



Labour Day September 7th,
2020 — Offices Closed



Stay Safe
and
Healthy

**Band Council Meeting
Cancelled for Sept.**



Situation Report #212 : COVID-19 / Rapport sur la situation n° 212 : COVID-19

Ministry of Health | Health System Emergency Management Branch / Ministère de la Santé | Direction de la gestion des situations d'urgence pour le système de santé

August 24, 2020 / 24 août 2020

Situation:

Case count as of 8:00 am August 24, 2020 / Nombre de cas à 8h00 le 24 août 2020				
Area / Région	Case count / Nombre de cas	Change from yesterday / Changement par rapport à hier	Deaths / Décès	Change from yesterday / Changement par rapport à hier
Worldwide total / Total mondial	23 615 338	+207 908	813 043	+3 951
Canada*	124 896	+267	9 073	+02
Ontario**	41 507	+105	2 798	+01

* Numbers from PHAC current as of 7 p.m. yesterday / Chiffres de l'ASPC à jour à 19h hier

** Ontario current as of 8:00 a.m. today / Chiffres de l'Ontario à jour à 8h aujourd'hui.



FRIENDLY REMINDER!!

For the clients who utilize the Medical Transportation Bus this is a reminder that your appointments are to be booked for 10:00am at the earliest and 2:30pm the latest for either Sudbury, Parry Sound, Or Britt appointments!!!
Appointments will not be added unless between these times!!

The Health Centre requires 3 DAYS NOTICE (doesn't include weekends) to put your name in the Medical Book!

Clients are to notify The Driver if they do not require a ride back home after appointment.

Non-Band Members CAN utilize the Medical Bus following the same rules above. Furthermore, the appointment is to be between the appointment times already in the book. The Health Centre can be called to confirm the 1st and last appointments.

Thanks for understanding!



**Henvey Inlet
First Nation**

Pickereil, ON POG 1J0

Administration
295 Pickereil River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

Health Centre
354A Pickereil River Road
T 705-857-1221
F 705-857-0730
1-866-252-3330

Day Care
354B Pickereil River Road
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F 705-857-1369

Chief
M. Wayne McQuabbie
Council
Patrick Brennan
Tony Solomon
Lionel Fox
Carl Ashawasagai
Brenda Contin
Maureen Kagagins

MEMORANDUM

To: All Henvey Inlet First Nation Members

From: Samantha Bradley, Human Resources Coordinator

Date: August 26, 2020

Re: Employment Opportunities

Henvey Inlet First Nation is currently accepting applications for the following positions:

Early Childhood Education Worker – 3 Positions

Gas Bar Attendant – Multiple Positions

See attached job postings for more information.

Be sure to check local communication boards or our website at www.hifn.ca/community-2/job-postings-2.html for regular job posting updates.

Miigwetch,

Samantha Bradley, PCP
Human Resources Coordinator



EMPLOYMENT OPPORTUNITY

EARLY CHILDHOOD EDUCATION WORKER

3 Positions

RE-POST

POSITION SUMMARY

Henvey Inlet First Nation is seeking three (3) qualified full-time **Early Childhood Education Workers** to join our Administration. The ECE Worker reports to the Daycare Supervisor and is responsible for providing supervision and direct childcare to children attending the HIFN Daycare, in compliance with all regulatory standards required by federal, provincial and First Nations legislation, policies and procedures. Under the leadership of the Daycare Supervisor, the ECE worker will help to plan and implement developmentally appropriate activities and experiences for the children using a variety of teaching techniques in alignment with HIFN Daycare Philosophy. This position requires excellent interpersonal communication skills and the ability to adapt and respond to all childcare needs.

MAIN RESPONSIBILITIES

The Early Childhood Education Worker will be responsible to:

- Provide a daily balance of developmentally appropriate active/quiet, indoor/outdoor & individual/group activities and experiences for children
- Assist children in self-expression by listening and responding with dialogue that encourages and lengthens conversations
- Encourage the children in learning about a variety of different cultures, including an understanding of our First Nation culture and value system
- Provide experiences and play material that actively promotes diversity and acceptance in interactions and attitudes
- Participate in short- & long-term Daycare planning initiatives and evaluations
- Learn and use techniques provided to assist children in developing the necessary coping skills to address unique life issues
- Observe how children use materials and interact with other children and adults and plan activities that recognize these individual differences
- Initiate referral for additional services for parents and children as needed
- Ensure the child's environment is healthy and safe and monitor the environmental hazards
- Attend to children's physical needs for toileting, diapering, eating & sleeping as promptly as possible
- Maintain positive and ongoing communication with parents

QUALIFICATIONS

- 1-3 years related professional experience working with children preferred
- Diploma in Early Childhood Education as recognized by the Ministry of Education
- Current Ontario RECE License
- Current and satisfactory Vulnerable Sector Police Check
- Current First Aid and CPR Level C
- Membership in good standing with the College of Early Childhood Educators
- Knowledge of the Child Care and Early Years Act, 2014
- Professional and responsible attitude

- Excellent oral, written and interpersonal communication skills
- Willingness to work flexible hours

HOURS OF WORK

Full Time – 35.5 hrs/week

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Posted until filled.

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd.

Pickerel, ON P0G 1J0

Tel: (705) 857-2331

Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

Henvey Inlet First Nation gives preference to all qualified First Nations people in accordance with Section 24(1) (a) of the Ontario Human Rights Code.



EMPLOYMENT OPPORTUNITY

GAS BAR ATTENDANT

Multiple Vacancies

POSITION SUMMARY

Henvey Inlet First Nation is seeking multiple, casual **Gas Bar Attendants** to join our Administration. The Gas Bar Attendant reports to the Gas Bar Manager and is responsible for the sale of fuel and other automotive products and in-store merchandise, including tobacco products. The Gas Bar Attendant is also responsible for processing all point-of-sale transactions via cash, credit or debit card using an electronic scanner and cash register. This position requires a high level of personal integrity and superior customer service skills.

MAIN RESPONSIBILITIES

The Gas Bar Attendant will be responsible to:

- Greet Gas Bar customers and refuel vehicles
- Answer customer inquiries
- Assist with the sale of automotive products, in-store merchandise and tobacco products, ensuring restricted products are sold only to customers that are of the required age by requesting appropriate identification
- Process sales transactions, receive payments and issue correct change and receipts
- Count money in cash drawer at the beginning and end of shifts, dropping end of shift deposits in Finance deposit box
- Maintain clean and orderly checkout areas and Gas Bar exterior by sweeping service station and shoveling, sanding and/or salting service in winter and picking up/removing garbage and debris
- Stock shelves and price merchandise
- Change fuel prices on signage
- Assist with placing and receiving fuel and merchandise orders
- Maintain accurate sales and purchase records
- Perform other duties as assigned from time-to-time by Chief and Council or the Director of Finance/Administration

QUALIFICATIONS

- Must be 19 years of age or older
- Grade 12 diploma or equivalent preferred
- Customer service and/or retail experience preferred
- Current First Aid and CPR Level C an asset
- Excellent customer service and interpersonal communication skills
- Able to deal with people sensitively, tactfully, diplomatically, and professionally at all times
- Professional appearance and manners
- High level of personal integrity and a strong work ethic
- Basic mathematical skills
- Strong attention to detail
- Must be able to work with little supervision; must be self-directed
- Willingness to work rotating and flexible hours, including occasional weekends, **a must**

HOURS OF WORK

Varies – up to 40 hours per week as needed

REMUNERATION

\$14/hour

START DATE

As soon as possible

APPLICATION DEADLINE

Ongoing

Those interested in applying should submit their resume and cover letter in confidence to:

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Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

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Pickeral, ON P0G 1J0

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295 Pickeral River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

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MEMORANDUM

To: HIFN Membership
Fr: Millie Pawis, Director of Finance/Administration
Dt: August 26, 2020
Re: September Band Membership Meeting

There is no Band Membership Meeting for September 2020.

Chief and Council have stated since we've just reopened and due to the recent Community Consultations, they would like to post pone having a meeting with the Members until October 5, 2020.

Thank you for your understanding.

/MP



**Henvey Inlet
First Nation**

Pickering, ON P0G 1J0

Administration
295 Pickering River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

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354A Pickering River Road
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MEMORANDUM

To: Henvey Inlet First Nation Members
Fr: Housing Assistant
Dt: September 2020
Re: September Newsletter from HIFN housing

HIFN housing has E-transfer available for rental payments!

Payments can be sent to housing@henveyinlet.com.

September is a good time to clean all the filters in your home.

The housing department has furnace filters in office for your convenience.

The housing department in partnership with the Energy Champion will be hosting a workshop in September. This workshop will count toward December's rent incentive. More information will be coming soon.

Heidi Kimberley
Housing assistant

/HK



Henvey Inlet First Nation

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Memorandum

To: HIFN Community Members
From: Henvey Inlet F.N. Buildings
Date: August 19, 2020
Re: COVID-19 Prevention in Workplaces

Policies regarding preventing COVID-19 in the workplace have been developed and set in place as a precautionary measure using advice and information obtained from the World Health Organization and the Government of Canada.

As per the policy; all buildings will be locked to outside clients and guests and access will only be granted to staff and those with scheduled appointments. Clients are encouraged to call and speak with the staff member that is required over the phone. Where in-person meetings with clients, visitors or service providers are required. All clients, visitors or service providers are to schedule appointments/meetings with required staff member. Only 1 staff member and 1 client per visit. When attending in person meetings/appointments, clients will be required to sign in at their appointment time with reception first and to go through the screening process and temperature check. Those with temperatures exceeding 37.6°C will be denied entry and asked to reschedule to a later date. Face masks are required at in-person meetings. Disposable masks and hand sanitizer will be provided to all clients and guests, unless they provide their own.

Masks/face coverings are MANDATORY for all able-bodied and able-minded individuals with exception of very small children and those with medical conditions or disabilities preventing them from freely using these products safely. Guests who refuse a temperature check, face mask or hand sanitizer while attending a meeting will be denied access to our facilities and asked to reschedule to a later date.

Please respect and follow all precautionary measures identified above to reduce the spread of COVID-19.

We appreciate your co-operation.

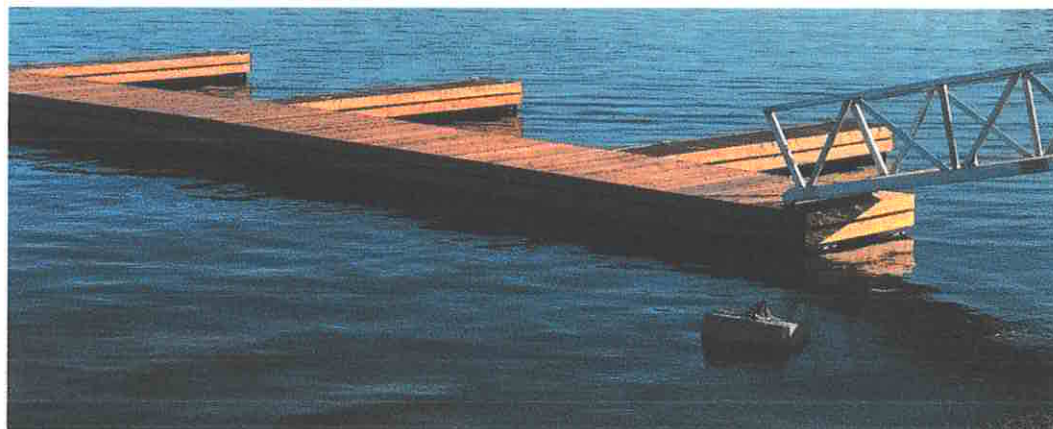
Information Hwy:

By Rosemarie Simmons

Well Henvey Inlet First Nation is open for business, in a different face but open. After 106 days of Lock Down.



Henvey Inlet First Nations is moving forward as a community, at the Marina all the old docks have been removed some are being used at some other locations and we will be selling some at a very resonable price you can inquire by calling the band office 705-857-2331 and ask for Lindy regarding docks.





Here are some of the new dock slips at the marina we have 82



One of the new trailer sites ready to go for next season.



During the Pandemic it gave our construction crew time for replacing the much needed new gas bar. Here is the inside of the building and the next shot is taken of the outside of the building.





This is the New Storage and Maintenance Building, something that was needed at Henvey Inlet for many years. There are eight over head doors on each side and one area for washing down the vehicles. So 17 overhead garage doors.

The walls inside are 10 feet for less recovery time, they separate the areas.

The building is 200x90 ft.

There is office space, but as yet were not sure who will be located here.

PCL have there offices here.







ALL AGES

THE AMAZING

RACE

HENVEY

**Friday, September 4th
10am-12pm @ the Fire Hall**

TEAMS OF 3-5 FAMILY MEMBERS

**ALL EVENTS WILL TAKE PLACE OUTSIDE
WITH SOCIAL DISTANCING BETWEEN
TEAMS**

AT LEAST 1 ADULT PER TEAM

Four teams must sign up for event to be held.

Please sign up by calling the band office ASAP

HENVEY INLET
FIRST NATION

KIDS FISHING DERBY

OPEN TO
COMMUNITY
MEMBERS
UNDER 17

MUST BE
ACCOMPANIED
BY
AN ADULT



SATURDAY
SEPT 12



BAIT &
PACKED LUNCH
WILL BE
PROVIDED AT
REGISTRATION

PRIZES
FOR BIGGEST FISH
IN EACH AGE CATEGORY

REGISTRATION AT
THE FIRE HALL
8AM-10AM

FISH WEIGH IN AT
3PM

PLEASE NOTE: A MINIMUM OF 4 PARTICIPANTS MUST SIGN UP FOR THIS EVENT TO RUN
PLEASE CALL THE BAND OFFICE ASAP IF YOUR CHILD PLANS TO PARTICIPATE



CASH BINGO

- WEDNESDAY, SEPT. 9TH
- STARTING @ 6 P.M.
- WAGAMAKE LEARNING CTR.

MUST WEAR A MASK OR FACE SHIELD
BECAUSE OF COVID

MAX PLAYERS 12

SIGN UP SHEET WILL BE POSTED
TUESDAY, SEPTEMBER 1ST @ THE BAND
OFFICE



FOOD BANK NOTICE

Ahnee!

- **Date:** FRIDAY, SEPTEMBER 18TH
- **TIME:** 1:30 P.M.

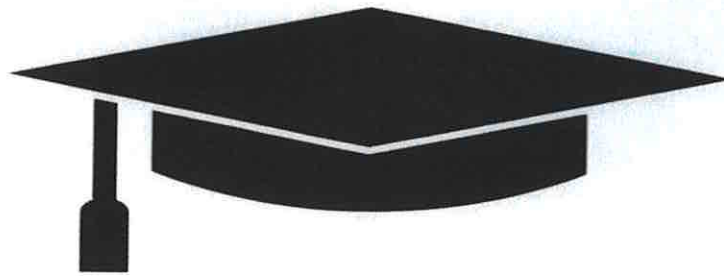
PLEASE NOTE* YOU MUST FILL OUT YOUR REQUEST FORM & PICK UP YOUR OWN BAGS OF FOOD.

EXCEPTION: Elders can have a family member pick up for them or a staff person.

Families, Couples and Single Adults eligible to receive assistance from the Food Bank **must only be in receipt** of the following **fixed low incomes:**

- ◆ Ontario Works
- ◆ O.D.S.P. (Ontario Disability Support Program)
- ◆ O.A.S. (Old Age Security)
- ◆ C.P.P. (Canada Pension Plan)
- ◆ E.I. Benefits (Employment Insurance)
- ◆ Post-Secondary Student Allowance





YES !

You too can wear this Graduation Cap

Where: Wagamake Learning Centre

When: Mon 8:30 am - 4:30 pm
Tue 8:30 am - 4:30 pm
Wed 1:30 am - 4:30 pm
Thurs 8:30 am - 4:30 pm

Who: Carol Froehlich 705-774-2596

Non-Insured Health Benefits Program **Updates**

June 2020

NIHB to launch new claims processing system and services via Express Scripts Canada on June 29, 2020

- NIHB is pleased to inform you that it will be launching a new claims processing system on June 29, 2020, through a contract with Express Scripts Canada
- Express Scripts Canada has been providing claims processing services to the program for dental, pharmacy and medical supplies and equipment benefits since 2009
- Vision care and mental health counselling benefit claims will also begin to be processed by Express Scripts' new system
- **Express Scripts Canada will not process medical transportation benefits**, which continue to be administered by NIHB
- Client reimbursement requests for pharmacy, dental, MS&E, vision care and mental health counselling benefits should be sent to Express Scripts, once the new system is launched
- Express Scripts will provide the NIHB program and clients with a number of new tools and features, including:
 - online services, such as claims history and submission, through secure, web-based client and provider accounts
 - call centre support
 - an improved and accessible on-line drug benefit list, updated daily
- Detailed information will be available on this page after the launch of the new system
- Contact NIHB with any questions

Non-Insured Health Benefits Program Updates

July 2020

NIHB launches new claims processing system and services via Express Scripts Canada

NIHB is pleased to announce that new and improved claims processing services for clients and providers are now available through Express Scripts Canada.

About Express Scripts Canada

- Express Scripts Canada is a private sector company that provides electronic claims processing services through a system that is tailor-made for NIHB
- Express Scripts Canada has processed NIHB dental, pharmacy and medical supplies and equipment benefit claims since 2009
- Express Scripts Canada now also provides claims processing services for vision care and mental health counselling benefits
- Express Scripts Canada **does not process any aspects of NIHB medical transportation benefits**, which continue to be administered by NIHB through Indigenous Services Canada's regional offices, First Nations communities, or territorial governments (NWT and Nunavut)
- NIHB maintains full responsibility for benefit coverage policies and decisions on client claims, and continues to review requests for benefits that require prior approval or predetermination
- If you need assistance or more information about any services provided by Express Scripts Canada, contact the NIHB Client Call Centre at Express Scripts Canada from Monday to Friday between 6:30 a.m. and 8:30 p.m., Eastern Time, excluding statutory holidays

NIHB client web accounts

- NIHB clients now have the option of creating a secure, web-based personal client account through the Express Scripts Canada NIHB website
- By creating a secure NIHB client web account, clients can:
 - view their benefit claims history and status of pending requests
 - submit client reimbursement requests online
 - submit appeal requests online

- receive NIHB communication directly by email
- To create a web account:
 - visit the [Express Scripts Canada NIHB website](#)
 - select **Create web account**
 - you will be guided through the steps to set up your account
- If you need help with this process, you can contact the [NIHB Client Call Centre at Express Scripts Canada](#)
- The creation of a web-based account is not mandatory
- You can still correspond with NIHB or Express Scripts Canada by mail, fax or telephone

New client reimbursement process

- Client reimbursement requests for the following will now be processed by Express Scripts Canada:
 - pharmacy
 - dental
 - medical supplies and equipment
 - vision care
 - mental health counselling benefits
- The [NIHB Client reimbursement page](#) of the Express Scripts Canada NIHB website provides the form and instructions to submit client reimbursement requests, including what supporting documents are required for each benefit type
- There are 3 ways to submit a client reimbursement request to Express Scripts Canada:
 - by mail
 - by fax
 - online through your new NIHB client web account
- If you are submitting your client reimbursement request online through your NIHB client web account, you can send all documents electronically
- A scanned copy or photo of supporting documents, such as receipts, can be accepted

New online drug benefit list

- The NIHB drug benefit list is a listing of prescription and over-the-counter medications and products that are covered by NIHB
- A new and improved [online drug benefit list](#) is now available on the Express Scripts Canada NIHB website. It is easier to search, and new listings are added right away
- For best results, search medications or products by chemical name, for example, 'ibuprofen', not 'Advil'. You will get a list of results, with an option to **View details** to see listing status and criteria, if applicable, for each product
- Please continue to contact the [NIHB Drug Exception Centre](#) for questions about pharmacy benefits

Please visit the [Express Scripts Canada NIHB website](#) for more information and to access these new features and services.

Non-Insured Health Benefits Program Updates

August 2020

Pharmacy benefit information

New pharmacy benefit listings

- NIHB now covers 3 Voltaren Emulgel products for treatment of back, muscle or joint pain. Eligible products listed in the [NIHB drug benefit list](#) are covered without prior approval, up to 100 grams per month
- NIHB recently listed triamcinolone hexacetonide, a steroid used to reduce swelling caused by a variety of health conditions including allergies, asthma or rheumatoid arthritis
 - The program now covers both injectable forms of the medication, triamcinolone hexacetonide and triamcinolone acetate, as open benefits

Coverage of non-prescription pharmacy benefits recommended by pharmacists

- NIHB now accepts a pharmacist's recommendation for coverage of any eligible non-prescription 'over-the-counter' pharmacy benefit
- To be eligible for coverage, the item must be listed on the [NIHB drug benefit list](#) and within the pharmacist's scope of practice to recommend or prescribe
- Previously, NIHB had a selected list of non-prescription items that could be recommended by a pharmacist. That list is no longer in effect, and is replaced by this new policy

New dose limit for gabapentin

- For client safety, NIHB has changed the dose limit for coverage of gabapentin to 3600 milligrams per day, to a maximum of 30 days
- Pharmacists should call the [Drug Exception Centre](#) if a client reaches the dose limit

Medical supplies and equipment information

New coverage for oral digital thermometers

- During the COVID-19 pandemic, oral digital thermometers are listed as an open benefit with a price limit of \$25 and a replacement guideline of 1 per 5 years
- Thermometers are covered with a prescription from a physician or a nurse practitioner, or a written recommendation from a registered nurse or a pharmacist

Reminder: coverage of electric breast pumps

- Electric breast pumps are a limited use benefit and prior approval is required for coverage. Criteria for coverage can be found in the [MS&E guide and benefit lists](#)
- During the COVID-19 pandemic, electric breast pumps may be covered for purchase (instead of rental), once every 3 years at a maximum price of \$275.00

Increased coverage for some communication and respiratory benefits

- NIHB recently changed frequency guidelines for selected voice restoration products and supplies. Prior approval is required and the new frequency guidelines are:
 - puncture dilator: 1 per year
 - gel cap insertion system: 1 per year
 - plug insert: 2 per year
 - flushing device: 1 box per year
 - cleaning brush: 2 boxes per year
 - gel cap: 1 box per year
- The replacement guideline for inlet filters has increased to 14 filters per year
 - Inlet filters are used with home positive airway pressure (PAP) devices and are covered as open benefits

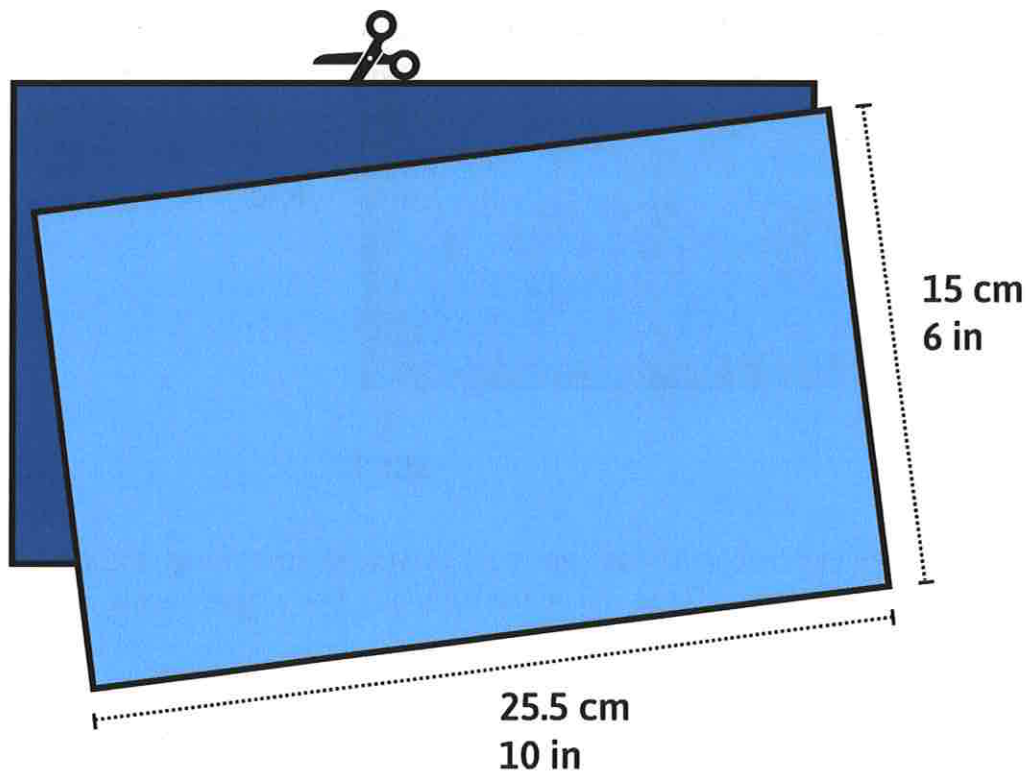
Sew method for D.I.Y. Masks

Materials

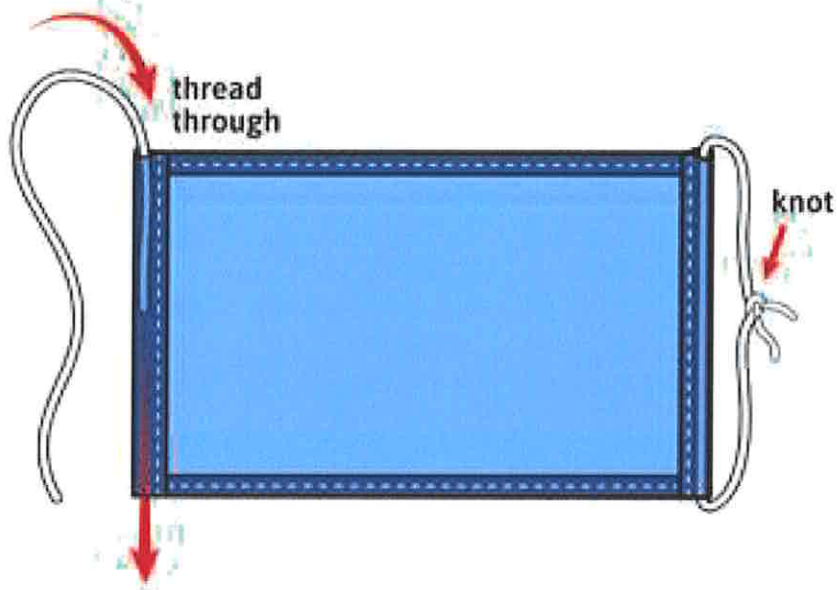
- Two 25.5 cm by 15 cm or 10 in by 6 in rectangles of cotton fabric
- Two 15 cm or 6 in pieces of elastic (or rubber bands, string, cloth strips, hair ties)
- Needle and thread
- Scissors
- Sewing machine (if available)

Instructions

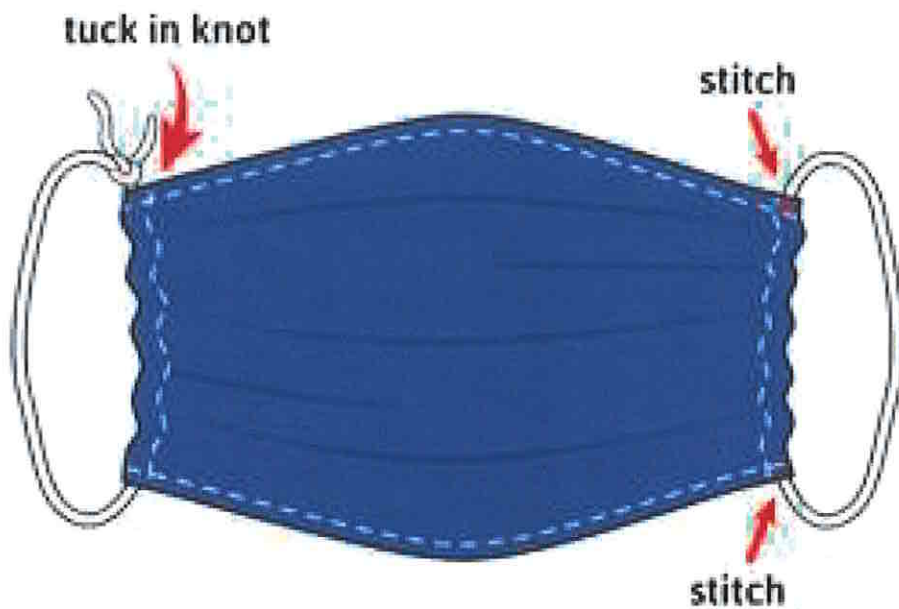
Step 1. Cut out two 25.5 cm by 15 cm or 10 in by 6 in rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work too. Stack the two rectangles, as you will sew the face covering as if it was a single piece of fabric.



Step 2. Fold over the long sides 0.6 cm or $\frac{1}{4}$ in and stitch down. Then fold the double layer of fabric over 1.2 cm or $\frac{1}{2}$ in along the short sides and stitch down.



Step 4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the face covering on the elastic and adjust so it fits your face. Then securely stitch the elastic in place to keep it from slipping.



Cleaning and disposing of non-medical masks and face coverings

Cloth masks or face coverings should be changed and cleaned if they become damp or soiled. You can wash your cloth mask by:

- putting it directly into the washing machine, using a hot cycle, and then dry thoroughly
- washing it thoroughly by hand if a washing machine is not available, using soap and warm/hot water
 - allow it to dry completely before wearing it again

Non-medical masks that cannot be washed should be disposed of properly in a lined garbage bin, and replaced as soon as they get damp, soiled or crumpled. Do not leave discarded masks in shopping carts or on the ground where other people may come into contact with them.

It is important to remember the following when using non-medical masks and face coverings:

- masks with an exhalation valve do not protect others
- never share your non-medical mask or face covering with someone else
- do not handle a non-medical mask or face covering belonging to someone else
- do not allow other people to handle or touch your non-medical mask or face covering

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/how-put-remove-clean-non-medical-masks-face-coverings.html>

HOW TO SAFELY USE A NON-MEDICAL MASK OR FACE COVERING

DO'S



DO wear a non-medical mask or face covering to protect others.



DO ensure the mask is made of at least two layers of tightly woven fabric.



DO inspect the mask for tears or holes.



DO ensure the mask or face covering is clean and dry.



DO wash your hands or use alcohol-based hand sanitizer before and after touching the mask or face covering.



DO use the ear loops or ties to put on and remove the mask.



DO ensure your nose and mouth are fully covered.



DO replace and launder your mask whenever it becomes damp or dirty.



DO wash your mask with hot, soapy water and let it dry completely before wearing it again.



DO store reusable masks in a clean paper bag until you wear it again.



DO discard masks that cannot be washed in a plastic-lined garbage bin after use.

DO YOUR PART.

Wear a non-medical mask or face covering to protect others when you can't maintain a 2-metre distance.

NON-MEDICAL MASKS ARE NOT RECOMMENDED FOR:

- People who suffer from an illness or disabilities that make it difficult to put on or take off a mask
- Those who have difficulty breathing
- Children under the age of 2

DON'T JUDGE OTHERS FOR NOT WEARING A MASK.

Kindness is important as some people may not be able to wear a mask or face covering.

DON'TS



DON'T reuse masks that are moist, dirty or damaged.



DON'T wear a loose mask.



DON'T touch the mask while wearing it.



DON'T remove the mask to talk to someone.



DON'T hang the mask from your neck or ears.



DON'T share your mask.



DON'T leave your used mask within the reach of others.



REMEMBER, wearing a non-medical mask or face covering alone will not prevent the spread of COVID-19. You must also wash your hands often, practise physical distancing and stay home if you are sick.

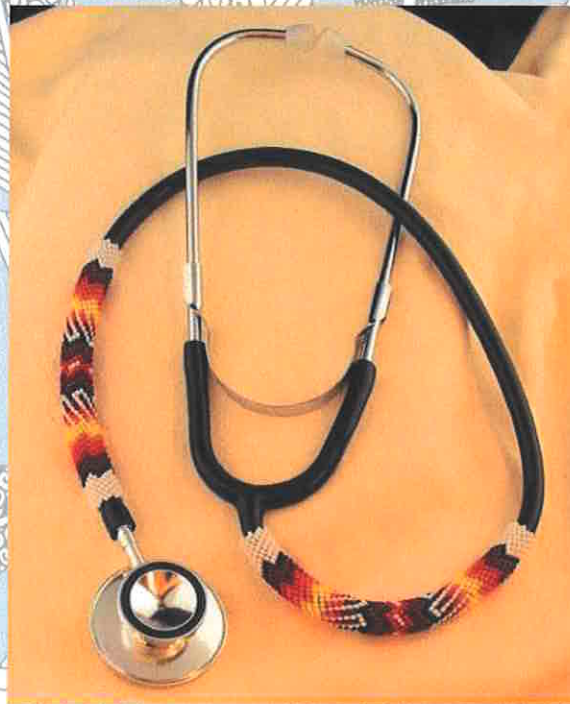


Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada

Community Health Nurse



BRENDA CONTIN

September 2020



BRENDA CONTIN, CHN

Sun	Mon	Tue	Wed	Thu	Fri
		1 OFFICE/C&C MTG	2 OFFICE	3 OFFICE/ SKHC BOARD MTG/C&C MTG	4 OFFICE
	7 STAT HOLI- DAY	8 OFFICE	9 OFFICE	10 OFFICE	11 OFFICE
	14 OFFICE	15 OFFICE	16 OFFICE	17 OFFICE	18 OFFICE
	21 OFFICE	22 OFFICE	23 OFFICE	24 OFFICE	25 OFFICE
	28 DIABETES BINGO	29 OFFICE	30 OFFICE		

Diabetes Bingo

Location: Health Centre Program Trailer

Date: Monday, Sept. 28th 2020 @ 11:30 am



Diabetes BINGO!!

10 max players

Please call Darcy to sign up!!

You must be present at program by 11:45am or your name will be bumped by next person on the waiting list.

For Info Contact:

Brenda Contin, C.H.N.

**PLEASE NOTE
THAT THIS IS A
TENTATIVE PRO-
GRAM & COULD BE
CANCELLED AT
ANY TIME DUE TO
COVID-19!!**

CHN PROGRAM NOTICE

Due to COVID 19 all precautions must be adhered to during any clinic or program participation!!

This means masks will be worn, hand hygiene and social distancing will be practiced at all times.

There will be no meal provided but the prize winning amount will be increased ie \$200 jackpot, \$100 specials and \$50 regular games.

Due to time constraints with newsletter submission, I am unsure yet of how winnings will be distributed.

Home Care Nurse



DEBBIE BRENNAN

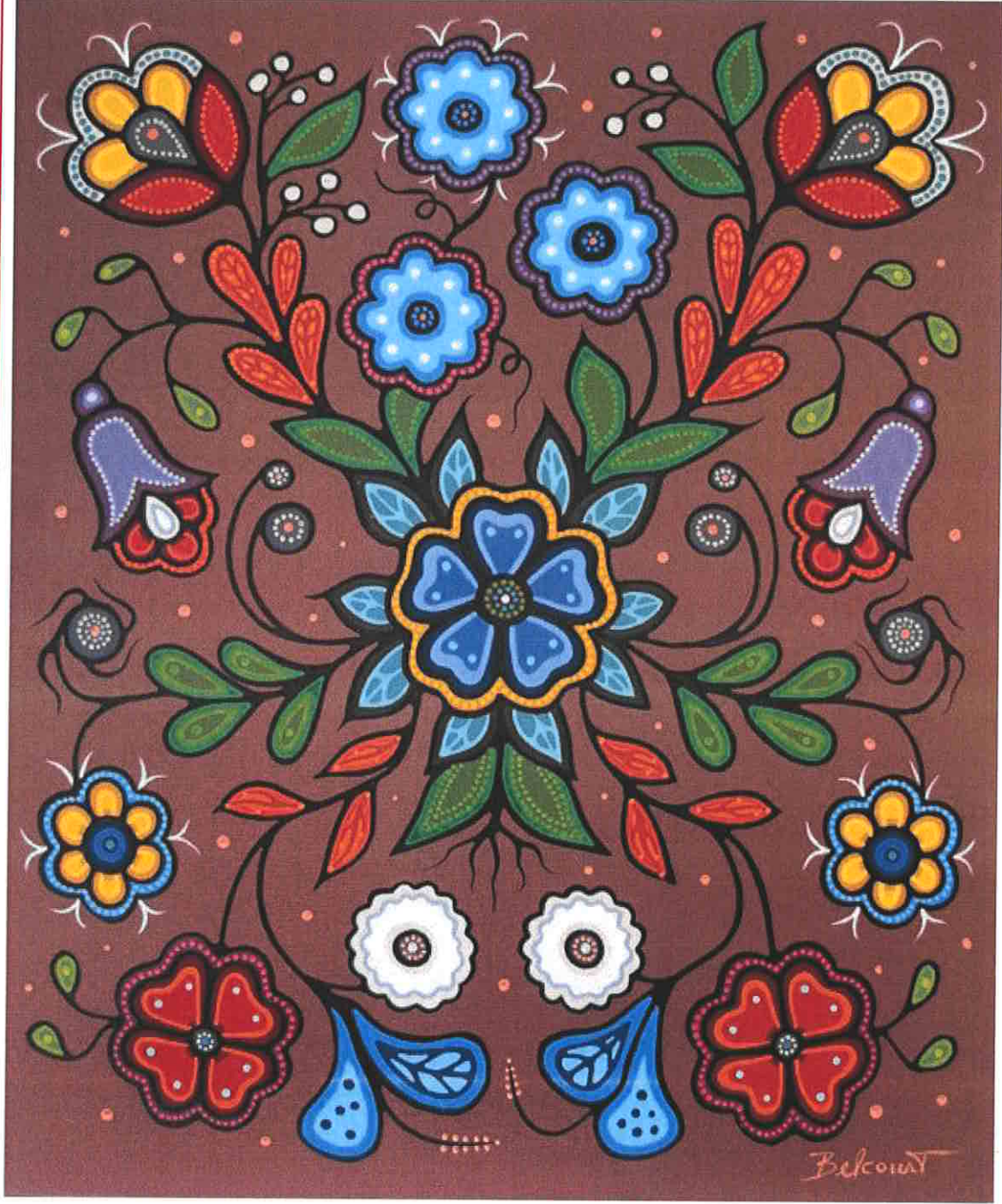
September 2020



DEBBIE BRENNAN
HCN

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 OFFICE Medical consultations	2 OFFICE HOME VISITS	3 E-SDRT T/C, OFFICE	4 OFFICE Admin.	5
6	7 OFFICE HOME VISITS	8 OFFICE Medical consultations	9 OFFICE HOME VISITS	10 OFFICE HOME VISITS	11 OFFICE Admin.	12
13	14 OFFICE HOME VISITS, Staff mtg.	15 OFFICE Medical consultations	16 Nursing T/C, OFFICE	17 OFFICE HOME VISITS	18 OFFICE Admin.	19
20	21 OFFICE HOME VISITS	22 OFFICE Medical consultations	23 OFFICE HOME VISITS	24 OFFICE HOME VISITS	25 OFFICE Admin	26
27	28 OFFICE HOME VISITS, Staff mtg.	29 OFFICE Medical consultations	30 OFFICE HOME VISITS			

COMMUNITY WELLNESS PROGRAM NEWS



This program is designed to deliver primarily client and participant-based services to Aboriginal individuals, families and children. The priority focus of programming is related to reducing family violence.



COMMUNITY WELLNESS PROGRAM

DO NOT GIVE YOUR PAST THE POWER TO DEFINE YOUR FUTURE.

SEPTEMBER 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1	2	3	4	5
6	7 LABOR DAY	8 IN OFFICE	9 REUSABLE CLOTH FACE MASK CONSTRUCTION	10 REUSABLE CLOTH FACE MASK CONSTRUCTION	11 CEMETERY RESEARCH	12
13	14 STAFF MEETING CALENDAR INTERVIEWS	15 REUSABLE CLOTH FACE MASK CONSTRUCTION	16 REUSABLE CLOTH FACE MASK CONSTRUCTION	17 REUSABLE CLOTH FACE MASK CONSTRUCTION	18 CEMETERY RESEARCH	19
20	21 CALENDAR INTERVIEWS	22 REUSABLE CLOTH FACE MASK CONSTRUCTION	23 PROGRAM SHOPPING	24 LUNCH W/LUANA	25 CEMETERY RESEARCH	26
27	28 STAFF MEETING CALENDAR INTERVIEWS	29 REUSABLE CLOTH FACE MASK CONSTRUCTION	30 REUSABLE CLOTH FACE MASK ORDER PICKUP			

V A C A T I O N

REUSABLE CLOTH FACE MASKS

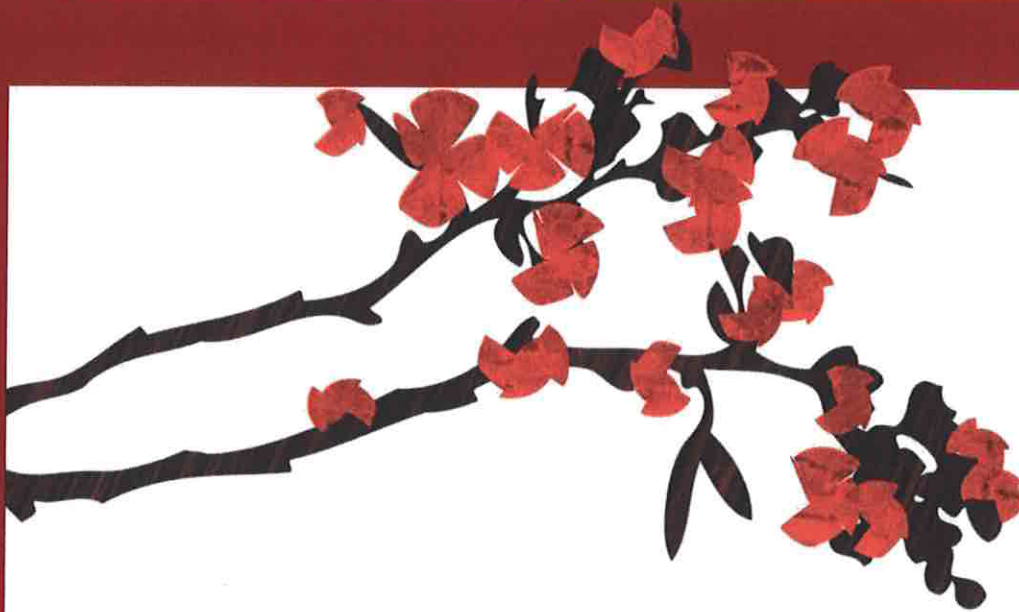
WHEN
SEPTEMBER CONSTRUCTION

WHERE
HEALTH CENTRE-TRAILER #3

**AVAILABLE AT THE END OF SEPTEMBER • FREE TO ALL
COMMUNITY MEMBERS. PLEASE CALL IN TO ORDER**

FOR ALL AGES

CWW
LUANA MCQUABBIE
HEALTH CENTRE
TRAILER #3
705 857-1221 EXT 227



LUNCH W/LUANA

PICKUP & GO

WHEN: SEPTEMBER 24, 2020

TIME: 12 NOON – 1 PM

WHERE: HEALTH CENTRE/TRAILER #3

MENU

HOMEMADE SOUP

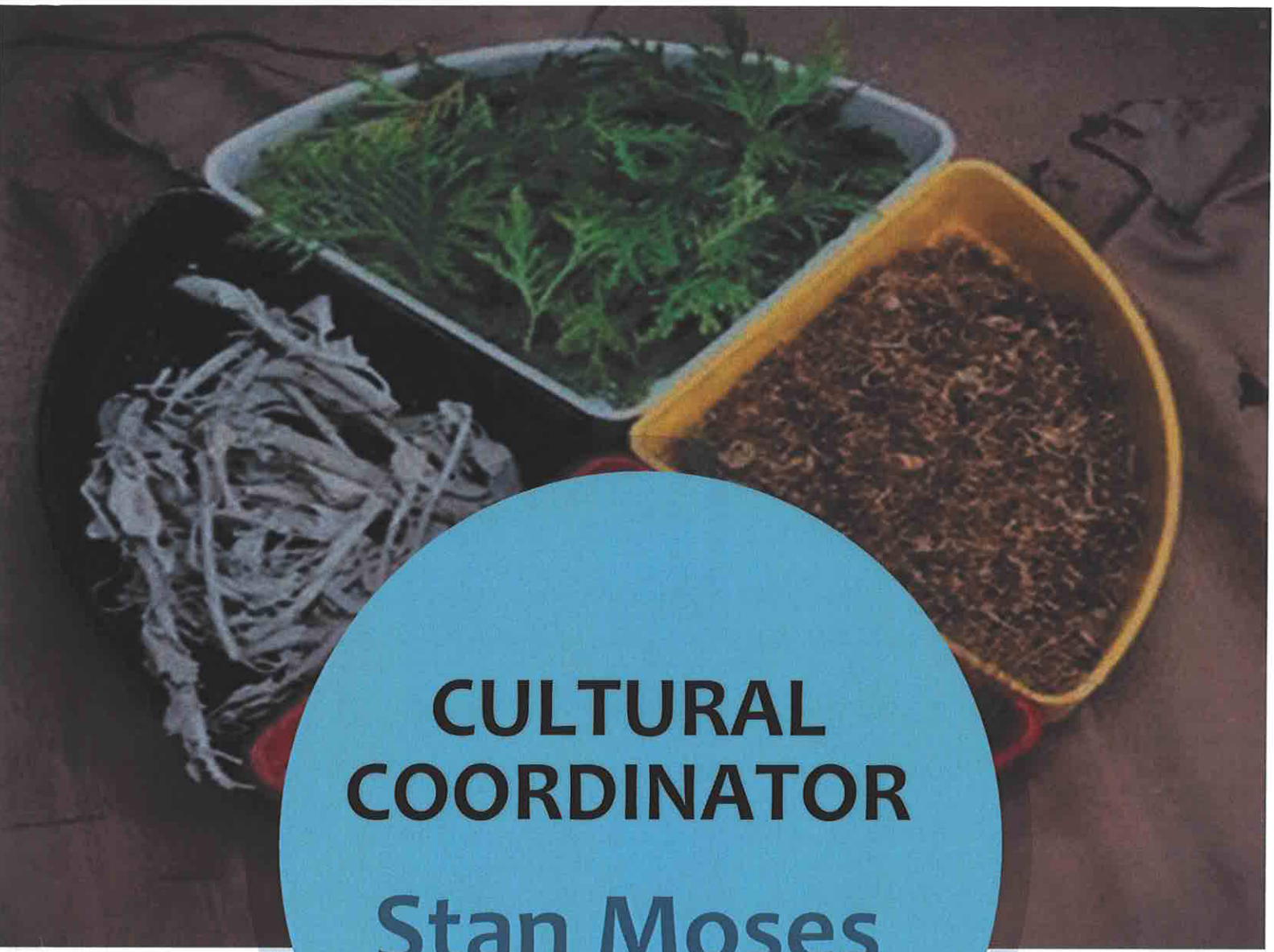
SANDWICH

FRESH BERRY SALAD

WATER

FREE TO THE COMMUNITY. WELLNESS THEMED. YOU DO NOT NEED TO CALL IN TO ORDER/RESERVE. FIRST COME, FIRST SERVED UNTIL LUNCH ITEMS RUN OUT. MASKS & SOCIAL DISTANCING IN EFFECT. LUNCH AVAILABLE EVERY OTHER THURSDAY.

LUANA MCQUABBIE/HIFN COMMUNITY WELLNESS WORKER

A photograph of three trays containing dried herbs. The top tray is white and filled with green, feathery herbs. The bottom-left tray is black and filled with white, fibrous herbs. The bottom-right tray is yellow and filled with dark brown, crumbly herbs. A large blue circle is overlaid on the bottom half of the image, containing the text.

**CULTURAL
COORDINATOR
Stan Moses**

**Henvey Inlet First Nation Health Centre
354A Pickerel River Road- Pickerel, ON**

PoG 1J0

(705)857-1221 EXT: 229



MEN'S CIRCLE

With

DAVE RICE &

STAN MOSES

Planning Session

WHEN: Thursday September 3rd

WHERE: Program Trailer

TIME: 5 - 7 PM

Please call to SIGN-UP!! This helps with knowing how much food will be needed! Call/leave a message for Darcy for Sign-up!

For further information or if you need a ride with in the community please contact:

CULTURAL COORDINATOR STAN MOSES 705-857-1221



MEN'S CIRCLE

With

DAVE RICE &

STAN MOSES

Making Moose Call
Horns

WHEN: Thursday September 17th

WHERE: Program Trailer

TIME: 5 - 7 PM

Please call to SIGN-UP!! This helps with knowing how much food will be needed! Call/leave a message for Darcy for Sign-up!

For further information or if you need a ride with in the community please contact:

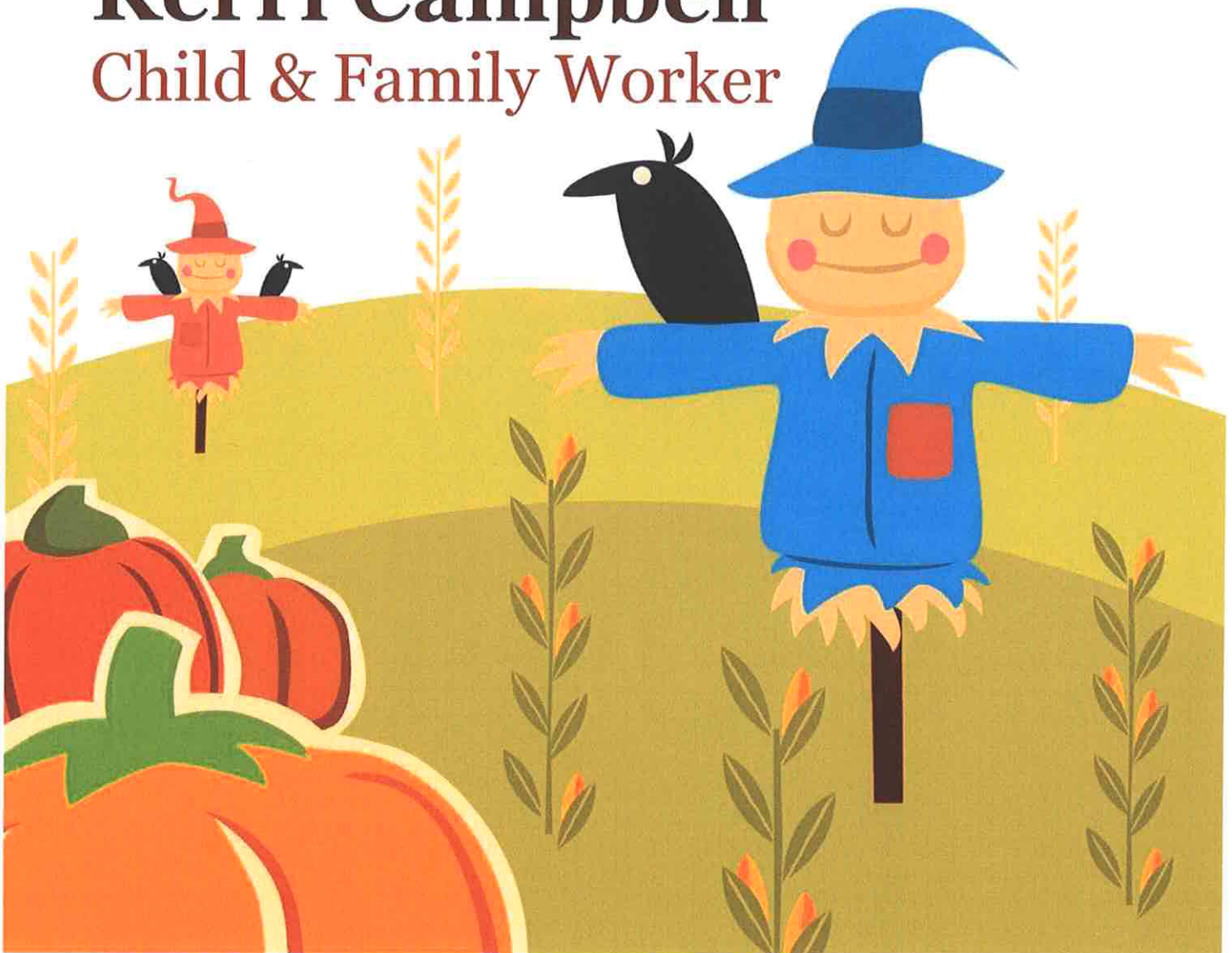
CULTURAL COORDINATOR STAN MOSES 705-857-1221

Henvey Inlet First Nation Health Centre

Kara Newton
Community Health
Educator

&

Kerri Campbell
Child & Family Worker



2020 SEPTEMBER

COMMUNITY
HEALTH
educator



kara.harkness@henveymedicalcentre.com

Phone: 705-857-1221
Toll Free: 1-866-252-3330
Fax: 705-857-0730
E-mail:

3544 Pickernel River Road
Pickernel ON P0G 1J0

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17 VIRTUAL COOKING WKSHIP	18	19
20	21	22	23	24 PARENTING WKSHIP PLANNING SESSION	25	26
27	28	29	30			

September 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		OUT OF OFFICE	OUT OF OFFICE	IN OFFICE AM SUDBURY PM	PARRY SOUND	
6	7	8	9	10	11	12
	Office Closed	OUT OF OFFICE	IN OFFICE	IN OFFICE AM SUDBURY PM	PARRY SOUND	
13	14	15	16	17	18	19
	IN OFFICE	FAMILY COURT	IN OFFICE	VIRTUAL COOKING CLASS		
20	21	22	23	24	25	26
	IN OFFICE	OUT OF OFFICE	IN OFFICE	VIRTUAL PARENTING PROGRAM		
27	28	29	30	1	2	3
	IN OFFICE	OUT OF OFFICE	IN OFFICE			
4	5	<p>CHILD & FAMILY WORKER PROGRAMS 354 A Pickernel River Rd, Pickernel ON P0G 1J0 705-857-1221 kerrri.campbell@henveymedicalcentre.com</p>				

PARENTING WORKSHOP



PLEASE JOIN KERRI AND KARA
ON
THURSDAY SEPTEMBER 24, 2020
10:00 AM

ANNUAL PLANNING SESSION FOR 2020/2021

*Please call for more information on how we are working to
keep you safe by going online!!!*

**SPACE IS LIMITED TO THE FIRST 6 TO CALL IN!!!
CONTACT DARCY TO SIGN UP!!!**

Janice Campbell will be back
VIRTUALLY to teach HIFN
Community Members, how
to make Real Homemade
Stew and Bread from
scratch!!!

DATE: SEPTEMBER 17, 2020

TIME: 8:45 AM

Please call Kara or Kerri for more in-
formation as to how they are working
to keep everyone safe!!!!

CONTACT DARCY TO SIGN UP
705-857-1221
LIMIT OF 5 PARTICIPANTS!!!



THOSE WHOM HAVE
NEVER PARTICIPATED
WILL BE GIVEN FIRST
PRIORITY!!!

Stew and Bread Making

Henvey Inlet First Nation Daycare Newsletter

2020

Good Day Everyone, we are happy to be back up and running at the Henvey Inlet First Nation Daycare. We opened our doors August 17, 2020 at 8:30am. We have Debbie Lemieux and Angelle Dubois working with us as we have not hired ECE's. Darlene Metcalf is our nutritionist and Kimberly McQuabbie who is our new cleaning lady.

We have had some renovations happen before the Daycare opened. We now have a change table with sink, and a toddler sink put in the big room. This makes for washing hands and changing children more accessible.

We have brand new toys for the daycare, all the toys are based on learning. We have science games, math games, reading games and thinking games. Also, we have a new craft table, activity table and a brand-new kitchen play set. All outside toys are brand new and the children love playing with them.

Unfortunately, we only have a cohort size of 15 including staff. Currently, we are only able to take in 11 children as we have 4 staff working. Parents and any unauthorized persons will not be allowed to enter the big room. Parents are to sign their children in, in the foyer room. This goes for pick ups and drop offs. The screening process will also take place in the foyer room before the children enter the big room.

August 17 – 21, 2020 we had an amazing first week. Most of the children did not want to go home at the end of the day, they had too much fun playing with the new toys and socializing with their friends.

Now that we have the cooler weather approaching us, parents will need to bring appropriate clothing for their children making sure that their clothes are labelled with their initials or names.

Attached is our new policy and procedures for the daycare due to the coronavirus (Covid-19).

Thank you

Erin McQuabbie, RECE/Daycare Supervisor

PREVENTING COVID-19 IN THE WORK PLACE POLICY

INTENT

This policy was developed to help prevent the spread of COVID-19 in the work place. The precautionary measures have been developing using advice and information obtained from the World Health Organization and the Government of Canada, for the Henvey Inlet First Nation Daycare to protect children and the community.

Guidelines

Our organization will work to achieve a workplace that follows all precautionary measures identified by applicable governmental bodies and public health authorities to reduce the spread of COVID-19.

EMPLOYEE RESPONSIBILITIES

All employees should ensure they understand and comply and sign off with the infection prevention policies and practices outlined within this policy.

Cohort

The Henvey Inlet First Nation Daycare will only be accepting children of working parents with in the community. Our cohort size is a maximum of 15 children, including staff.

The center we will have activity stations for each of the children, implementing social distancing as much as possible.

Hygiene

- Wash hands frequently. Thoroughly wash hands with alcohol-based rub or with soap and water. Wash hands for at least 15 seconds.
 1. Wet hands with warm water
 2. Apply soap
 3. Lather soap and rub hands palm to palm
 4. Rub in between and around fingers
 5. Rub back of each hand with palm of other hand

6. Rub fingertips of each hand in opposite palm
 7. Rub each thumb clasped in opposite hand
 8. Rinse thoroughly under running water
 9. Pat hands dry with paper towel
 10. Turn off water tap using paper towel
- Avoid touching your face (specifically your eyes, nose, and mouth) as much as possible.
 - Cover your mouth when coughing, sneezing, and yawning by doing so into the bend of your arm, not your hands.
 - Avoid touching surfaces people touch often.
 - Instead of a handshake or hugging, give a friendly wave or elbow bump.
 - Use any necessary personal protective equipment as directed.
 - Screen yourselves.

Screening process

The screening process will take place in the front foyer. Parents/caregivers will **ENTER** upon the ramp and **EXIT** down the stairs (signs will be put up).

A thermometer will be used in the front entrance to check parents/caregivers and children(s) temperature upon arrival. The **normal temperature range** on the **forehead** is approximately 37.8 C/100.04 F. Any thing over this will be considered a fever and children will be denied access to the daycare. There will be a questionnaire for the screening process, this will include the following.

- fever
- Cough
- Difficulty breathing
- Sore throat, trouble swallowing
- Runny nose or red eyes
- Loss of taste or smell
- Not feeling well, tired or sore muscles
- Nausea, vomiting, diarrhea
- If you have been in close contact with someone who is sick or has confirmed COVID-19 in the past 14 days
- If you have returned from travel outside of Canada in the past 14 days

If any of the following questions are answered in a “yes”, access will be denied.

Parents/caregivers and children will have to go home and self-isolate right away. In this case you will have to call Telehealth (1-866-797-0000) or your health care provider, to find out if you need a test.

If a child becomes ill with symptoms while in care, immediately separate them from the rest of their grouping a designated room (or space in a home child care setting) and supervise the child until they are picked-up.

- Notify parents/guardians or emergency contacts to pick up the ill child as soon as possible.
- The designated room/space must have a handwashing sink or hand sanitizer (70-90% alcohol concentration) available.
- Provide tissues to the ill child to help support respiratory etiquette.
- Open outside doors and windows to increase air circulation in the area if it can be done so safely.
- Children older than two years should wear a mask (if tolerated) and they are able to use it properly (e.g. Donning and doffing carefully, avoiding touching while on).
- Child care staff supervising the ill child should maintain physical distancing as best as possible, and wear PPE, including surgical mask.
- If the ill child/staff gets tested for COVID-19 and their test result is negative, they can return to the centre after being symptom free for 24 hours and they pass the screening.
- Clean and disinfect the area immediately after the child with symptoms has been sent home.
- Child care staff and children who were exposed to an individual who became ill with symptoms(i.e.: suspected COVID-19 case) must continue to be grouped together (i.e.: cohorted), and monitored for signs and symptoms of illness: Supervisors must inform parents/guardians of children who were exposed to the ill child, and advise that they should monitor their child for symptoms. Child care staff must not work in other child care settings. They must also be advised to avoid being in contact with vulnerable person or settings where there are vulnerable persons.
- Child care staff and children exposed to a confirmed case of COVID-19 must be excluded from the child care setting for 14 days: These individuals must self-isolate at home and monitor for symptoms for the next 14 days. Individuals who have been exposed to a confirmed case of COVID-19 should get tested as soon as any symptoms develop. If asymptomatic, individuals who have been exposed are also encouraged to get tested any time within 14 days of the potential exposure. They will need to continue to self-isolate for 14 days even if the test is negative.
- If a child were to test positive, we would then need to advise our Health Canada inspector and he/she will provide us with further direction on what steps need to be taken. We would also need to advise the Ministry through a serious occurrence submission and then do a follow up. During these times we would

There will be a “dirty” bin for the toys that have been played with and or that have bodily fluids on them, they will be cleaned and sanitized at the end of each day, ready for use the next day.

Social/physical Distancing

- Practice physical distancing (i.e. a two metre/six feet distance) as best as possible between children during activities while still permitting interaction and socializing to occur.
- Physical distancing must not compromise supervision or a child’s safety, emotional or psychological well-being.
- Encourage children to greet each other using non-physical gestures (e.g. Wave or nod or a verbal “Hello”) and to avoid close greetings (e.g. Hugs, handshakes).
- Regularly remind children to keep “hands to yourself”.
- Reinforce no sharing policies and procedures. This includes the current practice of not sharing food, water bottles or other personal items.
- Limit the number and types of personal items that can be brought into the child care setting, and provide individual cubbies or bins for each child’s belongings.
- Personal items must be clearly labelled with the child’s name to prevent accidental sharing.
- Plan activities and games that increase spacing between children while promoting social interaction.
- Avoid activities that involve shared objects or toys.
- Avoid activities involving singing, shouting, or speaking loudly indoors.
- Increase the distance between cots/resting mats and cribs. If space is limited, place children head-to-toe or toe-to-toe

Parents/guardians and caregivers, also non-staff/community members **will not** be permitted to enter the daycare (main building) at any time.

We will have all the PPE (personal protective equipment) for staff and children when needed. This includes:

- Gloves
- Masks
- Hand sanitizer

*Hand sanitizer (Recommended) will be used daily and throughout the day.

How to use Hand Sanitizer

1. Apply 1 to 2 pumps of product to palms of dry hands
2. Rub hands together, palm to palm
3. Rub in between and around fingers
4. Rub back of each hand with palm of other hand
5. Rub fingertips of each hand in opposite palm
6. Rub each thumb clasped in opposite hand
7. Rub hands until product is dry. Do not use paper towels
8. Once dry, your hands are clean

Safety Practices for Snacks and Meals

- Child care operators must modify meal practices to ensure that there is no self-serving or sharing of food at meal times.
- Meals must be served in individual portions to the children.
- Utensils must be used to serve food.
- Do not provide shared utensils or items (e.g. Serving spoons, condiments).
- Children must not be allowed to prepare nor provide food that will be shared with others.
- There must be no food provided by the family/outside of the regular meal provision of the program (except where required and special precautions for handling and serving the food are put into place, for example, expressed breast milk).
- Ensure proper hand hygiene is practiced when staff are preparing food, and for all individuals before and after eating.

Acknowledgement and Agreement

I acknowledge that I have read and understand the Preventing COVID-19 in the Workplace Policy of the Henvey Inlet First Nation Daycare. I agree to adhere to this policy and will ensure that employees working under my direction adhere to this policy. I understand that if I violate the rules set forth by this policy, I may face disciplinary action up to and including termination of employment.

First and Last Name (Printed)	
Signature	
Date	
Witness Name (Printed)	
Witness Signature	