





## Notice To Community Members

Please Contact the Health Centre if any Needles/Sharps are found in the Community.

A Staff Member will come to dispose of it properly and safely.

Sharps Containers are available at the Health Centre for anyone.

Thank You!



<u>Prescriptions are now being delivered directly to The Clients Home.</u>

This will be Every Wednesday anytime from 1:30pm to 3:00pm

If you will not be home please call the pharmacy to notify and arrange for the prescription to be dropped off at the Health Centre. Your prescription could be brought back to the Pharmacy if they are not notified of absence.

Please call your Refills in on Mon./Tues. for delivery on Wednesday! If you call your refill in on Wednesday morning, it could possibly not be ready for the afternoon delivery.

Noelville Pharmacy 705-898-2999



### Henvey Inlet First Nation Pickerel, ON POG 1J0

Administration 295 Pickerel River Road T 705-857-2331 F 705-857-3021 1-800-614-5533

Health Centre 354A Pickerel River Road T 705-857-1221 F 705-857-0730 1-866-252-3330

Day Care 354B Pickerel River Road T 705-857-0957 F 705-857-1369

Chief
M. Wayne McQuabbie
Council
Patrick Brennan
Tony Solomon
Lionel Fox
Carl Ashawasagai
Brenda Contin
Maureen Kagagins

### MEMORANDUM

To:

All Henvey Inlet First Nation Members

From

Samantha Bradley, Human Resources Coordinator

Date:

July 2, 2019

Re:

**Employment Opportunities** 

Henvey Inlet First Nation is currently accepting applications for the following positions:

Water Treatment Operator Trainee Lands Office Assistant

See attached job postings for more information.

Be sure to check local communication boards or our website at <a href="https://www.hifn.ca/community-2/job-postings-2.html">www.hifn.ca/community-2/job-postings-2.html</a> for regular job posting updates.

Miigwetch,

Samantha Bradley, PCP Human Resources Coordinator



### **EMPLOYMENT OPPORTUNITY**

### LANDS OFFICE ASSISTANT

### \*RE-POST\*

### **POSITION SUMMARY**

Henvey Inlet First Nation is seeking a temporary **Lands Office Assistant** to join our Administration for a short-term contract from July 2019 to March 2020. The Lands Office Assistant reports to the Lands Manager and is responsible for providing administrative and clerical support for land management, lease management, and all other services of the Henvey Inlet First Nation Lands Office. This position requires excellent organization and written and verbal communication skills.

### MAIN RESPONSIBILITIES

The Lands Office Assistant will be responsible to:

- Coordinate and prepare for Lands meetings by contacting members and distributing meeting agendas and packages
- Attend Lands meetings, take minutes and support Lands Advisory Committee as required
- File Lands documents and maintain Lands filing system in an organized manner
- Prepare various letters and documents for the Lands Office
- Assist the Lands Manager with preparation of the Lands Office's newsletters and reports
- Provide support to the Lands Manager regarding lease management duties
- Research information using the First Nations Land Registry system and analyze and interpret data related to the land and environment
- Prepare documentation for the Lands Manager in relation to registering transactions into the database and maintain hard files of the Registry
- Answer incoming calls to the Lands Office and provide information regarding Henvey Inlet First Nation Land Code laws, policies and procedures as required
- · Assist and direct public to appropriate land management resources and contacts
- Respond to general enquiries from the Membership and public and provide written correspondence as required
- Assist with specific Lands projects as outlined in the annualized work plan
- Draft and review various policies as required
- · Attend and participate in lands management and other training courses and workshops when required
- Other duties as assigned from time to time by Chief and Council or the Director of Finance/Administration

### **QUALIFICATIONS**

- Grade 12 diploma or equivalent
- Previous Lands Management Administration experience an asset
- · Geographical Information System (GIS) and Global Positioning System (GPS) training is an asset
- Basic computer and typing skills
- Experience using Microsoft Word and Excel
- Previous data collection and analysis experience

- Working knowledge of the First Nations Land Management Act and Henvey Inlet First Nation Land Code Policies and Procedures
- Current First Aid and CPR Level C an asset
- Excellent customer service and written and verbal communication skills
- Exceptional organization and time-management skills
- High level of personal integrity and ability to maintain strict confidentiality required
- Valid Ontario Class G Driver's License
- Access to a reliable, insured vehicle
- Willingness to travel for meetings related to the LAB/RC First Nations Land Management
- Possession of a valid Boat License is an asset

### **HOURS OF WORK**

Full-Time – 31.5 hrs/week

### **REMUNERATION**

\$23/hour

### START DATE

As soon as possible

### **APPLICATION DEADLINE**

Posted until filled.

Those interested in applying should submit their resume and cover letter in confidence to:

### **Henvey Inlet First Nation – Human Resources**

295 Pickerel River Rd. Pickerel, ON POG 1J0 Tel: (705) 857-2331

Fax: (705) 857-3021

Email: <a href="mailto:samantha.bradley@henveyinlet.com">samantha.bradley@henveyinlet.com</a>

We thank all applicants, however only those selected for an interview will be contacted.

Henvey Inlet First Nation gives preference to all qualified First Nations people in accordance with Section 24(1)

(a) of the Ontario Human Rights Code.



# BRITT PUBLIC SCHOOL

GRADE 8 GRADUATION

2019









# graduating class

Kayden Contin D'Andra Pelletier



# 2019 Graduation Program

- Welcome/Acknowledgement
- National Anthem
- Principal's Message
- **Awards Presentation**

Literature - presented by Mr. Singleton

Mathematics - presented by Mr. Singleton

Visual Arts - presented by Mr. Dineen

Principal's Award - presented by Mr. Hubert

Ojibwe Award - presented by Mrs. McQuabbie

Lori Lahti Leadership Award - presented by Mr. Hubert

- Presentation of Certificates
- Introduction of Valedictorian
- Valedictorian Address D'Andra Pelletier

Refreshments/Luncheon to follow

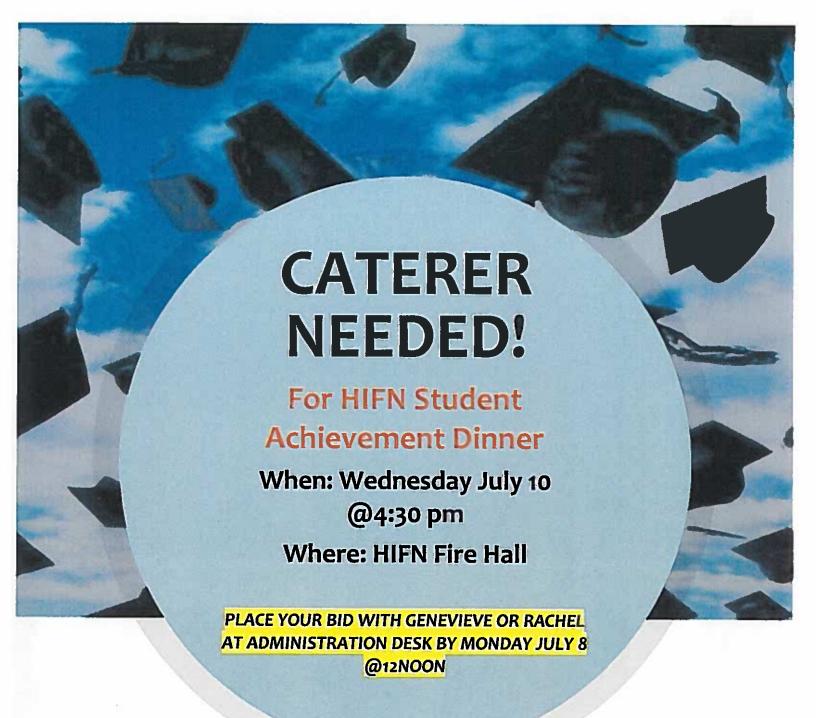
Anni Boozhoo D'Andra inidginicash wabshishi dodeem ... Hi welcome to our graduation. I just want to say a few brief words as the valedictorian. I would like to thank the staff at Britt Public school for helping me on my journey through these years. You have made it a fun and enjoyable experience. I look forward to learning and growing as we begin our new journey as we graduate from Britt Public. High school is scary, but as long as we show up, I know we will do great. I would just like to end with saying "good job team!" Thank you!

D'Andra Pelletier's valedictorian Speech









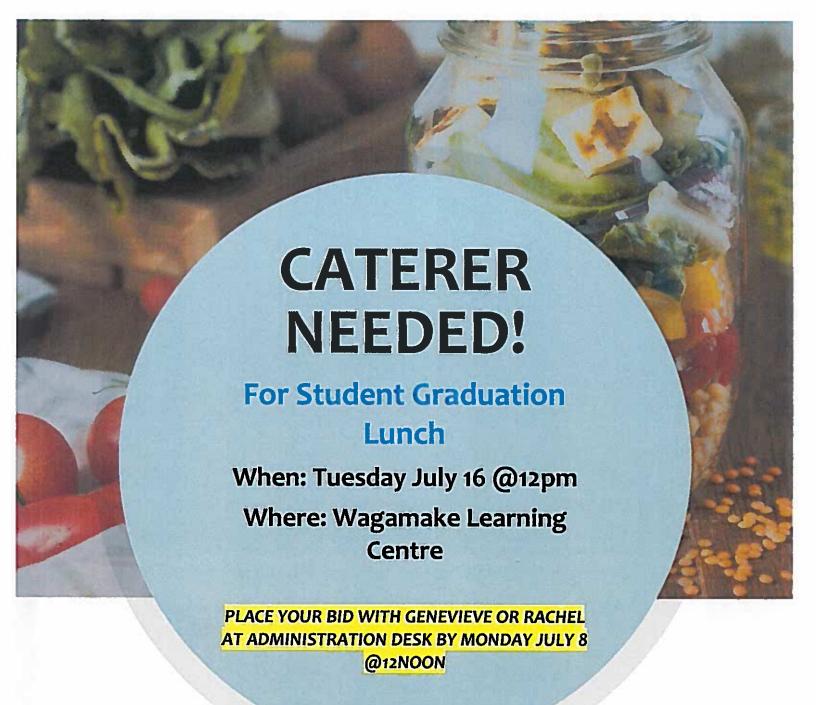
### **MENU FOR 60 PEOPLE**

Nish Tacos with all the fixings: Scone, meat sauce, cheese, medium salsa, lettuce, and sour cream

Mixed Berries and Whip Cream for Dessert

Various Juice, Coke and Pepsi for Refreshments

Current Food Handlers Certificate REQUIRED!



### **MENU FOR 15 PEOPLE**

Corn Soup with Egg and Tuna Sandwiches

Fruit Salad and Whip Cream or Mixed Berries and Whip Cream for Dessert

Various Juice, Coke and Pepsi for Refreshments

Current Food Handlers Certificate REQUIRED!

### WAGAMAKE LEARNING CENTRE

As per a recent HIFN Council decision, our Learning Centre will be open until June next year. This means that students only have 11 months to get their high school diploma.

Students should remember that they have several options to getting their diploma. It isn't all paper-work!

Credits can be earned from previous or current employment as well as workshops attended here in the community.

Please see Carol Froelich to find out what credits you need to graduate and what options are available to you.

Carol is at the Learning Center on the following days.

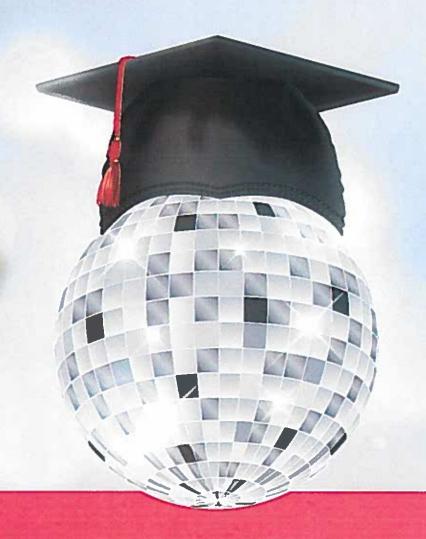
Monday: 8:30 - 4:30 Tuesday: 8:30 - 4:30

Wednesday: 1:30 - 4:30 Thursday: 8:30 - 4:30

Carol is also willing to change her schedule to accommodate students who are currently working.

Be sure to stop by to speak to her!

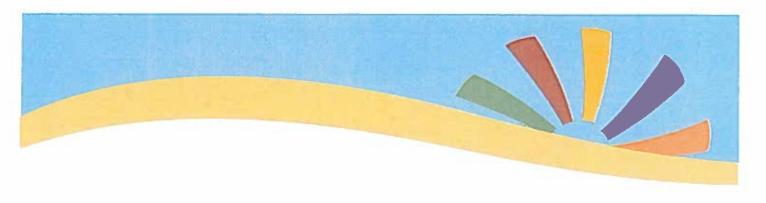
### **Henvey Inlet First Nation Presents**



### 2019 Student Achievement Celebration

July 10 4:30 PM Fire Hall All Students and Parents Invited! Even those who declined Wonderland Trip.

For More information Contact: Genevieve Solomon 705-857-2331



### Student Achievement Celebration Agenda

### July 10, 2019 @ 4:30 pm Fire Hall

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4:30 PM- Opening Comments: Genevieve

Guest Speaker: Debbie Lemieux

4:45 PM- DINNER

5:30 PM- Student Acknowledgements

Review Agenda for Wonderland

All Students and Parents are Invited to attend including those who declined the trip to Wonderland.

Student Report Cards must be given to Genevieve by July 9th in order to receive a 'Stay in School Incentive' at the Student Achievement Dinner. Late submissions will processed as Report Cards are received by Genevieve.

### **HIFN Housing Department July newsletter**

### Natural Ways to Keep Pests Out Of Your Home

Check out the list below for natural ways to keep pests out of your home without using storebought chemicals.

### Citrus Peels

Citrus peels have a light and refreshing scent which makes them a great option for natural pest control. Citrus peels will keep away pests like spiders, ants and mosquitos. All you have to do is rub the peels on any problem areas you have. Doorways, windowsills and bookshelves are examples of areas that can benefit from a quick citrus rub down. As an added bonus, citrus peels make a wonderful furniture polish for wood surfaces.

### White Vinegar

If you've cleaned up any food sources that may be attracting ants but they still keep coming, white vinegar is the perfect solution. When ants come through your home they leave a trail of pheromones that alerts other ants. Even once you get rid of the source, other ants will still be following that trail.

The trick is to destroy the chemical trail. Once the scent trail is gone, ants will begin looking for other sources of food, keeping your home ant-free.

### Herbs

Not only are herbs totally natural, they're also extremely easy to grow. Planting herbs such as mint, lemongrass or citronella plants near entrances to your home will stop pests from ever getting inside. The strong herb scents will repel them and they'll have to find another place to invade.

Mint grows quickly and loves to spread, so you'll want to give this herb its own space to grow in, like a garden box or container.

### Cinnamon

Cinnamon can be used outside of your house around entrances to keep bugs from entering. Pests (especially ants) won't cross the cinnamon line. You can also use cinnamon inside on counters and other surfaces to cover up scent trails left by ants. Just sprinkle some in any problem areas and you'll have a natural pest control.

### Cucumber

Ants have a natural aversion to cucumber, so placing cucumber slices or peels near entrances will do wonders for keeping ants outside where they belong. Ants aren't the only insects who hate cucumber — moths, mites, wasps and silverfish will also try to avoid cucumber.

Remember to replace cucumber slices frequently as rotting food might actually attract more pests. The bitter peels may be more efficient, so just use a vegetable peeler to remove some of the peel and place this peel anywhere you have problems with pests.

### **Eucalyptus Oil**

If you're plagued by flies, eucalyptus can be the perfect solution. Apply some oil to a small cloth and leave it in areas frequented by flies. Soon your home should be fly-free.

### **Peppermint Oil**

Spiders absolutely hate peppermint. You can create a solution of peppermint oil and water to spray around areas where you've seen spiders before. Not only is this method totally safe for homes with children, it leaves a nice minty fresh smell for you to enjoy.

### Keep It Clean

This isn't really a trick, but keeping a clean house is one of the best natural ways to keep pests out of your home. Get rid of dark hidey holes that can attract spiders and be sure to regularly wipe down surfaces where food has been to keep ants away. Using a natural cleaning product can pull double duty: it'll keep your house clean and repel insects at the same time.

Firewood stacks also make a great hiding place for pests, so keeping your wood stored properly away from entrances to your home will go a long way towards reducing the pest population. Keep grass trimmed near entrances to reduce the number of areas pests can hide in.

Bugs are a part of nature, but that doesn't mean they have to be part of your home. With a few natural pest control tricks you can keep your home pest-free in a way that's safe for your family and easy on your pocketbook.



### LOOKING FOR RECRUITS FOR THE HENVEY INLET FIRE/EFR TEAMS

It's time for the Community to take part and resurrect the Henvey Inlet Fire/First Response Teams!

If you are interested in becoming involved in a life saving team, then you're participation is requested!

\*Interested Volunteers must be 18 years and older

PLEASE CONTACT KARA NEWTON AT 705-857-1221
or JOHN RAMSEY 705-857-2331

BY JULY 31ST, 2019 AT 4:00PM

In the event of an emergency please dial 911

Or call:

PARRYSOUND AMBULANCE 1-705-746-6262

SUDBURY AMBULANCE 705-673-1117

> O.P.P. 1-888-310-1122



JULY 22-AUGUST 29 AGES 6-12 **Activities** Youth will need to go home for lunch each day from 12-1 math and science challenges Contact Angele Dubois or Debbie Lemieux for registration or more information RIGHT TO PLAY To register contact Angele Dubois at 705-918-1590

## PANTED TURTE

Monday July 22nd-26th 10am-3pm Youth age 6-12 At Tribal

Brought to you by Right to Play and HIFN



### PROMOTING LIFE-SKILLS IN ABORIGINAL YOUTH (PLAY) PARTICIPANT REGISTRATION FORM



The Promoting Life-skills in Aboriginal Youth (PLAY) Program uses sport and play to build essential health, education and life skills among children and youth. Angele Dubois is an employee of Henvey Inlet's Band and has chosen to deliver the PLAY program with the support of Right To Play from July 2019 to August 2020.

At the PLAY program, you can expect to have fun, meet others, share your ideas and be challenged! Expect to learn more about how you can be a youth leader in your community. Wear comfortable clothes that you can play games and sports in. At the PLAY program you will engage in a variety of games, leadership workshops, arts and crafts, sports, and other exciting activities.

PARTICIPANT	INFORMATION
Name:	☐ I consent to my child's participation in PLAY program activities in my community.  ☐ I consent to my child's participation in special events and initiatives associated with the PLAY program in my community, including but not limited to: Sport For Development clinics; activities facilitated by Right To Play partner organizations;
Health Card Number:  Special medical concerns/dietary restrictions:	community events and tournaments.  □I understand that Right To Play and my community's PLAY program have a zero tolerance policy for violence, drugs or alcohol. Anyone found engaging in such activities will be excused from program activities, at the discretion of the PLAY
Parent/Guardian (or emergency contact) Full Name:  Email:  Phone (work and/or home):	Community Mentor.  I
PARTICIPANT RISK WAIVER	PHOTO AND RESARCH CONSENT
I understand that, as in all sports/activities, there is a risk of physical injury and damage to property. I hereby give my consent for my child/youth (print child/youth's name):	Right To Play requests permission to use, copy, or display participant's name, photograph, or video recorded image to promote Right To Play events & advertisements on websites, news releases, brochures, pamphlets or other:
☐To receive emergency medical care which may become necessary in the course of such activities.	☐Yes, I grant permission to Right To Play to use my child's photo, or video recorded image.
☐ I further agree not to hold Right To Play, Right To Play Staff, the Community Mentor or anyone acting on Right To Play's behalf, responsible for any injury occurring to the named participant during Right To Play activities.	☐Yes, I grant permission to Right To Play's partner organizations to use my child's photo, or video recorded image.
□Upon registration of my child in the PLAY program, I permit my child to participate in a full range activities, and I authorize the Community Mentor and/or Right To Play staff in the event of an accident or illness affecting the above named participant; to authorize on my behalf all procedures, including admission to hospital and necessary treatment therein, as he/she may deem essential for the care and well-being of the participant. Such action shall be taken only when immediate contact with the undersigned cannot be made.	☐ I agree ( or give consent for my child) to participate in research associated with the PLAY Program which may include: having a discussion associated with the PLAY Program research tape-recorded, quotes from my child being used, without any information that would identify my child, for the purposes of program improvement and reporting to partners and donors.  ☐ No, please do not use my child's photo, or video of my child.
Signature of Parent/Guardian Date	Signature of parent /quardian Date

### Non-Insured Health Benefits Program Updates

### **July 2019**

### **Vision Care Benefit Information**

### **Changes to Corrective Eyewear Coverage**

The NIHB Program recently announced changes to the coverage of corrective eyewear, including new coverage amounts based on your prescription. There are two key coverage amounts: standard and high index. These changes took effect on June 29, 2019. Please consult the new <u>Vision Care Benefit Guide</u> for complete information.

### **Pharmacy Benefit Information**

### **Changes to Pediatric Nutrition Coverage**

Effective June 26, 2019, certain infant formulas will be added as Limited Use benefits. These products will be covered when medically necessary for infants up to one year of age. These new listings can be found in section 96:00 of the Drug Benefit List, with more details on coverage criteria in Appendix A.

In addition, multivitamins will now be covered until the age of 19 and the list of multivitamins has been expanded. Please consult section 88:28 of the Drug Benefit List for more information.

### **Listing Status Change for Nabilone**

Effective June 24, 2019, nabilone is now an open benefit for adult clients over 18 years old. Nabilone is a medication that is used to treat severe nausea and vomiting caused by cancer treatment (chemotherapy). The dose coverage limit for nabilone is six milligrams per day, which is the maximum recommended daily dose for this medication.

### New Benefit for Treatment of Atopic Dermatitis (Eczema) in Children

Effective June 24, 2019, non-medicated emollient cream (Glaxal Base and similar products) is a limited use benefit for the treatment of atopic dermatitis (eczema) for clients age 18 and under. NIHB covers up to 450 grams per month.

Emollients are non-cosmetic moisturisers that can help reduce the severity of eczema, as well as the amount of medicated cream that is needed. If your child has eczema, ask your health provider if a non-medicated emollient cream could be an effective treatment option.

### Information for Clients in Ontario: Coordination of Benefits with OHIP+

Through OHIP+, the Government of Ontario provides prescription drug coverage for children and youth (24 years of age and under) who do not have coverage through a private health benefit plan.

Children and youth who are eligible under both OHIP+ and the NIHB Program may access coverage through either Program. If you want your pharmacist to submit your (or your child's) pharmacy claims to NIHB, please make sure to present <u>client identification</u>.

For assistance, please contact the Ontario NIHB Navigators at 1-877-517-6527, or the NIHB Drug Exception Centre at 1-800-580-0950.

### **Dental Benefit Information**

### **New Coverage of All-Porcelain/Ceramic Crowns**

Effective July 1, 2019, the NIHB Program has added all-porcelain/ceramic crowns as eligible dental benefits. All other guidelines and criteria for coverage of crowns remain in effect, and can be found in Section 8.3.5 of the NIHB Dental Benefits Guide.

### Medical Supplies and Equipment (MS&E) Benefits

### **Increased Coverage for Washable Bed Pads**

NIHB now covers 6 washable bed pads (underpads) per year, increased from 2 per year. If they are needed on a long-term basis, your provider should contact the <u>NIHB regional office</u> to request a special authorization. Once a special authorization is set up, the provider can dispense these items in the future without prior approval.

### **Complete Hearing Assessments Changed to Open Benefits**

Complete hearing assessments are now open benefits. They are covered by NIHB without prior approval, once every 5 years. You or your doctor may request a hearing reassessment after 2 years if you notice any change in your condition. Your audiologist should contact the NIHB regional office to request prior approval for early reassessment. More information can be found in the Audiology Benefits List.

### Coverage for Cochlear Implant Processors and Bone Anchored Hearing System Processors

Cochlear implant processors and bone anchored hearing system processors (including soft band if required) are now listed by NIHB as limited use benefits (prior approval required). They are eligible for replacement once every 5 years.

Details on coverage criteria, prescriber/provider requirements and replacement guidelines can be found in Section 3 of the <u>Guide for Medical Supplies and Equipment Benefits</u> and in the <u>Audiology Benefits List</u>.

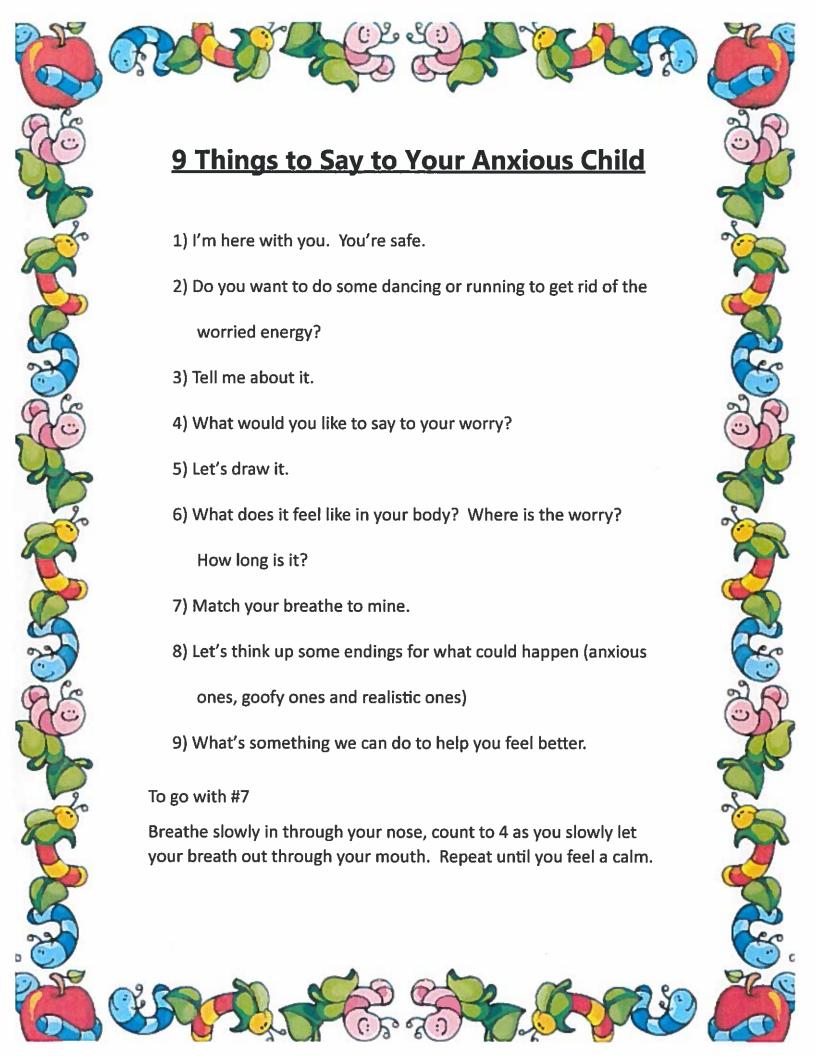
### **New Listing - BPAP ST Device**

Effective April 9, 2019, bilevel positive airway pressure with spontaneous and timed breathing (BPAP ST) devices are now listed as limited use benefits (prior approval required). This device may be appropriate for clients with respiratory failure. Talk to your health care provider about whether a BPAP ST device could be right for you. For more information please refer to the Guide for Medical Supplies and Equipment Benefits under Section 9 Respiratory Equipment and Supplies.

### **General Program Information**

### Reminder – Effective Dates

When the NIHB Program announces new benefit coverage or a new reimbursement rate, these changes start on the "effective date". This means that the change applies to eligible items or services received by the client on and after this date. The new coverage or rate will not apply to items or services received before the effective date.





## COLIN MOUSSEAU TRADITIONAL HEALER

Where:

LIBRARY

When:

JULY 16 - Sweatlodge preparation

Sweatlodge ceremony - July 17th , 2019 @ 6:00 p.m July 18<sup>th</sup> – one on one

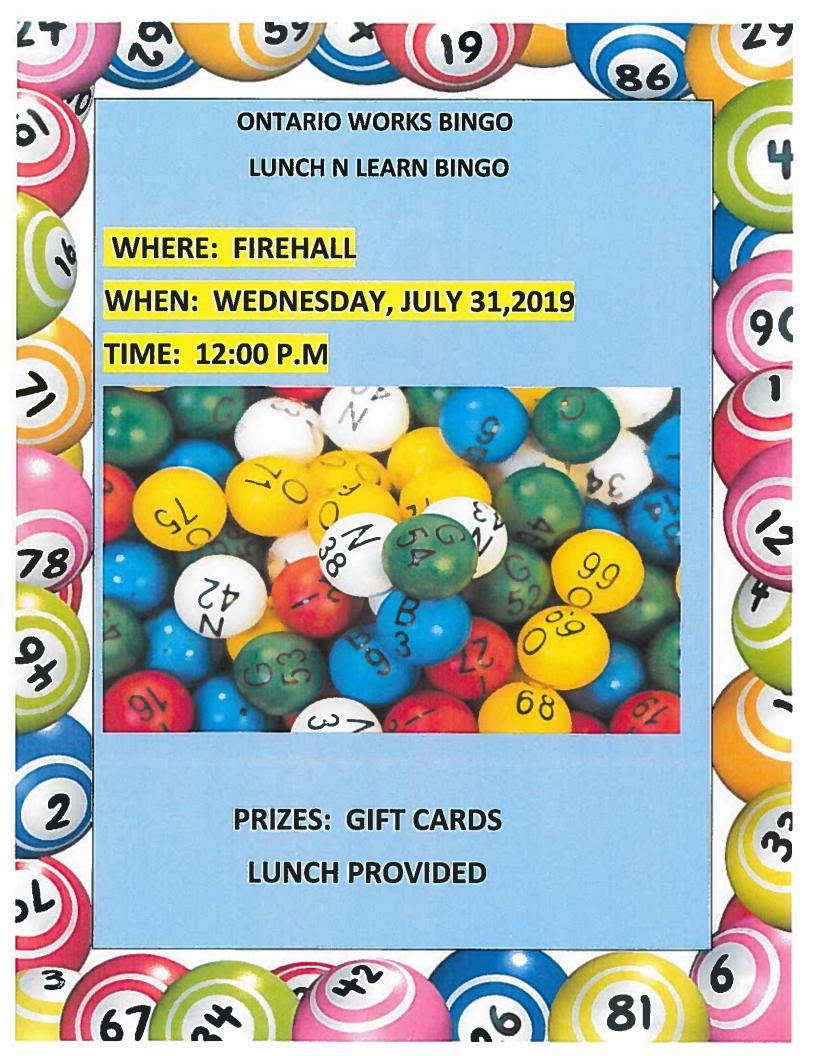
TIME:

9 A.M. to 5:00 p.m

TO BOOK AN APPOINTMENT OR CANCEL YOUR APPOINTMENT PLEASE CONTACT:

Darcy Ashawasagai HENVEY INLET FIRST NATION OFFICE 705 857-2331

Brenda705-923-0482 @





### FOOD BANK FUNDRAISING REPORT

Activity	Cash Bingo #9
Date	June 12, 2019
Helpers/Volunteers	Tom, Millie, Lorne & Candis
Total Funds:	\$217
Expenses	Draws \$10 x 2 Consolation \$25.00
Profit	\$172.00
Comments	Miigwetch for the support! Attendance: 15 Jackpot winner: Millie Toonie Pot @ 324.00



### FOOD BANK FUNDRAISING REPORT

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Activity	Cash Bingo #10
Date	June 19, 2019
Helpers/Volunteers	Tom, Millie, Charlotte, Jane & Sherry
Total Funds:	\$198.00
Expenses	Draws \$10 x 2 Consolation \$25.00
Profit	\$153.00
Comments	Miigwetch for the support! Attendance: 117 Jackpot winner:Charlotte Toonie Pot @ \$358. Won by Dodi

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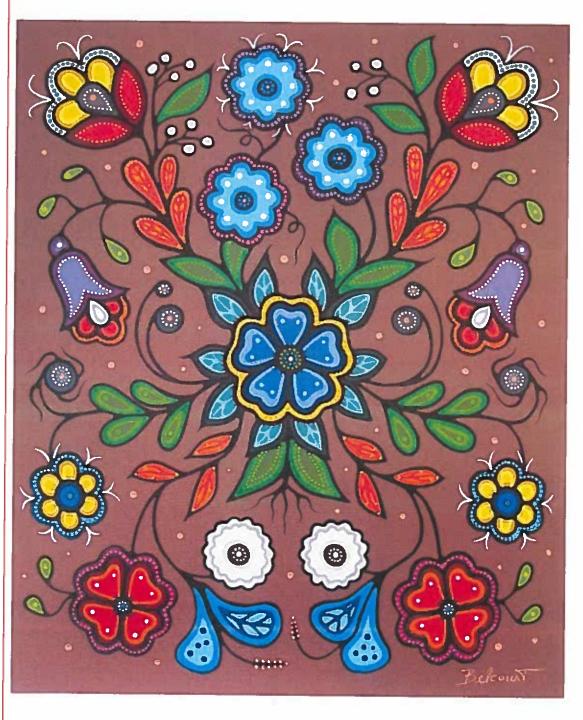
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# COMMUNITY WELLINESS PROGRAM NEWS



This program is designed to deliver primarily client and participant-based services to Aboriginal individuals, families and children. The priority focus of programming is related to reducing family violence.



# COMMUNITY WELLNESS PROGRAM

The difference between the impossible and the possible lies in a person's determination.



## JULY 2019

Sunday	Monday	Tuesday	Wednesday Thursday	Thursday	Friday	Saturday
187 1	i In Office	2 In Office	3 Medical Driver	4 In Office	S In Office	9
	8 Staff Meeting CPR Training	9 Vacation	10 Vacation	11 Vacation	12 In Office	<u>=</u>
	15 Medical Driver	16 Cemetery Research	17 Home Visits	18 Elder Calendar Interviews	19 In Office	20
	22 Staff Meeting	23 Cemetery Research	24 Home Visits	25 Elder Calendar Interviews	26 Office	2.5
	29 In Office	30 Cemetery Research	31 Home Visits	I Vacation	2 Vacation	



Please Protect our Children.

We have needle disposal boxes

All over our community.

### **USE THEM!!!!**