Pickerel, ON POG 1J0

Administration 295 Pickerel River Road T 705-857-2331 F 705-857-3021 1-800-614-5533

Health Centre 354A Pickerel River Road T 705-857-1221 F 705-857-0730 1-866-252-3330

Day Care 354B Pickerel River Road T 705-857-0957 F 705-857-1369

Chief M. Wayne McQuabbie Council

Brenda D. Contin
Patrick D. Brennan
Deborah Newton
Stanley K. Moses
Genevieve Solomon-Dubois
Carl Ashawasagai
Bradley McQuabbie

MEMORANDUM

To: Ontario Works Recipients

From: Henvey Inlet Ontario Works (MCCSS)

Date: May 1, 2025

Subject: Information relating to Ontario Works

Food Bank

Ontario Works will host a food bank at the Lands Office on May 27, 2025, from 11:00 AM to 12:00 PM, and distribute food from the Lands Office.

There will be no food bank distribution for June, July & August 2025. The Food Bank will resume in September 2025.

Regional Meeting/ONWAA Training

Ontario Works staff will attend the Regional Meeting and will not be in the office on May 13, 14, 15, and 16, 2025.

Ontario Works staff will attend the ONWAA Training and will not be in the office on May 20, 21, and 22, 2025.

Food Bank Bingo

Food Bank Bingo will move to Tuesday as of May 27, 2025 and Tuesday, June 3, 10, 17, & 24, 2025. June 24, 2025, will be the last bingo for the Spring and Summer Season. We will resume food bank bingo on Wednesday, September 10, 2025.



Henvey Inlet First Nation Pickerel, ON POG 1JO

Administration 295 Pickerel River Road T 705-857-2331 F 705-857-3021 1-800-614-5533

Health Centre 354A Pickerel River Road T 705-857-1221 F 705-857-0730 1-866-252-3330

Day Care 354B Pickerel River Road T 705-857-0957 F 705-857-1369

Chief
M. Wayne McQuabbie
Council
Brenda D. Contin
Patrick D. Brennan
Deborah Newton
Stanley K. Moses
Genevieve Solomon-Dubois
Carl Ashawasagai
Bradley McQuabbie

Appointments

When applying or reapplying for financial assistance, please call the Ontario Works Administrator during office hours at (705) 857-2331, extension 222 or the Ontario Works cell number at (705) 774-8714. An appointment will be scheduled at the Ontario Works office, or a home visit will be scheduled.

Income Statements

Reminder: Please check your mailboxes. If you receive financial assistance from Ontario Works, your income statements will be delivered to your mailboxes in the first week of each month.

Reminder: Please place your monthly income statement in the drop box in the Band Office's front foyer.

If you have a child in your temporary care and are receiving financial assistance for that child, you are required to submit an income statement.

FOOD BANK





Wednesday, April 30 & May 7, 2025

Wagamake Learning Centre

Doors open at 5:30 PM

Bingo starts at 6:00 PM







Henvey Inlet Ontario Works

FOOD BANK



Wednesday, May 14 & 21, 2025

Wagamake Learning Centre

Doors open at 5:30 PM

Bingo starts at 6:00 PM







Toonie Pot

Henvey Inlet Ontario Works

FOOD BANK





Tuesday, May 27, 2025

Wagamake Learning Centre

Doors open at 5:30 PM

Bingo starts at 6:00 PM







Henvey Inlet Ontario Works

Henvey Inlet Food Bank



Date: May 27, 2025

Time: 11:00 AM to 12:00 PM

Location: Lands Office

PLEASE NOTE YOU MUST FILL OUT YOUR REQUEST FORM & PICK UP YOUR BAGS OF FOOD.

There is an exception for Elders, who can have a family member or a staff member pick up their food for them.

Families, Couples and Single Adults are eligible to receive assistance from the food bank and must receive the following **Fixed Low Incomes**:

- ➤ Ontario Works
- > O.D.S.P. (Ontario Disability Support Program)
- ➤ O.A.S. (Old Age Security)
- C.P.P. (Canada Pension Plan)
- > E.I. Benefits (Employment Insurance)
- Post-Secondary Student Allowance





SAVE ENERGY AND MONEY WITH THE ENERGY AFFORDABILITY PROGRAM

The new Energy Affordability Program is designed to help income-qualified Ontario residents get the most out of their homes – at no cost.

With this program, you'll receive energy-saving upgrades tailored to the specific needs of your home, all at no cost. And a more energy-efficient home means more comfort and more money in your wallet.

WHO IS ELIGIBLE?

If you live in Ontario, including within a grid-connected First Nation community, and are responsible for paying electricity bills as a homeowner or as a renter, you may be eligible for this program. Eligibility is based on your household income and how many people live in your home, or on your receipt of a qualifying government or energy-support benefit. Residents of social housing may also be eligible.

Depending on your situation, you may receive different energy-saving products and services, but it will always be at no cost.

Find out if you qualify:

Call 1-844-770-3148 | Visit SaveOnEnergy.ca/EAP

WHAT YOU CAN GET

If you qualify for the Energy Affordability Program, you'll be able to make energy-saving upgrades to your home at no cost.

YOU MAY RECEIVE:



An Energy Searing for with a twisternal at an area go official at a search and a search at a search at



Ungraded eplacement appliances miliading rating erators freezers, with the our conditioners and defined to the conditioners and defined to the conditioners.



Professional installation of insulation and draft-princing materials 11 sava energy and knep but 15 ms in the contentable.



KEY BENEFITS

Saving energy can help you spend less on your monthly electricity bills. Plus there are other benefits for everyone in your household:

- Greater comfort stay warmer in the winter and cooler in the summer
- A brighter space
- Lower home maintenance costs



HOW IT WORKS

We make saving energy simple.

- 1. Give us a call at 1-844-770-3148 or apply online at SaveOnEnergy.ca/EAP.
- 2. We will discuss the eligibility requirements with you and if you qualify, we'll work together to determine the best available energy-saving measures for your household.
- 3. Depending on your eligibility, you may receive either an Energy Saving Kit with energy-saving measures for self-installation, or an energy expert may visit your home to see what energy-efficiency upgrades will help you most. These upgrades may be installed during or after an in-home visit.

IS THERE REALLY NO COST?

Yes! The Energy Affordability Program is offered by the Independent Electricity System Operator (IESO), which oversees many energy-efficiency programs in Ontario.

All expert advice and energy-saving home upgrades under this program are completely free of charge.

TO APPLY FOR THE ENERGY AFFORDABILITY PROGRAM OR FOR MORE INFORMATION:
Call 1-844-770-3148 | Visit SaveOnEnergy.ca/EAP





HENVEY INLET FIRST NATION WINDFARM LEGACY TRUST



Quarterly Payments to Eligible Members 2025 ANNUAL PAYMENT SCHEDULE

If you have not submitted your banking information, or have new/updated bank accounts

Please follow the instructions below:



Photo/Image of Member's Status Card

Provide a photo/image of your Status Card



Submit Deposit Form

form or <u>Void Cheque</u> in vour name from your bank



Contact Information

MUST include:

- Legal name
- 2. Address
- Phone #
- 4. Email address



Await Transfer

Payments are made every 3 months in:

March, June, September & December

Refer to the Payment Schedule for details

Email your information to: Lyndy McQuabbie, Trust Coordinator trustcoordinator@henveyinlet.com

HENVEY INLET FIRST NATION WINDFARM LEGACY TRUST



Eligible Member Info Submission Deadline	Quarterly Payment Date
QUARTER 1:	
Friday, February 28, 2025	Friday, March 28, 2025
QUARTER 2:	
Friday, May 30, 2025	Friday, June 27, 2025
QUARTER 3:	
Friday, September 5, 2025	Friday, September 26, 2025
QUARTER 4:	
Monday, December 1, 2025	Friday, December 19, 2025

- 1. Late submissions after the deadline will be included at the next Quarterly Payment Date.
- 2. Payment questions and submissions send to trustcoordinator@henveyinlet.com, or please contact the Trust Coordinator @ 705-857-2331



Henvey Inlet First Nation

Pickerel, ON POG 1J0

Administration 295 Pickerel River Road T 705-857-2331 F 705-857-3021 1-800-614-5533

Health Centre 354A Pickerel River Road T 705-857-1221 F 705-857-0730 1-866-252-3330

Day Care 354B Pckerel River Road T 705-857-0957 F 705-857-1369

Chief M. Wayne McQuabbie Council Patrick D. Brennan Brenda D. Contin Lionel R.M. Fox Carl Ashawasagai Stanley K. Moses Deborah Newton Maureen A. Kagagins

MEMORANDUM

To: HIFN Band Members

Fr: Shane Contin, Housing/Finance Assistant

Dt: Aug 29th, 2024

Re: Propane Fill-ups for your 500 Gallon Fuel Tank

Dear HIFN Members,

Randy Ellis from Co-Op Regionale has informed the housing department that they will not provide minimum fill-ups and will only do full fill-ups if twelve (12) or more homes in Henvey can be done in one (1) run. This can result in long waiting times or refusal to service your tank.

For these reasons, it is recommended that existing Co-op Regionale customers switch to Moore Propane Limited.

Moore's has agreed to provide minimum fill-ups ranging around \$400.00. They have also agreed to provide full fill-ups & deliver them in a reasonable timely manner.

To make the switch, simply call Moore Propane and create an account with them over the phone.

Please see below for their contact information.

MOORE PROPANE LIMITED

Phone: 1 (705) 523-6466 Cell: 1 (705) 670-7955 Toll Free: 1 (877) 735-1856

Email: allockhart@moorepropane.ca



Henvey Inlet First Nation

Pickerel, ON P0G 1J0

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• When the propane level reaches 30% in the tank, call your preferred fuel supplier to have it topped up. Doing so will give the supplier time (usually 1-2 weeks) to come out and fill it up before the tank runs empty or drops below 20%. When the tank runs out of fuel, it causes changes to the pressure in the lines. When this happens, the tank will require another inspection before it can be filled up again. These inspections are costly and can be billed at the owner's expense.

To check the propane fuel level, start by opening the red cap located at the top of the tank. There is usually a small pin that prevents the cap from opening, pull it out and the cap should then be able to swing back freely.



Sex mark for the circular meter located inside. The black needle on the meter/gauge will flow much propane you have left. Notice how this one is above 70%. When it the 30% mark it's time to call for a fill-up.

Henvey Inlet First Nation Pickerel, ON POG 1J0

Administration 295 Pickerel River Road T 705-857-2331 F 705-857-3021 1-800-614-5533

Health Centre 354A Pickerel River Road T 705-857-1221 F 705-857-0730 1-866-252-3330

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Council
Patrick D. Brennan
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Lionel R.M. Fox
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Maureen A. Kagagins

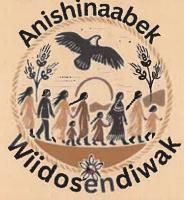


- A full fill-up generally costs between \$1100.00 to \$1250.00 depending on current local fuel prices which tend to fluctuate frequently.
- Moore Propane has agreed to provide minimum fill-ups ranging around \$400.00. They have also agreed to provide full fill-ups & deliver them in a reasonable timely manner. They can be reached at (705) 523-6466.
- Due to regulations, the propane tank should be installed/placed at least 10 feet away from any building. Keep this in mind when planning to build a shed, addition to your home, etc. Violating this rule can result in your fuel supplier refusing to fill-up your propane tank until the violation has been resolved and/or rectified.
- There are copper propane lines buried 18" underground that run from the propane tank to the exterior wall of your home and to your back-up generator. Keep this in mind before planning any digging etc.in these areas. If you notice that a propane line has been hit and is leaking, leave the area immediately and contact your local fire department.
- The most obvious sign of a propane gas leak is the odor, a chemical is added to the gas that produces a "rotten egg" smell. A hissing noise or whistling sound near the gas leak is another sign.





HENVEY INLET FIRST NATION 22ND ANNUAL INTERTRIBAL POW WOW



"HONORING ANISHINAABEK WIIDOSENDIWAK"

JUNE 7 & 8, 2025

Host Drum:
STILL WATER SINGERS

Orena Director:ROBERT STONEYPOINT

Cortlest Drum.
OTTAWA RIVER SINGERS

Head Elder:

RAYMOND JACKSON

Head Adult Dancers:

MALE DANCER- ELWOOD ASHAWASEGA FEMALE DANCER- CYNTHIA OSAWAMICK Invited Drum:
TO BE DETERMINED

Head Louth Dancers:
MALE DANCER- RICHARD NOLIN

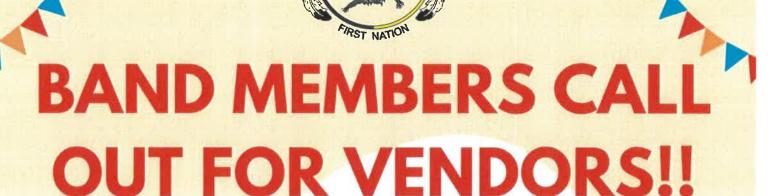
GRAND ENTRY SATURDAY @ 12PM COMMUNITY FEAST @ 5PM

Men's Traditional Dance Special to be held on Saturday.

Prizes for 1st-\$800, 2nd-\$600, 3rd-\$400, 4th-\$200

CAMPING AVAILABLE, WE ARE LOCATED 45 MINS SOUTH OF SUDBURY AND I HOUR NORTH OF PARRY SOUND. (PICKEREL RIVER ROAD EXIT)

DRUG & ALCOHOL & PET FREE EVENT



HENVEY BAND MEMBERS HAVE 1ST PRIORITY TO SIGN-UP FOR A VENDOR SPOT AT THE POW WOW BEING HELD JUNE 7 & 8, 2025!

PLEASE CALL ADMINISTRATION TO SIGN-UP 705-857-2331!

~CRAFT VENDORS ARE ASKED TO DONATE A CRAFT TO
THE GIVE-A-WAY, FOOD VENDORS ARE ASKED TO
DONATE A MEAL TO A FIRE KEEPER~







April showers bring May flowers!

Can you believe April has already come and gone! We have been so busy exploring and learning throughout the month of April. We went for little nature walks around the community looking for animals, bugs and of course walking sticks!

We have made lots of playdough and even some easter slime! We added new sensory items to the sensory bins which we have been loving to explore. We practice dumping and scooping into small containers! This time in our bins we had coloured rice and eggs!

We painted pictures using our hands creating our Earth Day craft! We used Styrofoam paint brushes to explore different textures and colours.

Now that the warmer weather is approaching we have been taking this time to work with the children to get on their own outdoor clothing and practicing to put on indoor shoes when we have returned to the daycare. **Reminder to have a pair of indoor shoes for your child(ren) this is for their safety**

We would like to say Happy Mothers Day and hope you have a special day all just for you!

Some activities we have planned are:

Tissue paper and water creations: Using tissue paper or multi-colours and spray bottle with water and watch the cause-and-effects of what happens to the paper when its sprayed;

Farm Animal sensory Bins: using water and sand to create 'mud';

Park days!: Fridays in the month of May we will take a walk to the park and have a little picnic (weather depending)

Mothers Day 'Lunch': The moms are invited to come and have a lunch with their children, play with some activities or do a craft! (Friday May 9th 2025, 10:30am- 12:00pm)

Community Walks; Taking the children out into the community to walk, engage and explore.

Nature Collages: Using items found in nature to create various creations.

**If your child is sick or will not be attending that day please call the daycare as soon as possible, any questions or concerns do not hesitate to contact me at the daycare (705-857-0957) or by email (ashleyannehouckley@outlook.com

Ashley (RECE), Kathy (RECE), Nancy (RECE), Darlene (Cook).

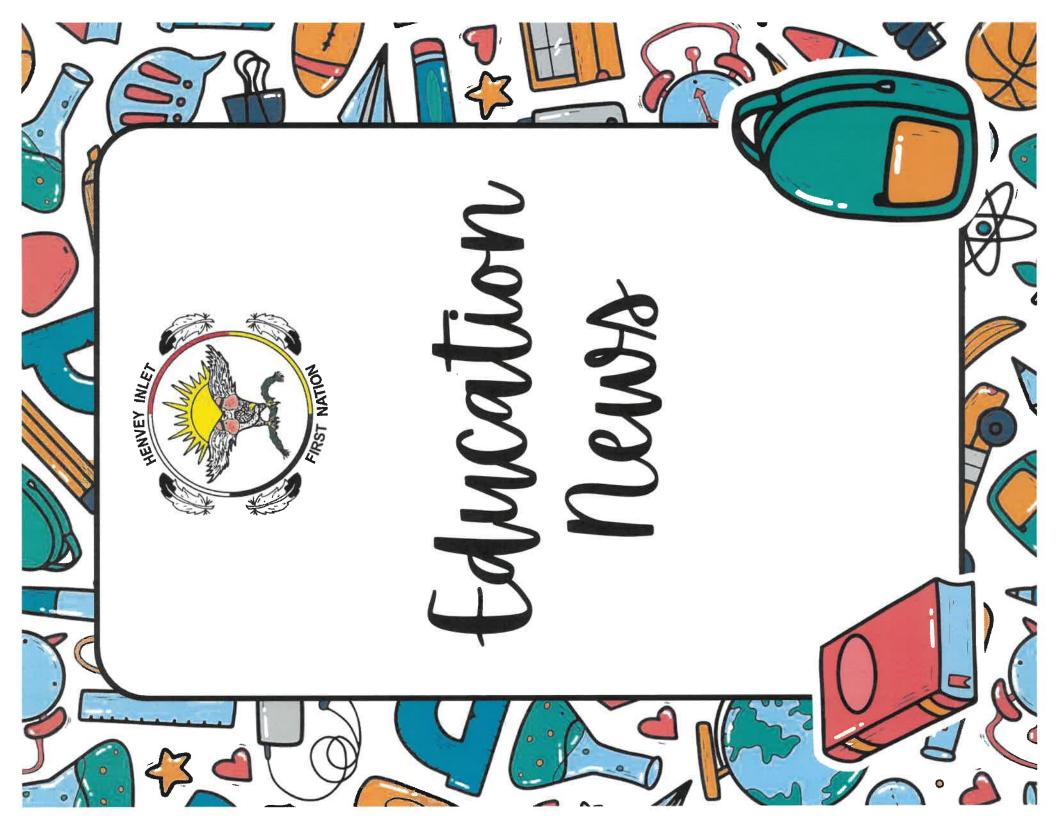
Schools out for summer! Well maybe not yet but it is coming up very soon with only two months left!

Daycare has now begun taking Summer Enrollment for July- September 2025! If you have not attended the daycare in the last month or have not spoken with staff in regards to attending daycare for the summer months we will need a new enrollment form from you. Daycare staff have left copies of the enrollment forms inside the daycare foyer. Once your form has been completed and have received proper documents (ex; health card/immunization card) they will be added to the list for the summer months!

To the families that have enrolled for P.A Days and Summer and have been attending the daycare regularly throughout the school year you DO NOT need a new enrollment form and have been already added to the summer list!

Any questions please reach out to me at the daycare 705-857-0957 or through email (Ashleyannehouckley@outlook.com)





WELCOME!

The Education Department would like to welcome our new Education Administration Assistant Sylvia Rhee.

She is very honoured to work in the Education

Department of Henvey Inlet First Nation.

She is looking forward to helping more students and the community.

Most of her work experience has been in technical writing for proposals in the engineering field, this role is a refreshing change for her. Furthermore, she is a very community focused individual, and she loves serving and living in French River.





REGISTER NOW!

Virtual Ojibwe Course Level A - LNOAO

July 2nd - July 30th, 2025

The VSS will be offering LNOAO Level A Ojibwe from July 2nd to July 30th. Students who have recently graduated from Grade 8, or who are already in high school and would like an Ojibwe language credit are encouraged to sign up.

The course is offered through an asynchronous format however, the instructor will also provide Zoom sessions if students would like to join to receive face to face instruction.



Open to Grade 8
graduates to
Grade 12
students!

For more information please contact:

Marlo Beaucage – Principal Marlo.beaucage@a-e-s.ca







We need your input for The End of Year

Student Trip!

We usually go to Canada's Wonderland

but are open to other options!

E-mail your suggestions to the

Education Assistant Sylvia Rhee.

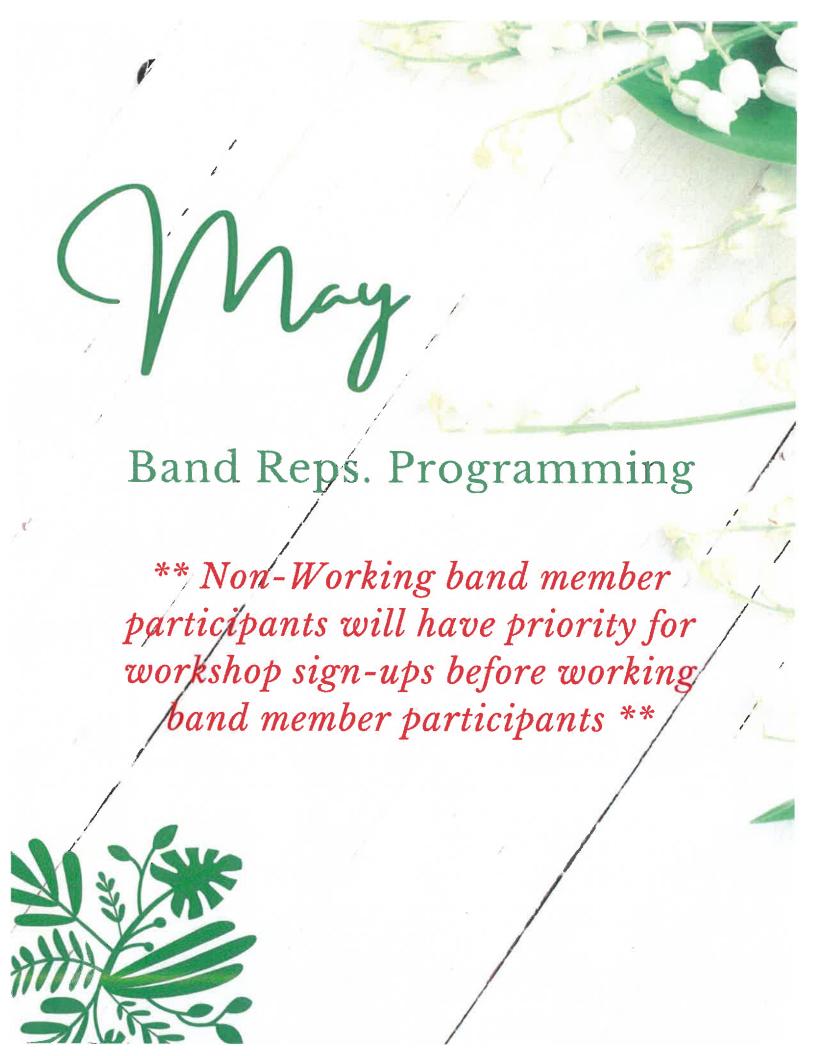
sylvia.rhee@henveyinlet.com

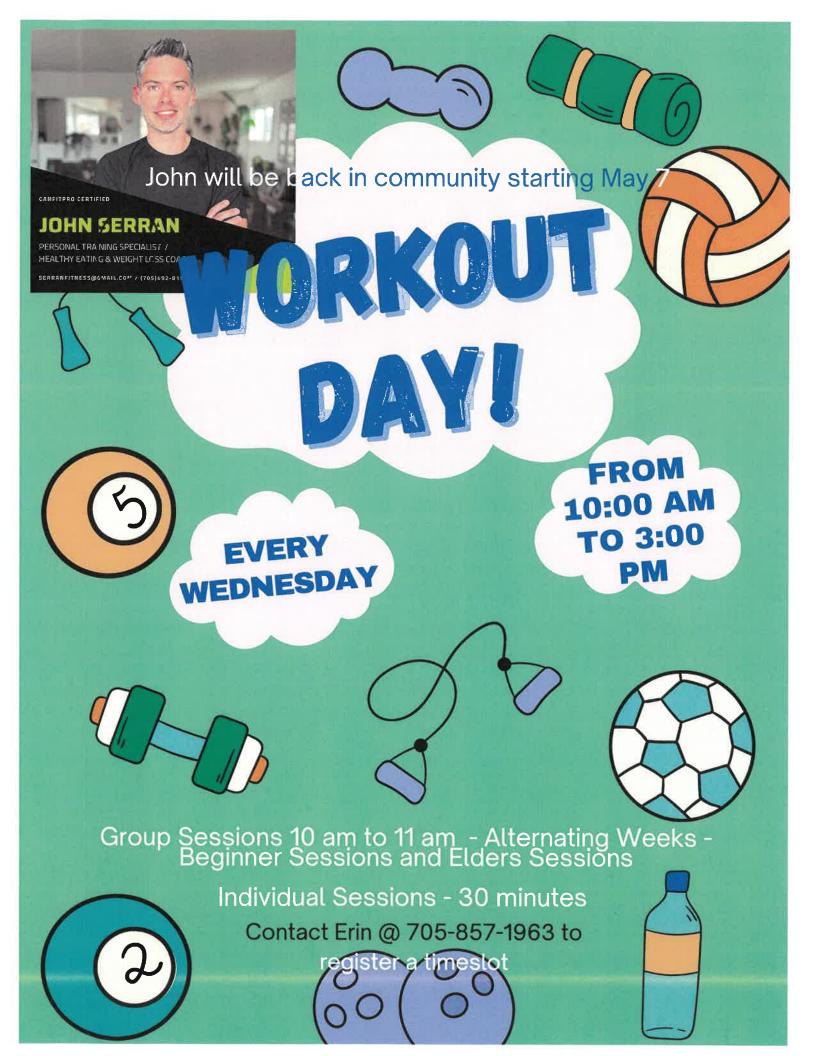
For more information:

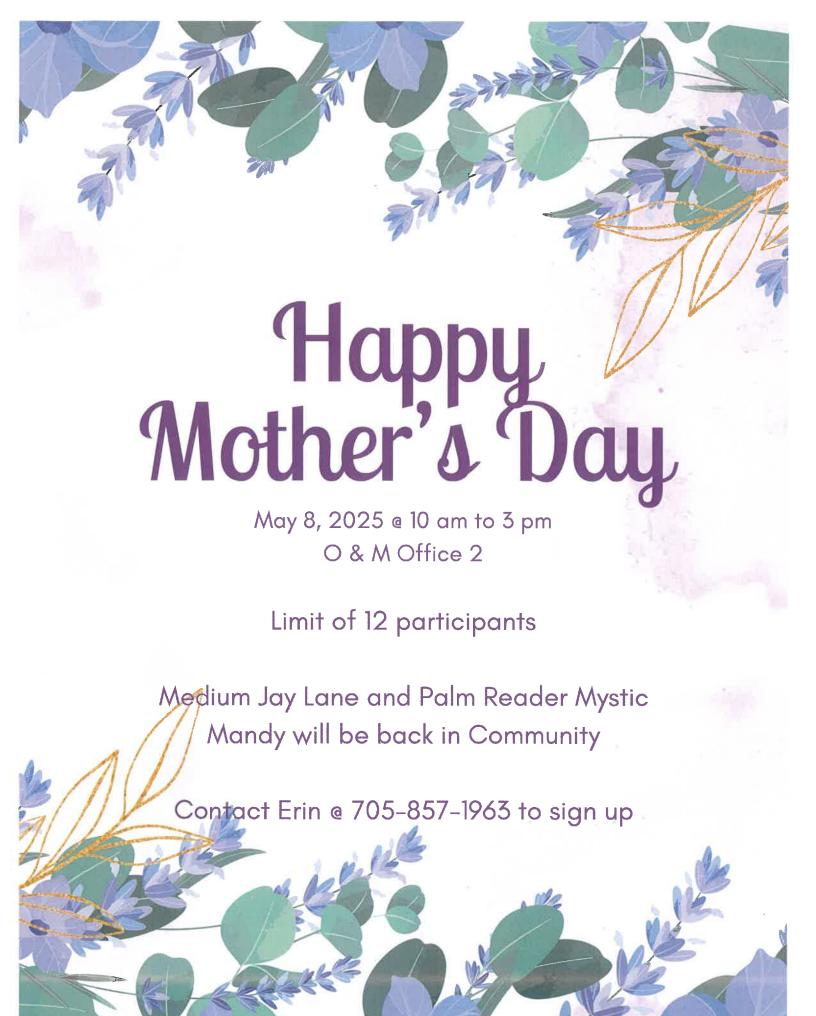
Contact Genevieve or Sylvia at

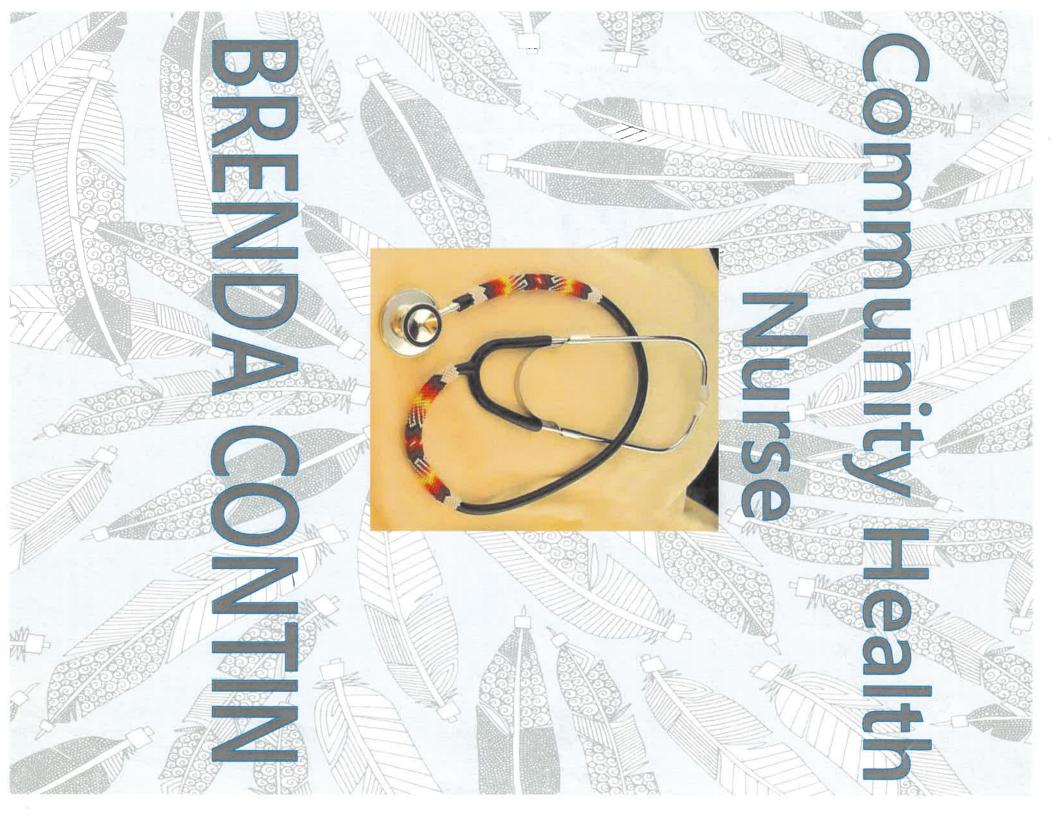
705-857-2331











Brenda Contin, CHN

May 2025

S	Mon	Tue	Wed	Thu	Fri
				1 Methadone Clinic/OFFICE	2 NOT IN
	5 NOT IN	6 Methadone Clinic/EMRS De- ployment	7 Methadone Clinic/PCL & Firefighter mtg	8 Methadone Clinic/OFFICE	9 Methadone Clinic
	Methadone Clinic/OFFICE	13 Methadone Clinic/OFFICE	14 Diabetic Retinopathy Screening 9-12 pm	15 Methadone Clinic/OFFICE	16 Methadone Clinic
	OFFICES CLOSED	20 Methadone Clinic/OFFICE	21 SUDZ: RHT Go Forward Mtg	SUDZ: SKHC BOARD MTG	23 Methadone Clinic
	26 Methadone Clinic/OFFICE	27 Methadone Clinic/OFFICE	28 Methadone Clinic/OFFICE	29 Methadone Clinic/OFFICE	30 Methadone Clinic

NOTICE!!! HENVEY OATC CLINIC WILL NOT BE OPEN

UNTIL 1PM TO 2PM

ON WEDNESDAY

MAY 14, 2025





FOOT CARE

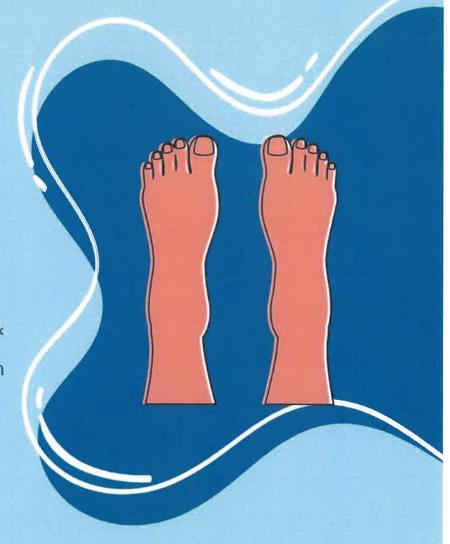


For Elders & Diabetics

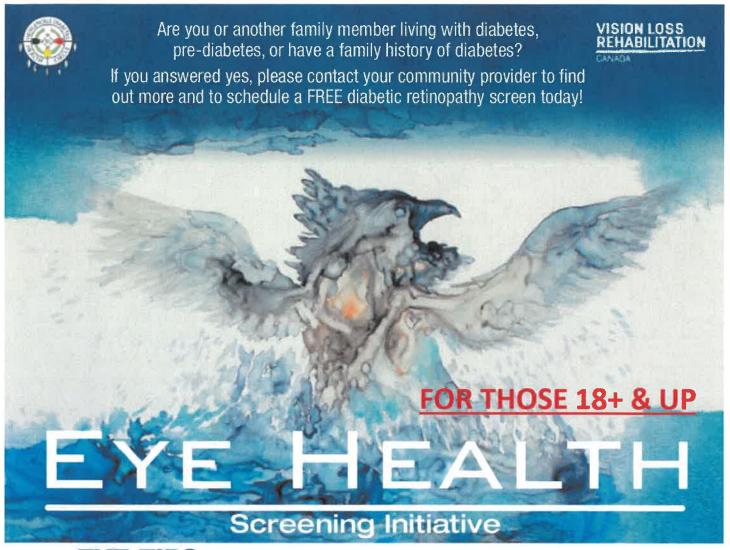
Wednesday May 7, 2025

Appointments will be approximately 30 minutes, First appointment at 9am & last appointment is 2:30pm

Call Darcy at the Health
Centre to book your
appointment time!



Brenda Contin-C.H.N. 705-857-1221



EYE TIPS Earlier You Examine = Treatment = Increased Prevention of Sight Loss

How does EYE TIPS screening work?

Come to a screening day or book your 15minute appointment. The experience includes:

- 1. A few questions will be asked
- 2. Images of your eyes will be taken
- 3. Results will be received in 60 seconds!

Screening Date: Wednesday May 14, 2025

Name O&M Building Office #1 9AM to 12PM

Contact Information:

Contact Darcy to Sign-up!

705-857-1221

Only 12 Spots available!

What is Diabetic Retinopathy?

Diabetic retinopathy occurs when elevated sugar (glucose) levels in your blood cause the blood vessels in the eye to swell and leak fluid into the retina. New blood vessels may also grow causing further damage.

See your eye doctor immediately, if you have any of the following diabetic retinopathy symptoms:

- Dark spots in your visual field
- Blurred, distorted or double vision
- Large "Floaters" (dots, circles, cobwebs that move across your field of vision)







PAMPER YOURSELF

ITEMS FROM THE IDHC EYE CARE KIT



Gel Eye Mask: This is an all-purpose wrap—great for soothing headaches or eye pain.



Eye Glasses Repair Kit: This kit comes with everything you need to make common eye glass repairs—a precision screwdriver, replacement screws, nose pads and more.



Eye Health Screening Initiative Pamphlet: Update yourself with information on Diabetes and Vision Health, Diabetic Retinopathy



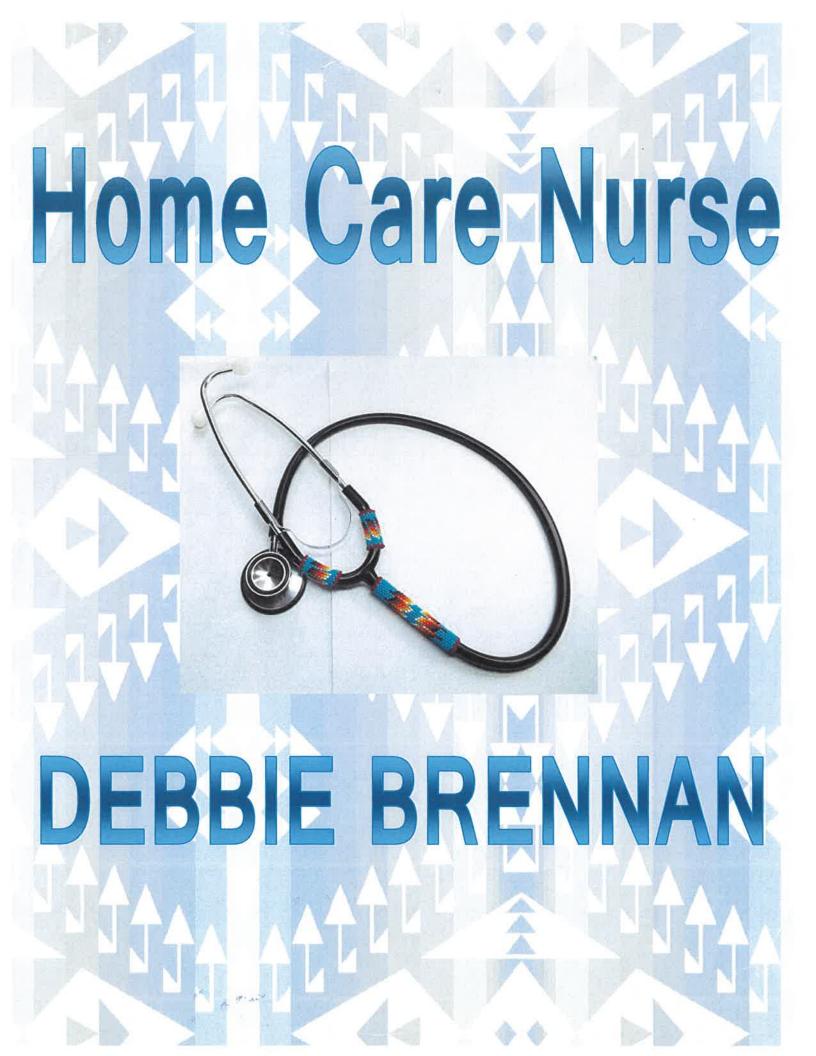
Systane Eye Drops: An all-in-one drop for all types of dry eye. Each drop has key ingredients to protect and deliver soothing moisture across the eye surface. Enjoy prolonged hydration and lasting protection for optimal dry eye relief.



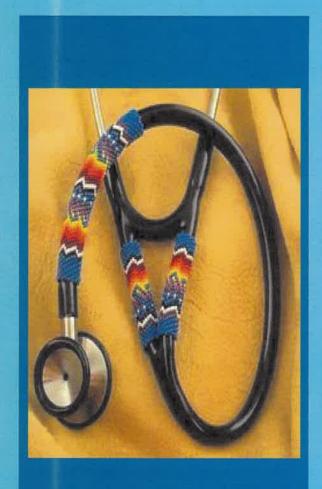
Tea Infuser: Made of stainless steel, this infuser is durable, rust-resistant, and safe to use.

Traditional Medicine: Indigenous Peoples identified land-based medicines long ago for medicinal properties to treat respiratory, digestive and other ailments and maintain wellness.

GET YOUR EYE HEALTH SCREEN TODAY SO THAT YOU CAN PAMPER YOURSELF WITH THIS SPECIAL GIFT.



May 2025



DEBBIE BRENNAN HCN

Sun	Mon	Tue	Wed	Thu	Fri	
				1 Home visits HCC	Methadone clinic 9-11am	3
4	5 Methadone Clinic 9-11am Home visits HCC	6 Home visits HCC	7 Home visits HCC	8 Methadone Clinic 9-11am Medical follow- ups	9 Home visits HCC	10
11	12 Home visits HCC	13 Methadone Clinic 9-11am Home visits HCC	14 Home visits HCC	15 Home visits HCC	16 Methadone clinic 9-11am	17
18	19 Offices Closed	20 Home visits HCC	21 Methadone Clinic 9-11am Medical follow -ups	Methadone Clinic 9-11am Home visits HCC	23 Home visits HCC	24
25	26 Home visits HCC	27 Methadone Clinic 9-11am Medical follow -ups	28 Home visits HCC	29 Home visits HCC	30 Methadone clinic 9-11am	31



Henvey is looking into having a Rabies/Spay/Neuter Clinic hosted in the Community!

In order to do this we need to know how many are interested in having their Cat or Dog fixed and/or vaccinated. Please notify for which you want to sign your pet up for.

East Village Animal Hospital has a mobile license which allows them to provide medical and surgical services in Lively based out of the Pet Save building. E.V.A.H can also do on-site for low-income urban houses as well as Indigenous Communities.

Please call the Health Centre to add your Pet/s to a list before May 30, 2025

Once we have numbers we can set up a date!





Debbie Brennan- 705-857-1221



Henvey Inlet First Nation Health Centre 354A Pickerel River Road- Pickerel, ON PoG 1Jo (705)857-1221 EXT: 229







SPEAR FISHING NIGHT OUTTING

FOR ADULTS AND YOUTH 12 YRS & UP, KIDS 12 & UNDER MUST HAVE AN ADULT WITH THEM!

FRIDAY MAY 9 & SATURDAY MAY 10

MEET AT TRAILER #4 AT 5:00 PM

MEALS, SNACKS AND REFRESHMENTS PROVIDED!

PLEASE DRESS FOR THE WEATHER, RUBBER BOOTS, OWN SPEAR

IF YOU HAVE, IF NOT THERE WILL BE SOME TO SHARE!

PLEASE CALL HEALTH CENTRE TO REGISTER!!



FOR MORE INFORMATION
CONTACT PERSON: STAN MOSES 705-857-1221



REGALIA



WORKSHOP

W. KEIRA BARNHARDT

Design Your Own Outfit!



Dates to be determined!



Trailer #4

WORKSHOP HIGHLIGHTS:

- ✓ Sewing Basics
- ✓ Fabric Selection
- ✓ Pattern Making
- ✓ Creative Stitching

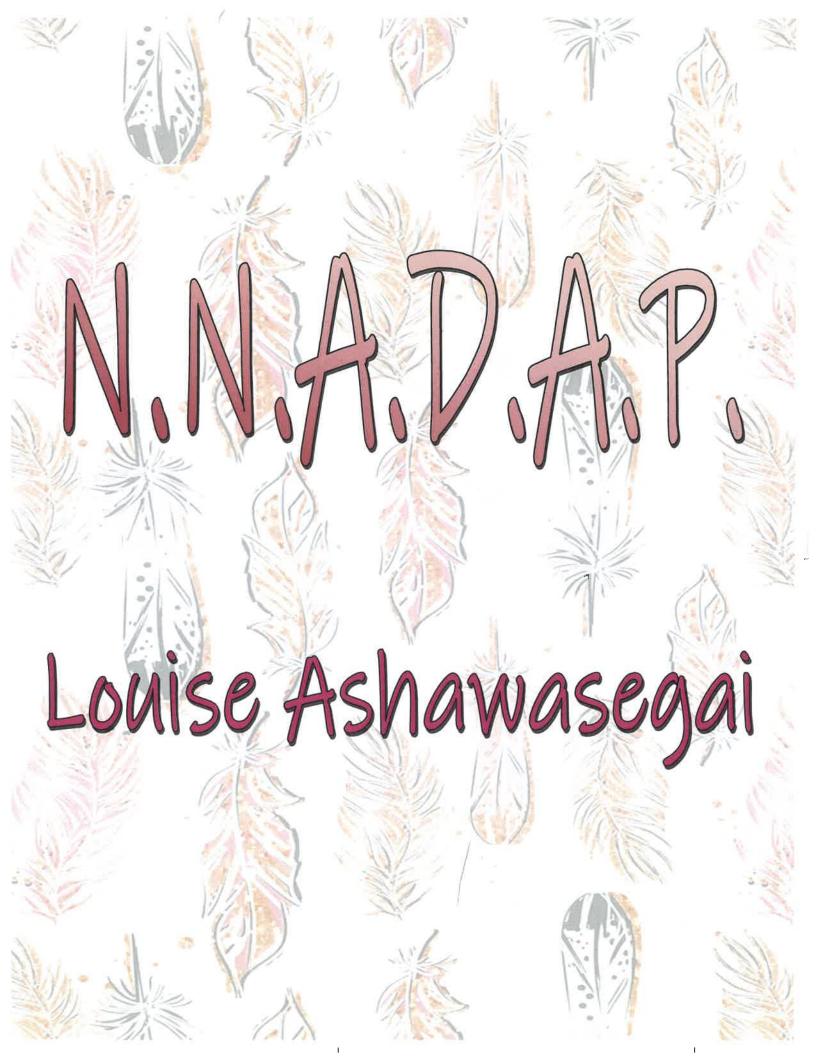
REGISTER BEFORE MAY 7TH!

LIMITED SPOTS!

5 SPOTS FOR MALES
5 SPOTS FOR FEMALES



For more information: Stan Moses 705-857-1221





SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	Red dress day	Home visits	7 Office	8 Workshop	Office	10
Mother's day	Office, home visits Staff meeting	Office, home visits	Office, home visits	One on one, home visits	Office	17
18	Eucher tournament 5 to 9	20 Off to eye doctor by 10:30 t	Office, home visits for one on one	Home visits, one on one.	Office 23	24
25	26 Staff meeting, one on one, home visits	27 Home visits, one on one & Office	28 Food handling course	29 Sewing. Finishing quilts	30 Office	31

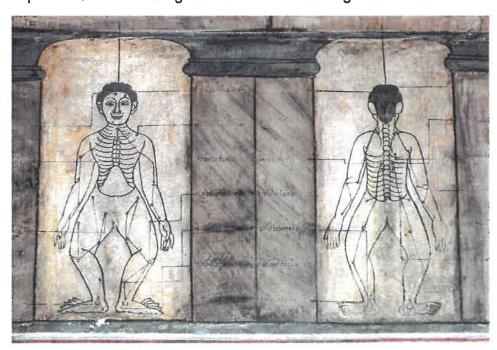


Sawadee Ka (Greetings)

My Name is Meya Monwipa, I am from Nakhon Si Thammarat the south of Thailand.

I am proud Indigenous woman that was raised in a small fishing village on the sea. I come from a long line of Buddhist healing traditions past down from my grandmother, mother and aunties. I have studied the practice and teachings of Buddhism all of my life and have lived as a Buddhist Nun at the temple on and off through out my life.

I specialize in the healing tradition of Thai massage



Thai traditional healing has become very much its own system. Its core principles are built upon the foundation of an intertwined body and mind, of which a harmonious equilibrium between both is the key to good health.

This also takes into account factors including time, environment and seasons—like the alignment of body and external temperature and humidity or how inclement weather can cause a cold. Just as significant are your age and behavior—for instance, any action to force the body beyond the norm, such as overconsumption of food, deprivation of sleep, inappropriate posture, excessive labor and even an extreme temper can affect your immunity, much in accordance with the Buddhist concept of the "<u>middle way</u>" or the path of moderation.

It is believed that the human body consists of four elements: earth, water, air, and fire. An imbalance between these elements are thought to cause illness or disease, presented as symptoms in the digestive, respiratory, cardiovascular, and nervous systems. This concept is similar to the balance of the two <u>Chinese yin and yang</u>, the Greek theory of four elements, as well as the six Ayurvedic elements.

- **Din**: the earth element, represents stability and support of the body and its structure, such as the bones, skin, and organs without involving movement.
- Lom: the wind element, is the lightest and signifies movements like blood flow.
- Fai: the fire element, is what heats the body, encouraging change and transformation such as the breaking down of food along the digestive tract.
- Naam: the water element—though fluid and adaptive, is heavy and slow to change—is the binding substance that holds everything in unity.

Though not always mentioned, the existence of the fifth and sixth elements are also acknowledged in traditional Thai healing. Ether and consciousness, or *aakat thaat* and *winyaan thaat*, respectively, create the linked space where all the other elements exist in harmony. This resembles the <u>Five Aggregates</u> or parts of human personality in Buddhist teachings called the Khandas—composed of form, sensation, perception, mental formation, and consciousness—from which the self is made.

I have over 20 years of experience practicing the art of Healing. I worked for Several Years In Rabat Arzana in Morrocco at 5 start Luxury healing Spa, I also worked in the

royal palace of the King. I worked with the Princess and her family members. I was selected to work with royal ambassadors, and royal dignitaries from other countries.

In Thailand I worked in a highend luxury spa providing many different types of treatments for movie stars and other celebrities.

Over my career I have been selected to work in Niger, and Oman in some of there most prestige's luxury spas. I am very excited to have an opportunity to share our healing tradition in North America.





Buddhist Woman from Thailand will be here to do professional Massage as she is a massage therapist. She will be here for a few months if all work well.

So, she will be taking 5 people a day, if you would like to have this, please phone Darcy at the Band office to have you put on the list. First day she is here is May 20. This will be done at the NNADAP trailer.

Louise



May 19

5 to 9

10 dollars entry fee, winner take all

Place: NNADAP trailer



Quilt making

If you started a quilt, come and finish, if you want to make a simple quilt, Come on over and learn.

When: May 29

Time: 10 to 4

Where: NNADAP trailer