



Important Dates:

- June 10 & 11, 2017 - HIFN Annual Pow Wow! The Pow Wow Committee is looking for Volunteers, see flyer inside for details!
- Monday June 12, 2017 Band Council Meeting @ Firehall 1:00pm
- Jake Pine- Traditional Healer will be at the Health Centre on Monday June 12, 2017 and Tuesday June 13, 2017
- Offices Closed for National Aboriginal Day on June 21, 2017. Please see inside for Agenda of Events!

**SUMMER
IS UPON
US**



Important Notice

Community Band Council Meeting

June 12, 2017

Where: Firehall

Time: 1:00 PM

Offices will be closed at noon

**It will be mandatory for staff
to attend**



Henvey Inlet First Nation Staff

Chief and Council

~Chief Wayne McQuabbie~

~Lionel Fox~

~Patrick Brennan~

~Brenda Contin~

~Genevieve

Solomon-Dubois~

~Tony Solomon~

~Carl

Ashawasagai~

Daycare Centre

~Supervisor~

Charlene Ashawasagai

~ NECE Worker~

Erin McQuabbie

~NECE Worker~

Carrie-Lynn Bennett

Health Centre

Edward Panamick ~ Health Director

Kara Harkness ~ Community Health Educator

Darcy Ashawasegai ~ Program Supp. Clerk/Receptionist

Deborah Newton ~ Membership/Medical Van Driver

Kerri Campbell ~ Native Child and Family Worker

Louise Ashawasegai ~ NNADAP Worker

Brenda Contin ~ Community Health Nurse

Valerie Ashawasagai ~ Home Making Worker

Jonathon Contin ~ Home Maintenance Worker

Luana McQuabbie~ Community Wellness Worker

Administration

Millie Pawis ~ Director of Finance/Administration

Carla Noganosh ~ Executive Assistant

Doris Contin ~ Financial Assistant

Patty Walsh ~ Financial Assistant

Rachel Kagagins ~ Housing Assistant

Lyndy McQuabbie ~ Administrative Assistant

Dorothy Contin ~ Social Services

Debbie Fox ~ Librarian

Judy Contin ~ Economic Development Officer

Greg Newton ~ Maintenance

Janice McQuabbie ~ Custodian

Genevieve Solomon-Dubois ~ Education Councillor

Raymond Kagagins ~ NRF Point Person

Angele Dubois ~ Community Mentor/YLP



Henvey Inlet First Nation Contact Info

Band Office Contact Info

Phone Number: (705)857-2331

Toll Free: 1-800-614-5533

Fax: (705)857-3021

EXTENSIONS

Dorothy- 222 Rachel-223

Raymond-224 Patty-225

Wayne-226 Doris-227

Judy -228 Genevieve-229

Millie- 230 Carla- 232

Health Centre Contact Info

Phone Number: (705)857-1221

Toll Free: 1-866-252-3330

Fax: (705)857-0730

EXTENSIONS

Darcy- 221 Kara- 222

Eddy- 223 Debbie- 224

Kerri- 225 Brenda- 226

Luana- 227 Louise- 228



Henvey Inlet First Nation

NEW Gas Bar Hours

EFFECTIVE MAY 8th, 2017

Monday-Friday 7:30am-6:00pm

Saturday 9:00am-5:30pm

Sunday 9:00am-5:30pm



Medical Van Schedule

Monday	Sudbury
Tuesday	Parry Sound
Wednesday	Britt
Thursday	Sudbury
Friday	Emergency Only





Henvey Inlet First Nation

Lands Office

Sherry Contin-Lands Manager

Email: lands@henveyinlet.com

Amanda Barbe- Lands Assistant

Email: barbe_amanda@yahoo.ca

Located at: 25 West Road

Pickerel, ON

Mailing Address: 295 Pickerel River Road

Pickerel, ON

PoG 1J0

Phone Number: (705) 857-5211

Fax Number: (705) 857- 3021

Henvey Inlet First Nation Library Hours

Closed during lunch hours 12-1:00PM

Monday - 8:30am -4:30pm

Tuesday - 8:30am -4:30pm

Wednesday - 8:30am - 4:30pm

Thursday - 8:30am - 4:30pm

Friday - 8:30am - 12:00N



Henvey Inlet First Nation Library
Debbie Fox- Librarian

295 Pickerel River Road
Pickerel, ON
PoG 1J0

Phone:(705)857-2222
Email: maheengun12@hotmail.com





Prescription Deliveries!

Noelville Pharmacy will be
delivering Meds Thursdays @
11:00AM

If you wish to have Meds
delivered to the Health Centre,
You must fax the prescription in
by Wednesday at the latest!!

**HENVEY INLET FIRST NATION
PICKEREL RIVER, ONTARIO
P0G 1J0**

**HOME MAINTENANCE
EMPLOYMENT OPPORTUNITY**

HENVEY INLET FIRST NATION REQUIRES A HOME MAINTENANCE PERSON, TO WORK IN CONJUNCTION & UNDER THE DIRECTION OF THE COMMUNITY HEALTH NURSE (TENTATIVE START DATE JULY 4th, 2017)

REQUIREMENTS FOR HOME MAINTENANCE:

- Self starter, ability to work independently, reliable and mature, responsible and dedicated to assist our **ELDERS**
- Own Vehicle would be an asset
- Ability to operate chainsaw.
- Basic knowledge of general maintenance
- Valid Driver's license is required

JOB DESCRIPTION:

Assist clients in and around their homes in the following:

- Seasonal work as required
- Cutting wood
- Piling wood
- Lawn maintenance
- Wash windows
- Cleaning chimneys and stove pipes
- Small minor home repairs at clients' request, however at clients expense for materials needed to complete work. (Unless Henvey Inlet Administration has funds)
- Clearing snow from driveways, steps
- Assisting with the more difficult tasks in and around the home.

FOR FURTHER INFORMATION, CONTACT MILLIE PAWIS 857-2331 AT THE ADMINISTRATION BUILDING.

INTERESTED INDIVIDUALS SHOULD SUBMIT THEIR RESUMES NO LATER THAN THURSDAY JUNE 27th, 2017 BY 4:00 PM TO MILLIE PAWIS DIRECTOR OF FINANCE AND ADMINISTRATION. DATE FOR INTERVIEWS IS JUNE 29th, 2017 @ 10:00 AM

**Henvey Inlet First Nation is
Accepting applications for the**

**Summer Student Coordinator
Short- Term Contract**

Introduction

The position of the Summer Student Coordinator will be responsible for supervision and implementation of work plans for the summer students to be employed for the summer months. This individual will be directly responsible to the Director of Finance/Administration and will be responsible for ensuring students are carrying out their respective job descriptions, coordinate daily activities, transporting when necessary.

Roles and Responsibilities

1. Act as a role model
2. Coordination of daily activities of all summer students.
3. Ensure all safety precautions are met and adhered to during regular working hours.
4. Administrative Responsibilities, completion of all reports for funding agencies.
5. Recommendation of corrective/punitive actions when required.

Qualifications

1. Adult, 18 yrs + in age in school or out of school.
2. Current CPIC required.
3. Possess valid Class G driver's license; have a current driver abstract
4. Computer skills are required ability to use Microsoft Word; Excel applications.
5. Must have access to a reliable vehicle.

Salary	To be determined
Hours of Work	35 hrs/wk
Duration	July 4 th , 2017 – August 15 th , 2017

**Interested applicants should send their resumes to
Henvey Inlet First Nation
295 Pickerel R. Rd, Pickerel, ON P0G 1J0 Tel (705) 857-2331 Fax (705) 857-3021**

**Attention: Millie Pawis, Director of Finance/Administration
Deadline for Application: June 27th, 2017 at 4:30 p.m.**

******Please note that only those selected for an interview will be contacted.**



Henvey Inlet First Nation

Pickeral, ON P0G 1J0

Administration
295 Pickeral River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

Health Centre
354A Pickeral River Road
T 705-857-1221
F 705-857-0730
1-866-252-3330

Day Care
354B Pickeral River Road
T 705-857-0957
F 705-857-1369

Chief
M. Wayne McQuabbie
Council
Lionel Fox
Patrick Brennan
Carl Ashawasagai
Brenda Contin
Genevieve Solomon-Dubois
Tony Solomon

MEMORANDUM

To: HIFN High School Students
Fr: Millie Pawis, Director of Finance/Administration
Dt: June 2, 2017
Re: **Summer Employment Program 2017**

Our summer employment program is scheduled to begin July 4, 2017 and end August 15, 2017 (6wks). High school students interested in working in the community this year, must submit their resume to the Administration office no later than June 27, 2017. An eligibility requirement for employment will be to have a Social Insurance Number (SIN). Payroll cannot be processed without one.

Graduates of Grade 8 considered our "Floaters" do not need a SIN. There are no employment related deductions processed to these students.

The number of employment positions created takes into consideration the HIFN Summer Employment Policy and the eligibility criteria contained therein.

On the following chart it outlines the available positions that will be available this year.

MP

/MP

Summer Student Employment Program 2017

Names	Position	\$Rate/Hr	SIN #	Email Address	Funding Agency	Start Date	End Date
	Coordinator/Supervisor	12.25			Gezhtoojig Employment & Trng	4-Jul	11-Aug
	Summer Cultural Assist	11.40			Ministry of Citizenship & Immigr	4-Jul	11-Aug
	Home Support Assistant	11.40			Service Canada	4-Jul	11-Aug
	Community Maint Assist	11.40			Service Canada	4-Jul	11-Aug
	Maintenance	11.40			AANDC	4-Jul	11-Aug
	Gas Bar/P RTP Assistant	11.40			AANDC	4-Jul	11-Aug
	Daycare Assistant	11.40			Gezhtoojig Employment & Trng	4-Jul	11-Aug
	BSF Floater	11.40			HIFN	4-Jul	11-Aug
	BSF Floater	11.40			HIFN	4-Jul	11-Aug
	BSF Floater	11.40			HIFN	4-Jul	11-Aug



**Henvey Inlet
First Nation**

Pickeral, ON P0G 1J0

Administration
295 Pickeral River Road
T 705-857-2331
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354A Pickeral River Road
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Patrick Brennan
Carl Ashawasagai
Brenda Contin
Genevieve Solomon-Dubois
Tony Solomon

MEMORANDUM

To: Membership
Fr: Millie Pawis, Director of Finance/Administration
Dt: April 26, 2017
Re: **Councillor Portfolios**

Chief Wayne announced at the recent Annual Planning Days meeting the respective portfolios of each Council member during their term effective March 25, 2017 to March 24, 2019.

Councillor Tony Solomon

Daycare
Trailer Park

Councillor Patrick Brennan

Lands

Councillor Lionel Fox

Social Services
WBAFN Representative
Housing
Roads/Infrastructure
CPAC Committee

Councillor Genevieve S Dubois

Education
Governance
Human Resources

Councillor Brenda Contin

Culture and Recreation (Pow Wow committee Member Re Fundraising)
Claims

Councillor Carl Ashawasagai

Roads/Infrastructure
Animal Control

Chief Wayne McQuabbie

MTO Negotiations
Community Members Concerns
Finance
Child Welfare
Government to Government Relations

*The Windfarm project will be a combined effort by all Council.

These portfolios come with the responsibility of addressing related concerns to these topics, if you have any questions or concerns please address the respective Councillor, at your convenience.

MP
/MP

2017 STUDENT ACHIEVEMENT AWARDS

JULY 7TH @ HIFN FIREHALL

12:00 Opening comments Genevieve

Guest speaker: Mrs. Wanda McQuabbie

12:30: LUNCH Pizza and Pop

1:00: ELEMENTARY STUDENT AWARDS

1:50: SECONDARY STUDENT AWARDS

2:30 BUS LEAVES FOR SUDBURY

4:00 MOVIE AT SILVER CITY

7:00 BUS RETURNS TO PICKEREL

A Sign-up sheet with the list of available movies will be circulated at the achievement awards. All children must be accompanied by a parent or identified guardian. Attendees will receive one regular movie pass and one snack. Parents will be responsible for any additional costs such as additional snacks or 3d glasses if that is an option. As in past years, The hifn field trip policy will apply.

STUDENT LIST REQUIRED FOR SCHOOL
EXEMPTION ON FIRST NATION DAY

If you wish to have your child excused from school on First Nation Day, please notify Genevieve by June 12th. The list of students to be excused will be sent to the schools and bus drivers will be notified.

IMPORTANT DATES

JUNE 20: Britt School Gr 8 Graduation @ 12:30

JUNE 27: Parry Sound Gr 8 Graduation @ 1:30

JUNE 29: Britt School Pow Wow

Grand entry @ 10:30

JUNE 30: Last Day of School

JULY 7: HIFN Student Achievement Awards

@ 12:00 pm at the FIREHALL

If you need transportation to the graduation ceremonies or britt pow wow please notify Genevieve by June 12th

Britt Public School
Grade 8 Graduation

Where: Britt Public School

When: Tuesday, June 20th, 2017

Time: 12:30 pm



**Lunch provided and an informal ceremony
to follow**

Community pitches in for Annual Clean up

By Jennifer Ashawasegai

Communications Coordinator

June 01/17

Every year when the snow melts, garbage thrown onto the ground is among one of the first things noticed amidst the grey spring thaw. On May 3rd, the community held its annual Clean Up. Amanda Barbe, Lands Assistant reported there were 30 participants that picked up a total of 52 bags of garbage. The participants were divided into teams and prizes were awarded to partners who picked up the most garbage.

Winners included:

- 1st Team #8 John Kagagins, Pat Brennan, Riley Kagagins and Ray Kagagins
- 2nd Team #9 Dorothy Contin, Amber Contin and Brenda Contin
- 3rd Team #10 Darcy Ashawasegai, Candace Kagagins



Barbe also reported there was a 53-foot holding bin made available for scrap metals, which was hauled away the day after the event.

More than garbage picked up during community clean up

By: Jennifer Ashawasegai

Communication Coordinator

June 01/17

Garbage bags and gloves were not the only tools handed to volunteers for the annual Spring clean up on May 3rd, 2017. For the first time, volunteers were also issued sharps containers for the disposal of used needles that have been found on the ground around the community.

Nurse Brenda Contin found a plastic juice bottle between the firehall and gas bar. There were eight used needles inside the clear plastic container. After the finding, she cautioned other volunteers on how to handle sharps as well as being careful when picking up plastic bottles in the case they too contained needles.

She said, "I was glad I found it and it was contained in a bottle and not scattered around."



In an interview in the nurse's office the following day after the clean up, Brenda noticed another sharps container on her desk which contained another three needles.

She pointed out that there are biohazard containers in the health centre to dispose of used needles. Brenda also explained that weather resistant, key-lock needle disposal sites will soon be located throughout the community. Brenda said, "This is a reality we're in and we need to make it as safe as possible, not just for the users, but for the entire community."

If people see used needles on the ground, Brenda warns, "Don't touch them, please report the findings to health centre staff and someone will safely dispose of it and investigate the area."

Chief Wayne McQuabbie said, "It's a really disheartening situation and has really hit home after I found needles in the ditch."

The Chief said he picked up quite a few when the weather began to warm up in March and the snow began melting.

He said, "It's war on drugs on our community, and our main focus is to protect the children," he added.

Finding used needles has shed some more light on the problem in the community, Chief McQuabbie said, "People are afraid to talk about it. Every family is afflicted with this problem."

Chief and Council of Henvey Inlet First Nation will soon be implementing a program, not unlike Crimestoppers, where a reward is offered for a conviction of a crime. In this instance, leadership is targeting drug dealers in the community. The Chief said there will be a significant cash reward leading to the conviction of drug dealers.

Community supports call for ban on aerial spraying

By Jennifer Ashawasegai

Communications Coordinator

June 01/17

Community Elders travelled to Toronto May 30th to support the Traditional Ecological Knowledge (TEK) Elders Group in their bid to the province to ban aerial spraying. The event at Queens Park was held May 31st and led by Sagamok Elder Ray Owl.



Sagamok Elder Ray Owl addressed the crowd after a press conference in the legislature.

The TEK Group is made up of Anshinabek Elders from along the north shore in the Robinson Huron Treaty territory. Most recently, Elders from Henvey Inlet and Wasauksing First Nations have joined their ranks to support the call to ban aerial spraying in the treaty area.

The group has been working on their initiative since 2014, when they put together a resolution:

Whereas, The Traditional Ecological Knowledge (TEK) Elders Group Of The North Shore Of Lake Huron Was Created To Bring Like-Minded Individuals Together To Discuss The Preservation, Use And Evolution Of TEK In Our Communities.

Whereas, The TEK Elders Group And Supporting Citizens Acknowledge That Residents Of The North Shore Of Lake Huron Are Dependent Socially, Economically And Culturally On The Health And Well-Being Of The Forest, Including The Wildlife, Plants, Water And Soil.

Whereas, The TEK Elders Group Members Have An Aboriginal And Treaty Right To Hunt, Fish And Gather Resources In Their Traditional Territories.

Whereas, The TEK Elders Group And Supporting Citizens Feel That Herbicides And Pesticides Such As "Round Up" (Glyphosate) And Other Similar Chemicals Used In The MNR Aerial Spraying Program Have Serious Known Impacts On Humans, Wildlife, Water And Plants.

Whereas, The TEK Elders Group Feel That The Chemicals Used In The MNR Aerial Spraying Program Are Destroying Traditional Medicines, Poisoning Wildlife, Water And Soil And As A Result Destroying A Way Of Life (Cultural Practices) Protected Under Section 35 Of The Canadian Therefore, Be It Resolved That The TEK Elders Group And Supporting Citizens Request A Moratorium On The Use Of Glyphoshates In Their Aerial Spraying Program.

Be It Resolved That The TEK Elders Group And Supporting Citizens Request Meaningful Dialogue And Support From Governments, Academic Institutions And Professionals Responsible For The Use, Study And Policy Directives Related To The Use Of Herbicides And Pesticides In Forest Management ;

And, Be It Resolved That The TEK Elders Group Members Shall Distribute This Resolution To Other North Shore Band Councils, Municipalities And Like-Minded Groups.

Resolution 2014-01 Supported By All People In Attendance At Meeting Held August 19, 2014 At Willies Gas Bar, Mississauga First Nation, Ontario.

Since 2014, support has been growing and recently, Chief M. Wayne McQuabbie signed onto a Robinson Huron Treaty Chiefs resolution to support the TEK Elders group.

After addressing the press gallery in the legislature building with Algoma Manitoulin MPP Mike Mantha by his side, Elder Ray Owl declared, "In that room over there, I declared war. It (aerial spraying) has to stop."



More than 100 people from around the Anishinabek Nation and urban Toronto attended to event to show support. Robinson Huron Regional Chief (Sagamok) Paul Eshkokogan said, "You know something is important when Elders take things into their own hands."

If you would like more information on the TEK Elders group and their efforts, please visit: <http://tekelders.weebly.com/>.

Anishinabek Nation Child Well-Being Law

By Jennifer Ashawasegai

Communications Coordinator

June 01/17

Anishinabek Nation representatives presented the Child Well-Being Law to Henvey Inlet First Nation on May 23rd at the Fire Hall.

According to the Anishinabek Nation website, "The Anishinabek Nation (AN) Child Well-Being Working Group (CWBWG) has been working on addressing the changes required for the AN Child Well-Being Law over the past year. The Anishinabek Nation Child Well-Being Law has been re-drafted several times over the past year in accordance with the direction given at the AN CWBG meetings at information sessions held with Chiefs and Councils." Meetings have been held in several locations throughout Anishinabek territory over the past couple of years. It is hoped that the CWBG will continue to work on the implementation plan and strive to complete the enactment of the law by April 1st, 2018.

At the community engagement session, Chief McQuabbie said, "Hopefully everything goes according to plan."

He added, "What we need is safe home again, or establish a specific unit to keep kids safe."

Community members had questions surrounding customary care policies in the law. The Anishinabek Nation Child Well-Being Law is to replace provincial jurisdiction over child well-being. The law is an exercise of jurisdiction over child well-being regardless of residency.



There is a working group, which welcomes members from Henvey Inlet First Nation. Kara Newton, Community Health Educator has joined the committee. She said, "Our children are sacred gifts from the Creator and should be treated as such. The Child Well-Being Law is incredibly important so that the First Nations enable their inherent rights by maintaining the control of what happens to our children without outside agencies coming in with their profitable agendas. There is no price tag that is large enough to put on the heads of our children. Our children belong with their families and their Communities, where we know what they really want and need!"

The next community forum on the Child Well-Being law will be held at the Fire Hall on Pickerel River Road on July 18th. All are welcome.

For more information on the subject, please visit:

<http://www.anishinabek.ca/departments/social-development/>



AECOM
24 Delamere Road, Suite 101
Alban, Ontario
P0M 1A0

Phone: 705-857-5407
Fax: 705-857-5413
Email: 2015-5119@aecom.com

May 29, 2017

TO: Henvey Inlet First Nation property owners in the vicinity of MTO Contract 2015-5119 Highway 69 from 2.9 km north of Highway 522 to 4.6 km north of Highway 607

Dear Owner / Resident

The Ministry of Transportation in consultation with the Henvey Inlet Chief and Council has determined that additional testing will be completed for well data along with home/property survey data within the Henvey Inlet First Nation community (HIFN).

The MTO has retained AECOM and it's sub-consultants to perform this testing.

An owner's representative will contact you through the AECOM First Nation Liaison officer (Jennifer Ashawasegai) hopefully in the coming weeks to schedule a **blast survey** of your residence. This survey is completed and prepared to compare existing residential conditions to that during and after the completion of blasting operations and other contract operations in the event there are any concerns with your residence.

In additional to the blast survey, AECOM will perform **quality and quantity (recovery) testing** of all wells within the Henvey Inlet First Nations community. This is completed so there is data of wells on file in the event there are any concerns with your residence and well. Again, an AECOM representative will contact you through the AECOM First Nation Liaison officer (Jennifer Ashawasegai) in the coming days.

The initial step is to gather home owner information. Please review the attached file and enter as much information as possible.

Please contact Jennifer Ashawasegai (705-698-7356) or the above noted office if you have any questions or concerns.

Sincerely,

Paul Moorhouse
Contract Administrator
AECOM

CC: Chris Redmond, AECOM, Sebastian Flaszynski, AECOM, Mike Tymeczko, MTO, Foluso Soroye, MTO

JUNE 2017 TENTATIVE BLASTING SCHEDULE

The tentative blasting schedule for the week of June 5 – 9/17 week will be in the following areas:

STA 20+050 - 20+100+/-, Mowat Twp. (small amount of rock excavation for Pickerel River Bridges)

STA 22+100 - 22+200+/-, Mowat Twp. (rock cut approximately 150 m south of the French River)

STA 15+200 - 15+300+/-, Mowat Twp. (rock cut approximately 2 km south of Pickerel River Rd.)

There will be about 2-3 blasts per day Monday through Thursday with 1-2 blasts per day on Friday. Generally, blasting at each specific location is every other day or possibly ever 3rd day dependent on production.

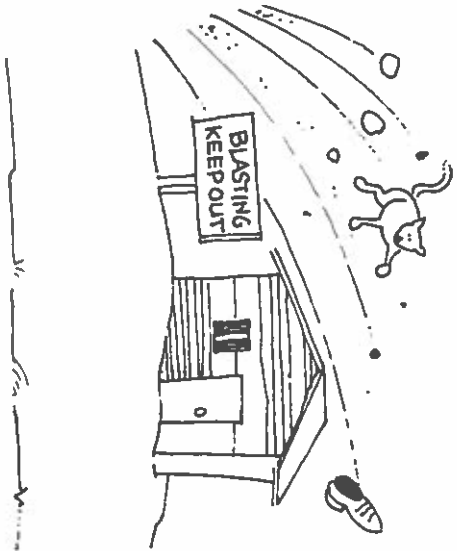
The blasting schedule for the month will be the same as above with the addition of the below area.

STA 18+400 - 18+500+/-, Mowat Twp. (rock cut approximately 1.2 km north of Pickerel River Rd.)

Any changes in the schedule will be emailed to HIFN leadership and/or posted in public areas in the community.

If you have any questions, please contact the AECOM site office at 705-857-5407 or Jennifer Ashawasegai, AECOM First Nation Liaison at 705-698-7356.

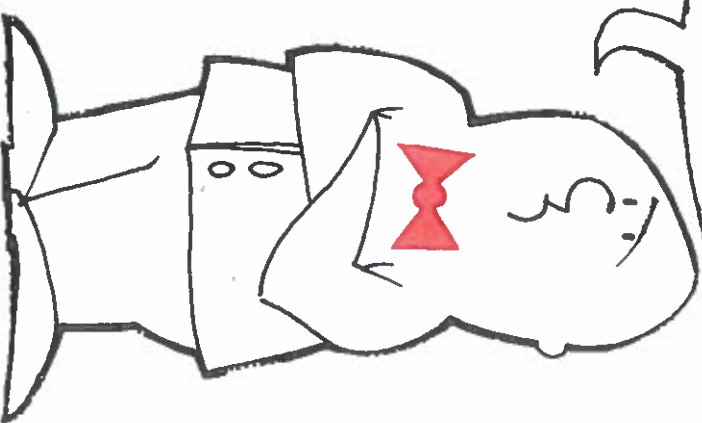
One final point — Just as you expect cooperation from the blaster, he is entitled to a cooperative attitude in return. To insure the safety of you and your family, please adhere to any instructions posted on signs around the project, mine or quarry.



We hope that we have answered most of your questions about blasting. We also hope that we have given you insight into the precautions taken to protect you, your family and your property. If you have additional questions, however, do not hesitate to direct them to supervisory personnel employed by the company involved. They will be happy to discuss them with you.

Blasting is a SCIENCE

Before You Do Any Blasting Around Here... I Have a Few Questions!



Compliments of
EXPLOTECH
Exploitech Engineering Ltd.
www.exploitech.com

58 Antares Drive
Unit 5
Nepean, Ontario
K2E 7W6
(613) 723-2494

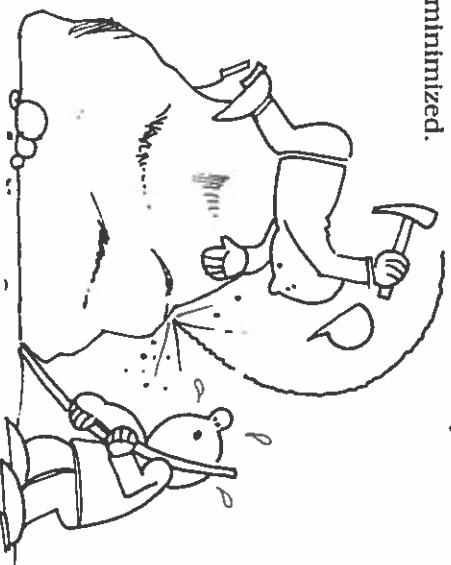
469 Bouchard St.
Suite 200
Sudbury, Ontario
P3E 2X8
(705) 522-0585

Text Courtesy of:
Phillip R. Berger & Associates, Inc.
Gensontics Inc., Warrenton, WA USA.
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Why do you have to blast the rock? Why can't you just dig it out with your equipment?

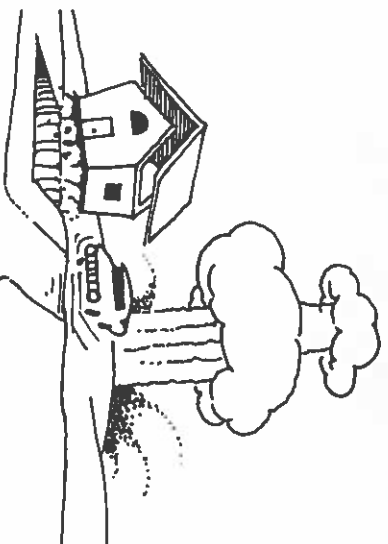
Blasting is generally the most cost effective method of breaking rock, regardless of whether it is for construction, mining or quarrying operations. This, in turn, helps to reduce your costs for building materials, utilities or any other product derived from rocks or minerals.

Lower costs to the contractor encourages business expansion and more jobs. Moreover, by improving the efficiency of the operation, the life of the project is shortened and inconvenience to you is minimized.



Well, if the contractor needs to blast near my property, what is going to prevent him from damaging my house and my well?

Depending upon the nature of the operation, Federal, Provincial or local governments may impose limits on the level of vibration and noise produced by blasting.



From a practical standpoint, however, most blasters prefer to "shoot" or blast so that the associated vibrations are at levels far below limits set or recommended by government agencies.

You see, it takes a large amount of energy to break rock, as you know if you have ever attempted to do so by hand. Energy in a blast which fails to contribute to rock breakage is dissipated in the form of vibration either travelling through the ground: or through the air (airblast). This represents wasted energy. With the high cost of explosives and blasting agents, it is to the blaster's advantage to utilize as much of the energy as possible in fragmentation, thereby minimizing both ground vibration and airblast.

What qualifies a person to become a blaster and is there anything they can do to control the level of ground vibration and noise?

Blasting is a specialized occupation which requires training in and knowledge of the storage, transportation, and field application of explosives and detonating

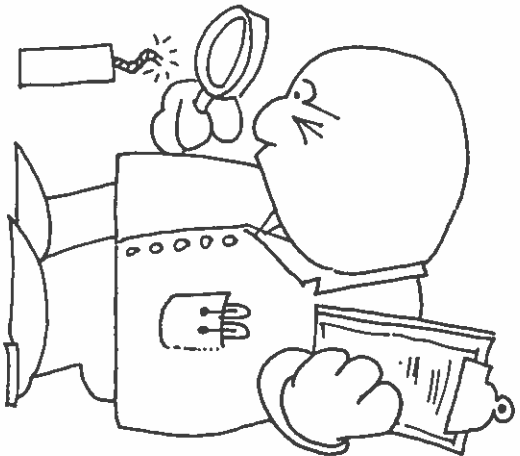
accessories. In many provinces and municipalities, blasters are required to be licensed, a process that requires classroom instructions, written exams and apprenticeship. It is during these training periods that blasters learn how to design blasts so as to control rock breakage, the distribution of fragmented rock, and the resulting ground vibration and airblast levels or sound pressure levels.

Vibration and noise levels are affected by a number of factors, many of which are under the control of the blaster. These include factors associated with the design of the blast, such as the size and depth of the holes, and the types of explosives utilized. Blasters must also contend with variables that are outside of their control including the weather, slope of the land, and certain geologic conditions.

Who's to say what levels of ground vibration and airblast are safe for my home, my well and the rest of my property?

Much research has been devoted to providing answers to this question since numerous factors concerned with blast design and possible effects from blasting must be considered.

Our own National Research Council and the U.S. Bureau of Mines has contributed a major part of the technical data on blast design, monitoring and control. Other agencies, institutions, corporations and individual investigators, both foreign and domestic, have contributed to the accumulated knowledge in this field of study.



Current legislated and recommended vibration limits result from this research. By adhering to these limits and by following safe blasting procedures, the blaster minimizes or eliminates risk to the surrounding area.

How can the vibration and airblast hitting my house be measured?

By knowing both the amount of explosives being detonated at any one instant and the distance between the blast and your house, experienced users of explosives can usually predict the amount of vibration and noise that will be produced on your property. However, sophisticated instruments called seismographs are often employed to measure accurately the ground motion and airblast/overpressure. The seismograph recordings are then analyzed by an independent consulting firm comprised of geologists, seismologists, physicists and/or mining engineers.

This procedure, although an expense to the contractor, provides him with an accurate representation of the effects caused by his blasting operation. These results allow the blaster to maintain effective blasting designs while minimizing any inconvenience to you.

How do I know that the seismograph is accurate?

Before a seismograph is approved for field work, it is thoroughly tested and its accuracy is verified by the supplier. Furthermore, before recording a blast, the seismograph operator performs a simple test which reveals any instrumental problems.

Should discrepancies appear during the analysis of the records, the consulting company immediately notifies the blaster and/or contractor so that the instrument can be rechecked. If the instrument is found to be operating incorrectly, it is replaced and the original instrument is repaired.

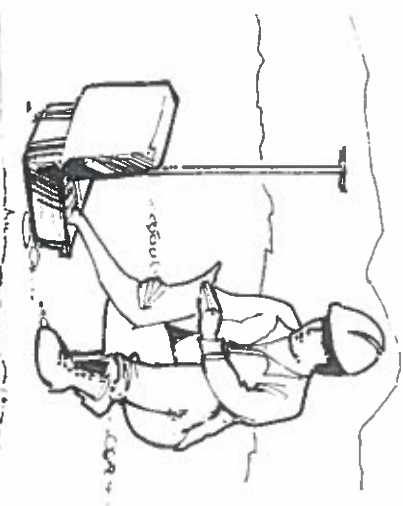


This emphasis on instrumental accuracy is important to the user. It makes little sense for a blaster to go to the expense of recording a blast in order to satisfy governmental regulations or

recommendations if the validity and accuracy of the seismic recording could be questioned.

But what if the blaster only comes to my house to record the smallest blasts?

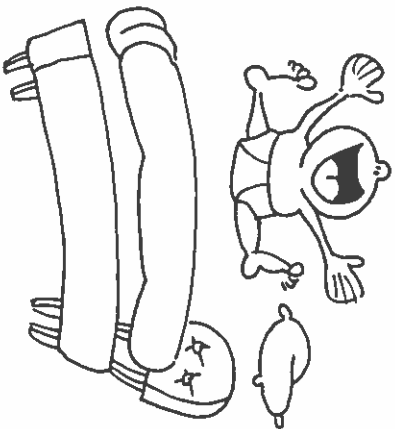
Since an operator records his blasts to protect himself, it follows that he will be most concerned about recording both the largest blasts and those blasts closest to residential areas. However, for the blaster to record each building near a blast is both impractical and unnecessary.



Most blasters are required by law and/or their insurance company to keep accurate logs for each blast detonated. The analyzed seismic recordings are subsequently attached to these data sheets, and together they can be used by a consulting firm to predict vibration levels at locations other than those where the recordings were taken. Thus, regardless of whether or not a seismograph was operating on your property at the time of the blast, you can be assured that information regarding vibrations on your property are available to the blaster.

Does all this mean that I won't hear or feel the blasting?

Not! If blasting is occurring near your home, you can expect to feel some vibration and perhaps hear some noise. However, the vibration levels are normally lower and no more dangerous than those caused by the slamming of a door or by the frolicking of children running and jumping around the house. Experience has shown that a seismograph set up in a home will usually record higher vibration levels from activity in that home than from blasting operations in the vicinity.



Understandably, however, you may well be concerned about the blasting for a number of reasons: 1) If you fail to hear a warning signal, you may be startled by the vibration and noise; 2) because the human body feels very low levels of motion, you may feel vibration in the floor if you are standing or in a chair if you are seated; 3) on occasion, the airblast may rattle windows and doors. The important point is that people are more sensitive to blasting vibration than are their homes.

Therefore, though we do not deny that you may hear or feel a blast, its suddenness coupled with your sensitivity to vibrating floors, walls and windows, will make the blast seem worse than it really is.

Is there anything that I can do to reduce the effects of blasting on my house and on my family?

In our experience, the start of blasting activities in a new area often generates much concern by the public, primarily due to a lack of awareness about the extensive precautions normally taken both to protect property and to reduce inconvenience. We believe that your concern can be minimized by informing yourself about what is going on.

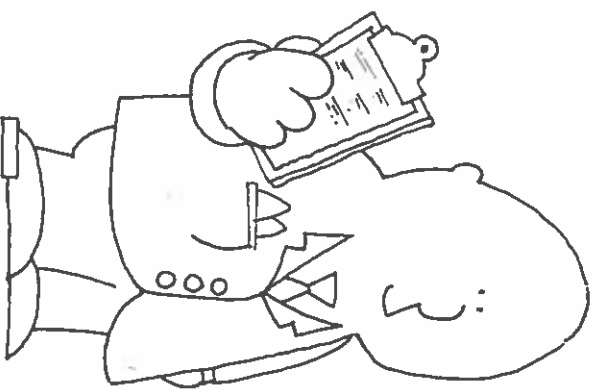
Our specific recommendations include:

1. Learning something about the scope of the blasting by reading this or similar material and by questioning those involved with the project. Generally, they will be glad to answer any questions which you may have.
2. So that you will not be startled by the blasts, learn what the blasting schedule is and/or what warning whistles or sirens will be used.
3. Since vibration or airblast may rattle dishes and disturb pictures, results similar to those from a sonic boom or nearby thunderclap, make sure that pictures are securely hung, that dishes are stored flat and that glassware is well away from shelf edges.

Is there anything else I should know?

In some instances, homeowners living near a new mine, construction project or quarry will be given an opportunity to have their home inspected before blasting starts. These inspections are generally offered as a courtesy by the company doing the blasting.

The inspections are usually performed by an independent company. They consist of detailed descriptions of the conditions observed by the inspector. This may be done verbally with a tape recorder, by written documentation, by photographs, or by a combination of these methods. Should you be contacted by an inspector, we would highly recommend that you take advantage of this service. We suggest, however, that you ask for some form of identification before giving an inspector access to your home.





Henvey Inlet First Nation Pow Wow
Committee is pleased to announce
the winner of the

Freezer & Meat Certificate Raffle

Kendall Pawis
Of Shawanaga First Nation
Ticket No. 297

Draw date May 27, 2017 @ 3:30 pm
at our 2017 Loonie Auction .



RIGHT TO PLAY
WHEN CHILDREN PLAY, THE WORLD WINS.



CAR WASH FUNDRAISER

Friday, June 9th 11am-2pm



Health Centre Parking Lot

Each car wash is by donation (minimum \$6 per car)

Youth from the Right to Play Youth Leadership Program are fundraising to go TreeTop Trekking in Barrie at the beginning of July.

Come support our youth!

Henvey Inlet

First Nation's Day Baseball Game

June 21st at 2:00 at the ball field

This is family event so anyone 5+ can play

Youth under 12 need to be accompanied by an adult



**Please sign up on the baseball sign-up sheet
posted at the band office by June 19th**

**You don't need a team just put your name down if you
want to play or come cheer on your family, friends and
community members!!!!**

**This event will be hosted by Youth from the Right to
Play Youth Leadership Program**

Any questions call Angele Dubois at 705-918-1590

Please bring a glove if you have one.

Henvey Inlet First Nation

14th Annual Traditional Pow Wow

June 10/11 2017

Acknowledging all we protect

Our land , our water , our people

"Mother earth isn't a resource of life, it's a source of life !! "

'Chief Arvol Lookinghorse'

HOST DRUM BIG TRAIN CO HOST THUNDERBOYZ

Master of Ceremonies - Chris Pheasant

Head dancers Craig Fox and Gmewin Migwans

Arena director - aka 'stick man ' Robert Stoneypoint

COMMITTEE'S

HAND DRUM CONTEST

1st \$ 300 , 2nd \$200 , 3rd \$ 100

Remember to sign up !!



SPECIALS :

Famous potato dance/
MC's choice /spot dances

GRAND ENTRY- SATURDAY @ 12pm & SUNDAY @ 1pm

COMMUNITY FEAST @ 5pm (Saturday)

ALL DRUMS, DANCERS, ARTISANS, VENDORS ARE WELCOME, PLEASE REGISTER YOUR VENDOR AND DRUMS, ONLY THE FIRST 8 REGISTERED DRUMS WILL RECEIVE HONORARIUMS 5 or more per drum group THANK YOU, CHI—MEEG !!!

CONTACT : coordinator KIMBERLY MCQUABBIE kmcquabbie@gmail.com , contact our administrative building @ 705-857-2331, visit our facebook page 2017 henvey pow wow

WE ARE LOCATED 45MINS HIGHWAY 69 SOUTH OF SUDBURY AND ONE HOUR NORTH OF PARRY SOUND WATCH FOR SIGNS -PICKEREL RIVER TURN—CAMPING IS AVAILABLE!

THIS IS A DRUG AND ALCOHOL FREE EVENT !!

VOLUNTEERS NEEDED!!!!

The Pow Wow Committee is looking for Volunteers to help out with Setting up Arbor tents and other little duties as required through out the Pow Wow!

If you're a high school student and need hours to graduate sign up to volunteer! There will also be an incentive to the people who volunteer their time!

Sign up Sheet is available at the Administration building!!!



Shuttle Bus to Pow Wow

**The Rec. Van will be doing pick up in
Bekanon for our Annual Pow Wow!**

Saturday June 10, 2017

**Pick up in Bekanon starts at 10:30am and
drop off at 6:30pm**

Sunday June 11, 2017

**Pick up in Bekanon starts at 10:30am and
drop off at 6:30pm**

Hope to see you there!!!

Important information for
Community Members
who wish to have a
vendor at the Pow Wow.

The Pow Wow Committee does not provide tables and chairs! If you wish to have a vendor be prepared to bring AND set up your own tables and chairs.

Miigwetch!



TREATY ANNUITY PAYMENTS

HENVEY INLET FIRST NATION

Wednesday, August 23, 2017

1:30 p.m. to 3:00 p.m.

Health Centre

REMINDER

- **Bring your status card or other ID for yourself**
- **Must have ID for children and your spouse**
- **No third party pickups**
- **Third party notes are not accepted**

Millie Pawis

From: HydroOne.InterruptionNotification@HydroOne.com
Sent: Wednesday, May 24, 2017 1:51 PM
Subject: Planned Interruption on Sun Jun 11 2017

Hydro One reminds all members of the public to always stay clear of downed power lines or equipment. Never assume they are safe to approach.

Please be advised that there will be a planned distribution power outage for the following:

Interruption Information

Sun Jun 11 2017 from 8:00:00 AM until 10:00:00 AM (2 hrs), 3078 Customers
ORMS ID: (5037536)

Area Information

Zones: 6 Northeast

Operating Centre(s): SUDBURY

Affected Towns or Townships: SCOLLARD, DELAMERE, BIGWOOD, HENVEY INLET
FN, MARTLAND, MOWAT, COSBY, MASON, KILLARNEY, HADDO, HENVEY, CHERRIMAN, WEST
NIPISSING, HOSKIN, SERVOS, COX, DOKIS 9FN, LOUDON

[Power Outage Viewer](#)

This notification is specific to identify SCOLLARD, DELAMERE, BIGWOOD, HENVEY INLET
FN, MARTLAND, MOWAT, COSBY, MASON, KILLARNEY, HADDO, HENVEY, CHERRIMAN, WEST
NIPISSING, HOSKIN, SERVOS, COX, DOKIS 9FN, LOUDON properties. If an interruption at these sites
significantly impacts your production facilities, please contact us at your earliest convenience to state any
concerns you may have. 1-888-664-9376

Hydro One apologizes for any inconvenience.

Address	Meter #
940 MAIN ST ; LOT 34013 CONC 2156 TWN DOKIS 9FN MAP 20H2	J3281325
943 MAIN ST ; LOT 1R CONC 9 TWN DOKIS 9FN MAP 120H2	J3547125
80 LOOP ST ; LOT * CONC * TWN DOKIS 9FN MAP 120H3	J2915276
200 SUBDIVISION RD ; LOT * CONC * TWN DOKIS 9FN MAP *	J3654227
108 SUBDIVISION RD ; LOT 33594 CONC 2595 TWN DOKIS 9FN MAP 20H2	J2921923
15A LOOP ST ; LOT 34376 CONC 2595 TWN DOKIS 9FN MAP 20H3	J2915465
15B LOOP ST ; LOT 34376 CONC 2595 TWN DOKIS 9FN MAP 20H3	J3561094
129 SUBDIVISION RD ; LOT * CONC * TWN DOKIS 9FN MAP 120H2	J2998091

Address	Meter #
792 MAIN ST ; LOT * CONC * TWN DOKIS 9FN MAP *	J2915205
963 MAIN ST ; LOT * CONC * TWN DOKIS 9FN MAP *	J2921105
930 MAIN ST ; LOT 32468 CONC 2156 TWN DOKIS 9FN MAP *	J2915155
778 MAIN ST ; LOT 32727 CONC 2156 TWN DOKIS 9FN MAP 20H3	J3199336
190 SUBDIVISION RD ; LOT * CONC * TWN DOKIS 9FN MAP 20H2	J2915269
0 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP *	J3646472
761 PICKEREL RIVER RD ; LOT * CONC * TWN MOWAT MAP *	J2669334
0000 PICKL IR ST ; LOT * CONC * TWN HENVEY INLET FN MAP *	J3384294
1038 PICKEREL-RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP *	J3484000
25 WEST RD ; LOT * CONC * TWN HENVEY INLET FN MAP *	J2773228
281 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP 25111	J3346175
368 PICKEREL RIVER RD ; LOT 0 CONC 13 TWN HENVEY INLET FN MAP 25111	J3234872
1221 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY MAP 25122	J3212774
15 WEST RD ; LOT * CONC * TWN HENVEY INLET FN MAP *	J3221918
295 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP 25111	J3195548
433 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP 25111	J3382573
1234 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY MAP 25122	J3222997
136 SUB RD ; LOT * CONC * TWN HENVEY INLET FN MAP *	J3382464
CONCESSION 13; LOT 0 CONC 13 TWN HENVEY INLET FN MAP *	J3316265
CONCESSION 13; LOT 0 CONC 13 TWN HENVEY INLET FN MAP *	J3184226
354 PICKEREL RIVER RD ; LOT 26 CONC 21 TWN HENVEY INLET FN MAP 25111	J3183654
334 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP 25111	J3234197
1234 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY MAP 25122	J3198393
354 PICKEREL RIVER RD ; LOT * CONC * TWN HENVEY INLET FN MAP *	J3647853

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Canadian Mental Health Association - Muskoka-Parry Sound

B'SAANIBAMAADSIWIN

Aboriginal Mental Health Program



Client Information and Services Include:

Referral and Advocacy

Intake and Screening

Counselling

Crisis Intervention Prevention

Concurrent Disorder Programs

Facilitation of groups based on Identified Needs and Interest

Henvey First Nation Mental Health Clinic Days are now on Thursdays.

If you require services,

Please contact B'saanibamaadsiwin at 705 746-2512

to schedule an appointment or contact

Henvey First Nation Healing Centre at 705 857-1221 to schedule an appointment.

Meeqwetch-Thank you.

Aboriginal Mental Health Worker—Louise Spence-Mohamed

April 18, 2017

DibAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

JUNE 13, 2017—Henvey Inlet Community Outreach

Unemployed? Looking for Options? Are you a member of one of these First Nations?

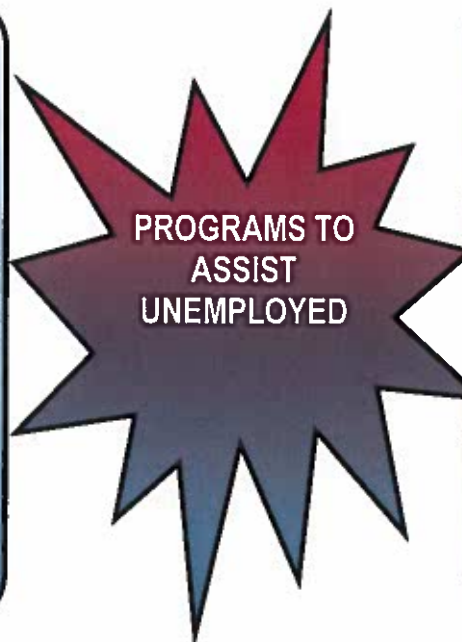
- *Henvey Inlet First Nation*
- *Magnetawan First Nation*
- *Shawanaga First Nation*
- *Wasauksing First Nation*
- *Dokis First Nation*
- *Wahnapiatae First Nation*
- *Temagami First Nation*

Sandra Martin will be available to meet with you in your community.

WHERE	DATE & TIME
Henvey—Health Centre	Tuesday, JUN. 13/17 9:00—10:15am

Purchase of Training:

- For full-time programs (20+hours/week)
- Must obtain diploma within 52 weeks
- If eligible, funding may be available for tuition, books/supplies, transportation, dependent care, and living allowance



Apprenticeship:

- Wage Subsidies available for Registered Apprentices
- Purchase of Training for In Classroom Offer of Training

Wage Subsidies:

50% of wage for full-time jobs

Mobility:

Assistance to attend job interview

Relocation:

Assistance to relocate for a full-time job

Employment Support:

Up to \$250 to start a full-time job

Self Employment Information
Administer Second Careers



ONTARIO WORKS SCHEDULE

MONDAY TO THURSDAY

8:30 a.m. to 2:30 p.m.

Tuesday, June 6th
office)

North Bay (not in

EMPLOYMENT ASSISTANCE

EVERY MONTH WINNIE WILL BE BACK TO CONTINUE

WITH THE MEDICINE WHEEL TEACHINGS!

BIRTHING OF DRUM IS ON FRIDAY, JUNE 16TH 10 A.M.



FOOD BANK CLOSED

UNTIL FRIDAY, SEPTEMBER 15TH

**THE NEXT THREE MONTHS WILL BE DEDICATED TO
FUNDRAISING ACTIVITIES**

- YARD SALE ON SATURDAY, JUNE 10TH
- 9 A.M. @ 314 PICKEREL RIVER ROAD

COMMUNITY NOTICE

**MAY 19TH
WAS THE LAST DAY OF
FOOD DISTRIBUTION
FROM THE FOOD BANK.**

**THE NEXT THREE MONTHS
WILL BE DEDICATED TO
FUNDRAISING ACTIVITIES.**

**IT WILL START UP AGAIN
SEPTEMBER 15TH, 2017.**





CATERER REQUIRED

BIRTHING OF DRUM CEREMONY

Requirement: Food Handlers Certificate

Please submit your costs for service fee, food for 40 people and mileage and attention to: Ontario Works

By Friday, June 9th @ 12 noon

**For a traditional feast on Friday, June 16th @ 12 noon
at the Wagamake Learning Ctr.**

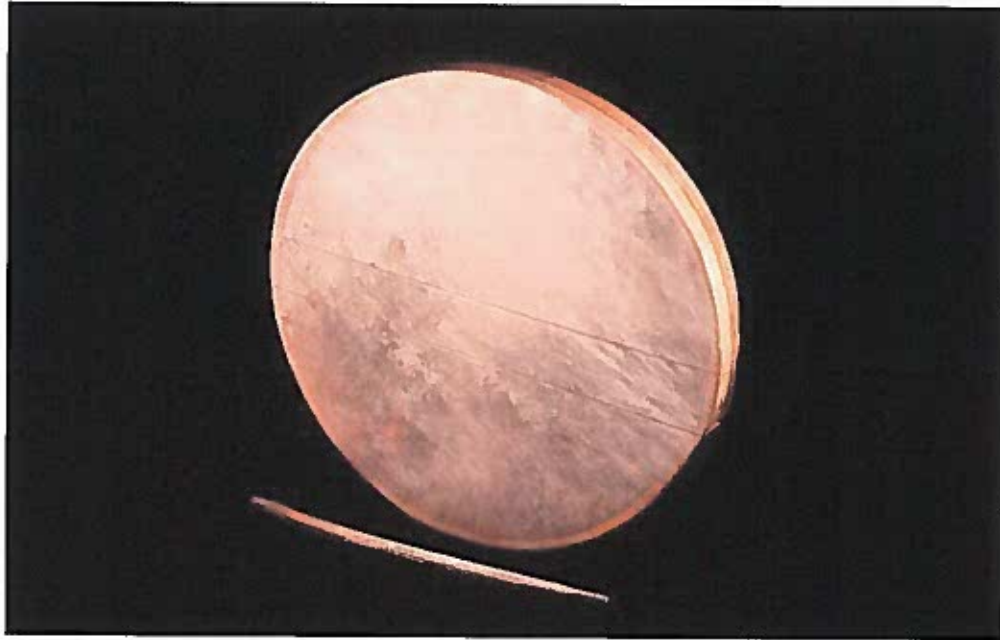
Caterer will be responsible for the following:

Refreshments and snacks 9:30 a.m.

Coffee, tea, juice, muffins, bowl of fruit

- **Fish, beef stew**
- **Corn on the cob**
- **Wild Rice, mashed potatoes**
- **Scone**
- **Assortment of berries (not frozen)**
- **Cranberry juice, bottled water**
- **Cups, utensils, plates, bowls & napkins**
- **AND Clean-up of food afterwards & bring garbage bags to bin outside.**
- **Important!! Food must be prepared in a non-smoking environment!**

Birthing Ceremony for the Drums



Date: Friday, June 16th, 2017

Time: 10:00 a.m.

Where: Learning Centre

A feast will follow ceremony

You may bring food to share in honor of your drum

Miigwetch



**French River First Nation & Aboriginal Advisory Committee
proceeds support heritage and cultural programs and events**

- 1st. prize Hand Quilted Blanket
- 2nd prize \$500 value Gas Card within Ontario
- 3rd prize \$500 value Gas Card within Ontario

**TO BE DRAWN AUGUST 9TH, 2017 AT 2:00 p.m.
EARLY BIRD DRAW JULY 8 - \$100 Gas Card
License M753803 restricted to 18 years and older
\$2 per ticket**



French River First Nation & Aboriginal Advisory Committee proceeds to support heritage programs

1st. prize Traditional Ribbon Dress

2nd. prize Traditional Birch Bark Hat

DRAW DATE: July 31st, 2017

License M753804 must be 18 years or older. \$1 per ticket.





MANY THANKS/CHI MIIGWETCH!!

THE HIFN POWWOW COMMITTEE would like to acknowledge & thank the following
Individuals, who donated their time & energy to our
LOONIE "LIVE" AUCTION FUNDRAISER
held on Saturday, May 27th, 2017

Special thanks to our dedicated Volunteers who worked hard to help make our day a successful one☺

Auctioneer: Brenda Contin

Cashiers: Millie Pawis, Tom Bursma.

Registration: Grace Contin

Runners: April Panamick, Zara Contin, Lisa Contin, & Deidre Contin

Food: Dorothy Contin/Food Bank Coordinator

Set-up: Brenda Contin, Regean Plourde, Millie Pawis, Randy Naveau, Greg
Newton, & Jonathon Contin

Clean-up: Annette Cristo, Regean Plourde, & Brenda Contin

Handyman: Regean Plourde

Congrats to Kevin Contin, winner of the door prize.

And finally...to everyone who came out to support our fundraiser you played a key role in our success...AND LAST
BUT NOT LEAST...TO ALL THOSE STAFF, COMMUNITY MEMBERS, AND HIFN OFFICES WHO DONATED
AN ITEM OR DENOMINATION OF \$...WE THANK YOU!

Congratulations to all the Winners.

****All proceeds (\$11,602.00) will go towards the Henvey Inlet First Nation 2017 Annual Inter-
tribal PowWow****

BRENDA CONTIN 2017 Coordinator

2017 PowWow Committee Members:

Lim McQuabbie, Chief Wayne McQuabbie, Councillor Pat Brennan



**HIFN ABORIGINAL DAY CELEBRATION AGENDA
WEDNESDAY, JUNE 21, 2017**

- 11:30** **BEKANON & KEY RIVER PICK-UP**
- 12:00 PM** **BBQ**
HEALTH CENTRE/OUTSIDE
- 12:30-4:30** **CRAFTS**
FIREHALL
- 1:00PM** **HORSESHOE GAMES**
BY COMMUNITY PLAYGROUND AREA
- 1:00 PM** **BOUNCY INFLATABLES/SNO CONES/POPCORN/COTTON CANDY**
BY COMMUNITY PLAYGROUND AREA
- 2:00 PM** **COMMUNITY BASEBALL**
BASEBALL FIELD
- 5:00 PM** **COMMUNITY FEAST**
FIREHALL
- 6:00 PM** **SEVEN GRANDFATHERS TEACHINGS AWARD CEREMONY**
FIREHALL
- 7-9 PM** **PRIZE BINGO**
FIREHALL
- 9:00 PM** **GIVE-A-WAY**
FIREHALL
- 9:45PM** **BUS DEPARTURE FROM FIREHALL TO**
LANDING
- 10:00 PM** **FIREWORKS**
THE POINT
- 10:30 PM** **BUS DEPARTURE FROM THE LANDING TO**
PICKEREL RIVER ROAD, SUB ROAD, BEKANON & KEY RIVER

CATERER REQUIRED JUNE 21ST
ABORIGINAL DAY NOON BBQ

Requirement: Food Handlers Certificate

Please submit your costs for service fee, food for 80 people and mileage. Attention to: Luana McQuabbie,
Aboriginal Day Event Coordinator

by Wednesday, June 14th @ 4:30.

The BBQ will take place outside the Health Centre @ 12 noon.

Caterer will be responsible for the following menu items:

- Sausages, Hamburgers, Hotdogs
- Corn on the cob
- Potato Salad
- Macaroni Salad
- Watermelon
- Juice, bottled water, pop, coffee, tea
- Condiments
- Cups, utensils, plates, bowls & napkins

Caterer will also be responsible for the clean-up of food & garbage after BBQ. All garbage must be placed in Bin outside Health Centre.

Important! Food must be prepared in a non-smoking environment!

CATERER REQUIRED JUNE 21ST
ABORIGINAL DAY FEAST

Requirement: Food Handlers Certificate

Please submit your costs for service fee, food for 150 people and mileage. Attention to: Luana McQuabbie,
Aboriginal Day Event Coordinator
by Wednesday, June 14th @ 4:30.

The Feast will take place inside the Firehall @ 5pm.

Caterer will be responsible for the following menu items:

- Fish, sliced lemon
- Corn Soup
- Wild Rice Casserole
- Summer Salad, dressing
- Berries (not frozen), whipped cream
- Juice, bottled water, pop, coffee, tea
- Aboriginal Day Cake & Ice Cream
- Cups, utensils, plates, bowls & napkins, salt, pepper

Caterer will also be responsible for clean-up of food & garbage after feast. All garbage must be placed in Bin outside Band Administration Office.

Important! Food must be prepared in a non-smoking environment!

HENVEY INLET FIRST NATION

Date: JUNE 21, 2017

ABORIGINAL DAY FESTIVITIES

4 ARTISAN INSTRUCTORS NEEDED



PLEASE SUBMIT YOUR INTEREST LETTER, CRAFT IDEA (PICTURE OR CRAFT SAMPLE) AND DETAILED MATERIAL & SUPPLY LIST BY JUNE 14TH. ONLY FOUR INSTRUCTORS WILL BE SELECTED TO TEACH A CRAFT ON ABORIGINAL DAY. THE CRAFT ITEM MUST BE COMPLETED WITHIN THE ALLOWED TIME GIVEN OF 3.5—4 HOURS. INSTRUCTORS WILL RECEIVE \$75.00 AN HOUR BASED ON A FOUR HOUR PERIOD.

ABORIGINAL DAY EVENT COORDINATOR: LUANA MCQUABBIE

CRAFTS IN THE FIREHALL

- ◆ 12:30-4:30 PM
- ◆ OPEN TO ALL AGES

HENVEY INLET FIRST NATION HEALTH CENTRE
354-A PICKEREL RIVER ROAD
PICKEREL, ON
P0G1J0

Phone: 705 8571 221 EXT 227

Fax: 705 857-0730

E-mail: luana.mcquabbie@henveymedicalcentre.com

COMMUNITY WELLNESS PROGRAM COMMUNITY WELLNESS PROGRAM



This program is designed to deliver primarily client and participant-based services to Aboriginal individuals, families and children. The priority focus of programming is related to reducing family violence.



COMMUNITY WELLNESS PROGRAM



We do not heal the past by dwelling there; we heal the past by living fully in the present.

JUNE 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 IN OFFICE A.M.	2 REGALIA MAKING	3
4	5 REGALIA MAKING	6 REGALIA MAKING DRUMMING W/ROD	7 REGALIA MAKING	8 REGALIA MAKING	9 OUT OF OFFICE	10 HIFN POWWOW
11 HIFN POWWOW	12 BAND COUNCIL MEETING 1PM	13 ABORIGINAL DAY PREPARATIONS	14 PROGRAM SHOPPING	15 ELDERS LUNCH KILLARNEY	16 ABORIGINAL DAY PREPARATIONS	17
18 FATHER'S DAY	19 ABORIGINAL DAY PREPARATIONS	20 ABORIGINAL DAY PREPARATIONS	21 HIFN CELEBRATION NATIONAL ABORIGINAL DAY HOLIDAY	22 OUT OF OFFICE	23 OUT OF OFFICE	24
25	26 IN OFFICE	27 IN OFFICE	28 STRAWBERRY PICKING/BARRIE	29 OUT OF OFFICE	30 OUT OF OFFICE	

REGALIA MAKING

JUNE 2, 5, 6, 7 & 8 2017
@ THE FIREHALL



MONDAY – THURSDAY 9:00 – 4:30

FRIDAY 9:00 A.M. – 12:00 NOON

PARTICIPANT INFORMATION ABOUT THE PROGRAM

Open to individuals who have pre-registered by April 18th to take classes.
Many classes will be offered to allow enough time to finish your regalia before
June 10 & 11 PowWow.

A light lunch will be offered on Mondays.

A light healthy breakfast will be offered on Fridays.



For More Information Contact:
CWW Luana McQuabbie

TUESDAY EVENING

DRUMMING/SINGING WITH RODNEY STANGER

JUNE 6, 2017



HENVEY INLET FIRST NATION HEALTH CENTRE

BOARDROOM

6:00 – 8:00 PM

BROUGHT TO YOU BY THE FAMILY WELL BEING PROGRAM

FOR MORE INFO CONTACT CWW LUANA MCQUABBIE @ 705 857-1221 Ext 227



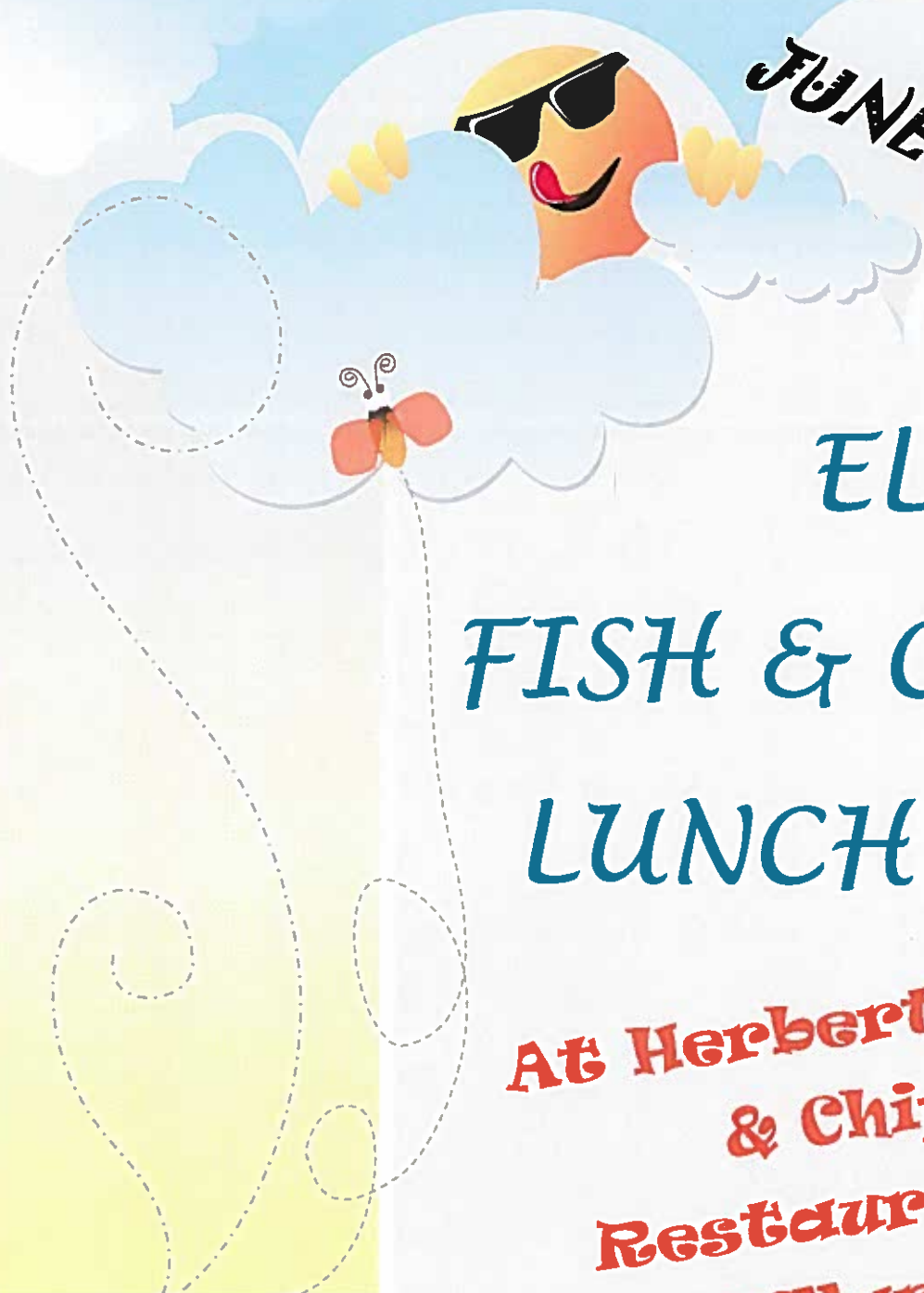
RODNEY STANGER

I'm writing this letter to show my support for the upcoming drumming program for the community of Henvey First Nation. The work I'll be doing will be teaching drumming, songs and the teaching behind them, learning the Ojibway language, and other cultural related topics. I also promote being drug and alcohol free and healthy living, that is a must in being involved in this drumming program. I try to give them their native identity back and being proud of their native culture again. I believe the drum and songs help with healing, trauma, and self-identity. I've been working with members of Henvey with drumming and other cultural related tasks since 2015. I'm hoping to keep the momentum from last year going, seeing that there is much to learn and requires more than a one year commitment. I'm also looking forward to putting on a hand drum workshop so that community members can have a drum of their own for their personal bundles. Drumming and learning my culture has helped me in my life and I'm hoping it will do the same for others.

To share a little history of myself, I've been singing since the age of 13 years old. I sing with a Grammy award winning drum group name "Midnite Express". Our group was featured on a 2011 Gathering of Nations CD that won a Grammy, which I'm very proud of. I've also won 2 Canadian Aboriginal People's Choice awards as well. These days since 2013 I work for the Near North school board, teaching Jr kindergarten through to grade 12 the ways of the drum and native culture and the importance of staying drug and alcohol free.

FOR MORE INFO PLEASE CONTACT
CWW LUANA MCQUABBIE

JUNE 15, 2017



ELDERS FISH & CHIPS LUNCH TRIP

**At Herbert's Fish
& Chips
Restaurant in
Killarney**



To sign up please contact the Health Centre no later than Friday, June 9 at 12:00 Noon.

We will be leaving the community at 10 a.m.

For more info contact CWV Luana McQuabbie.

STRAWBERRY PICKING in BARRIE

WEDNESDAY, JUNE 28, 2017



OPEN TO ALL AGES ☺

Children must be accompanied by an adult.

PLEASE SIGN UP BY JUNE 23rd @ 12pm

We will be leaving the community by
8:30 a.m.

CWW LUANA MCQUABBIE

NCFW KERRI CAMPBELL



Seven Grandfathers Teachings 2017 Awards

Last Call for Nominations

This is an open invitation to everyone.

Nominations are now being accepted for individuals who have made a positive contribution to our community.

Nominators are encouraged to nominate an individual who have demonstrated qualities of one or more of the Seven Grandfathers Teachings. Awards will be handed out at this year's Aboriginal Day Celebrations on June 21st.

Nominations can be submitted into one of the two ballot boxes located at the Health Centre or Band Administration Office. The deadline for submissions is Friday, June 9th at 12 Noon.

Each recipient will receive an Award and \$75.00 in cash.

For further information please contact
CWW Luana McQuabbie at the Health Centre.

Teachings of the Seven Grandfathers

By Dominic Eshkakogan

We have to take care of the earth or we will not have a home. We all share in this responsibility. The key word here is "responsibility." We need to make sure that the earth will always be here for future generations. Each morning let us remember to greet our grandmothers and grandfathers, whose spirits are in the many glories that surround us. They taught us, as they had been taught by their elders, how to take care of the earth.

We are straying away from the teachings given to us. Our young people do not pray and give thanksgiving. Our priorities are all messed up. We need to know the teachings of our grandmothers and grandfathers to give us direction and balance. Our leaders are young; they also need to listen and learn. We need their participation.

To take care of the earth and the community of life we need to remember the teachings of the First Elder, who has handed on the gifts of knowledge that he received from the **Seven Grandfathers** when he was just a boy. Each grandfather gave him a great gift. One gave him the gift of Wisdom, and he learned to use that wisdom for his people. Another gave him the gift of Love so that he would love his brother and sister and share with them. The third offered the gift of Respect, so that the First Elder would respect everyone, all human persons and all the things that are created. Bravery was the next gift, bravery to do things even in the most difficult times. One grandfather gave the boy Honesty so that he would be honest in every action and provide good feelings in his heart. One grandfather gave the boy Humility, to teach the boy to know that was equal to everyone else, no better or no less, just the same as anybody else. The last gift that he received was Truth. The **Grandfathers** told him, "Be true in everything that you do. Be true to yourself and true to your fellow man. Always speak the truth."

They told him, "Each of these teachings must be used with the rest; you cannot have wisdom without love, respect, bravery, honesty, humility and truth. You cannot be honest if you use only one of two of these, or if you leave out one. And to leave out one is to embrace the opposite of what that teaching is."

If each one of the seven gifts is not used together with the others, we cannot function. Today we should live by these seven teachings even though we need to work hard to embrace them. Sometimes it is hard to respect someone who has hurt you. If we don't practice honesty, we cheat. If we don't practise truth, we will lie. We must go back to the knowledge that the **Seven Grandfathers** taught the First Elder, who passed the teachings on to other generations.

And we must teach our children when they are young to value the medicines and healing practices of their grandmothers and grandfathers, and to appreciate the role of the medicine people and the ceremonies that were held at various times of the year. All these teachings will give us direction and balance.

The teachings of the Medicine Wheel are important, too. The circle of the Medicine Wheel represents harmony with nature and with all of our relatives. The earth turns in a circle, and the birds make their nest in circles: the Anishnabe dance in a circle, and the four seasons of life, childhood, youth, middle age and elderhood from the circle of life. The circle of the Wheel stands for the sun and the moon, and for all round things in Creation. It should remind us that we may do nothing that may harm the children, for they are the ones who much care for Mother Earth tomorrow, and for the generations to come. Each of us is responsible for taking care of the children and of Mother Earth; each of us is responsible for taking care of the children and of Mother Earth; each of us is responsible for teaching others to do the same.

COMMUNITY
HEALTH NURSING
PROGRAM



June 2017

Brenda CONTIN, C.H.N.
Henvey Inlet Community Health Nursing Program

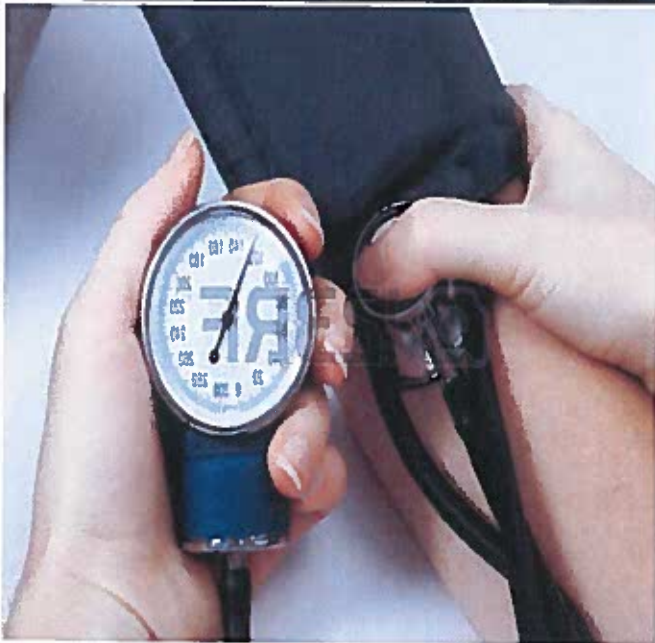
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 FINANCE	2 OFFICE	
	5 OFFICE	6 HOME VISITS	7 T.O.: R.H.T. MTG.	8 T.O.: A.H.A.C. CONFERENCE	9 SUDZ: Program Shopping	
	12 OFFICE/BAND COUNCIL @ 1 PM	13 Child Wellbeing Steer- ing Comm 10 am B/P & B.S. CLINIC	14 OFFICE	15 SUDZ: SKHC BOARD MTG.	16 SUDZ: PROGRAM SHOPPING	
	19 LUNCH N LEARN	20 INTERVIEW WITH INVEST'T CANDIDATES	21 *OFFICES CLOSED F.N. DAY	22 OFFICE	23 NOT IN OFFICE FOR PROGRAM COOKING ON 06/16	
	26 NOT IN OFFICE: MED. APPT.	27 FINANCE	28 OFFICE	29 HOME VISITS/ BRITT POW WOW	30 OFFICE	

B/P & Blood Sugar

Screening Clinic

Date: June 13, 2017

Time: 9:00 am—3:00 pm



Location: Health Centre

No sign-up necessary!
Up to 3 individuals
who visit the CHN to
have their B/P and B.S.
checked will be eligible
to win a bag of perishables,
such as fruit/
vegetables, eggs, bread,
and healthy treats.

CONTACT: Brenda Contin,
CHN

LUNCH N LEARN

Location: Henvey Inlet Firehall

11:30 –1:00 pm

June 19, 2017

Diabetes Bingo

Please call Darcy for sign-up!!

**You must be present at program
by 11:45 or your name will be
bumped by next person on waiting
list...**

You must be 18 years of age and over to play!!

Ticks and Lyme Disease

Health Canada – FNIHBB
Ontario Region



YOUR HEALTH AND SAFETY... OUR PRIORITY.

Lyme Disease

- Lyme Disease is caused by the bacterium *Borrelia burgdorferi*.
- This bacterium normally resides in small mammals such as mice.
- It can be passed to humans when ticks first feed on an infected mouse and then feed on a human.
- Not all ticks are capable of spreading the bacteria that can cause Lyme Disease in humans.
- In Ontario the tick that is responsible is called the Blacklegged Tick, or Deer Tick.



What Are Ticks?

- Belong to group of arthropods called “arachnids”
 - spiders, mites & scorpions
- External parasites that blood-feed on
 - mammals, birds and reptiles
- Small, no wings, can’t jump
- 3 distinct life stages:
 - Larva (6-legged)
 - Nymph (8-legged)
 - Adult (8-legged)
- Spread of disease to humans and animals
 - 899 species worldwide

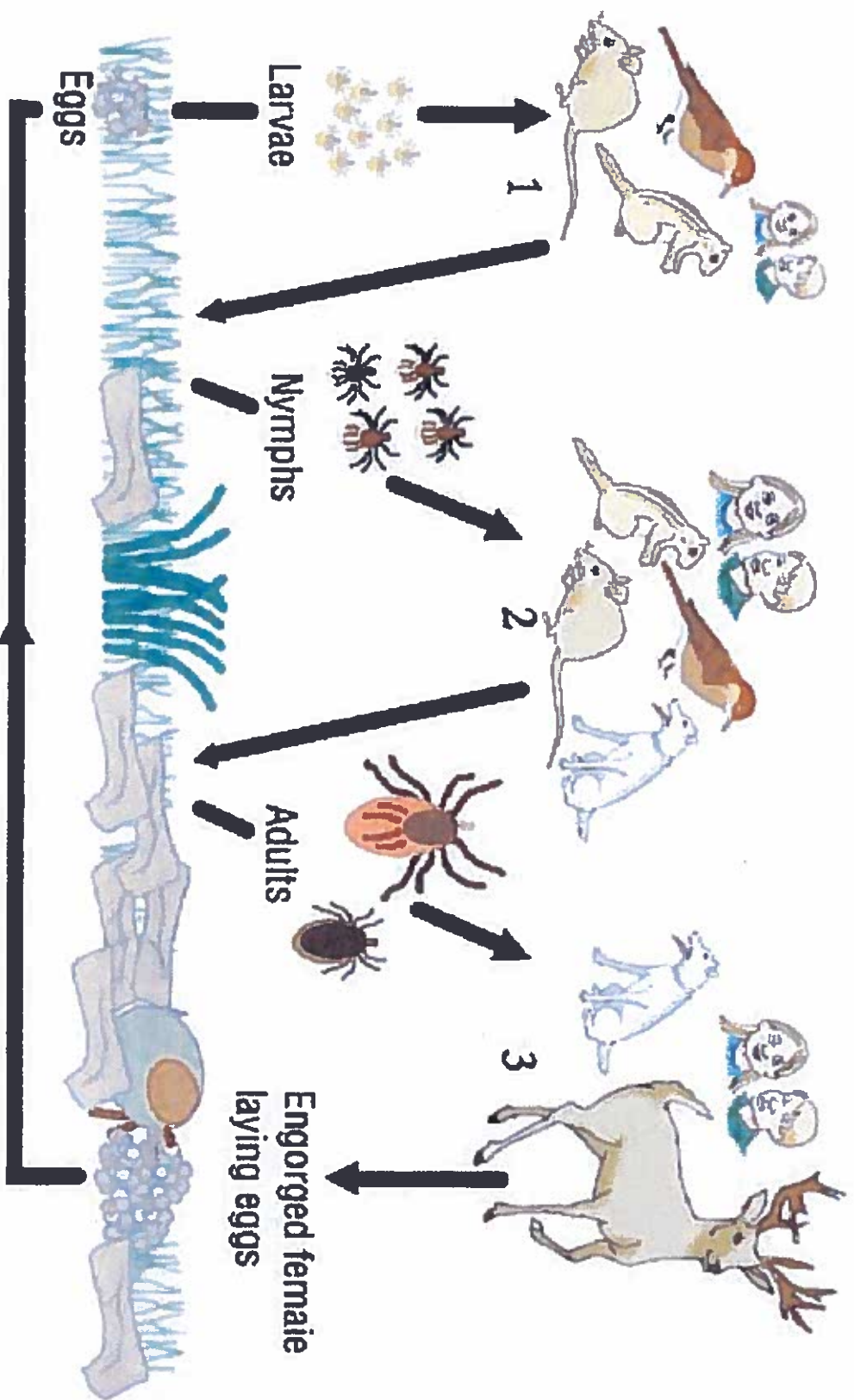


Little Hitchhikers

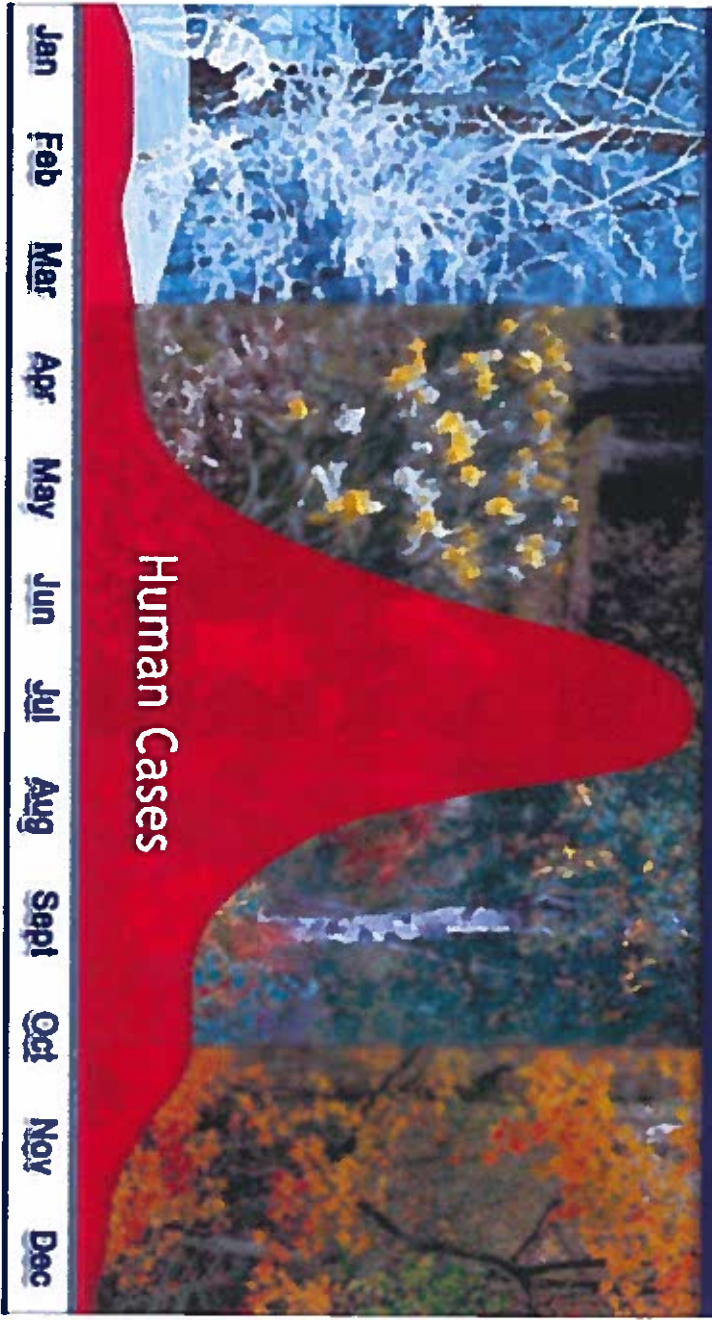
- Climb up grasses or other vegetation to highest point using tiny pincer-like claws
- Reach out & wait for host to pass by
- Attracted to a host's CO₂, heat, & vibrations
- Grasp or drop onto passing host



Blacklegged Tick Lifestage Feeding



Seasonal Pattern Of Lyme Disease Cases



Human Cases

Jan Feb Mar Apr May Jun Jul Aug Sept Oct Nov Dec



Adult Deer Tick
Abundant October to May



Nymphal Deer Tick
Abundant May to Late July



Larval Deer Tick
Abundant August to October



Adult Deer Tick
Abundant October to May

Seasonal Activity of Deer Tick Life Stages

Tick Biology: Mechanics of Blood-Feeding

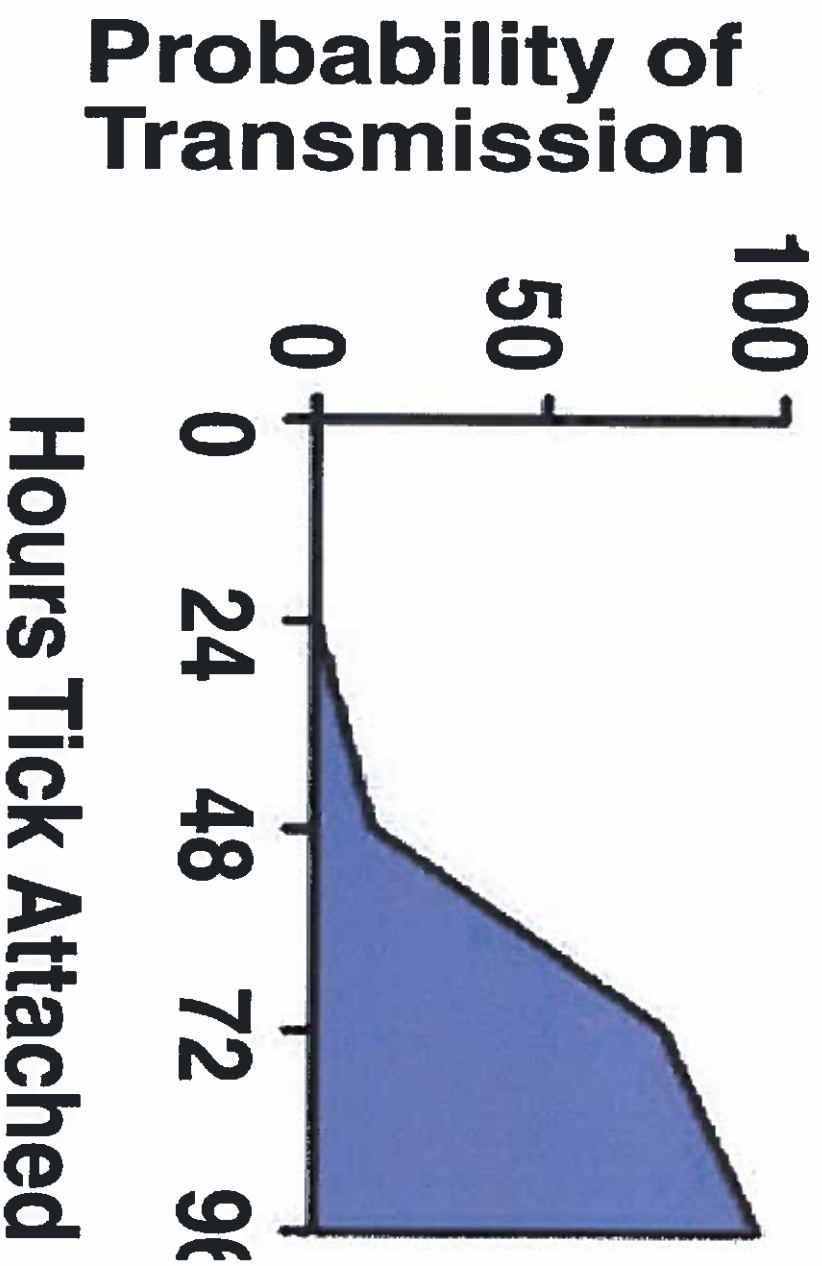
How does the tick become attached?

1. Tick places mouthparts against host skin
2. Scrapes the skin, digs a hole & anchors itself to skin
3. Tick pulls itself forward and pushes mouthparts into skin
4. Continues this process until mouthparts are totally buried into skin
~12 hours
5. Once secure, blood-feeding follows

What does the tick spit into you?

1. Saliva
2. Anesthetic - prevents host from feeling bite/tossing off tick
3. Vasodilators - increases bloodflow
4. Immunomodulatory molecules – helps control host immune activity

Lyme Disease Transmission: Tick Attachment Time



Longer tick is attached
= higher risk of Lyme
bacterium transmission

Thorough body checks
after potential exposure
is important

Remove ticks promptly!

How to properly remove a tick

Most ticks do not carry diseases and most tick bites do not cause serious health problems, however it is important to remove a tick as soon as you find it. Removing the tick completely may help to prevent diseases such as Lyme disease that the tick may pass on during feeding, or a skin infection at the bite site.

When you return home from areas where ticks might live, carefully examine your skin and scalp for ticks. It is also important to check your pets as well.

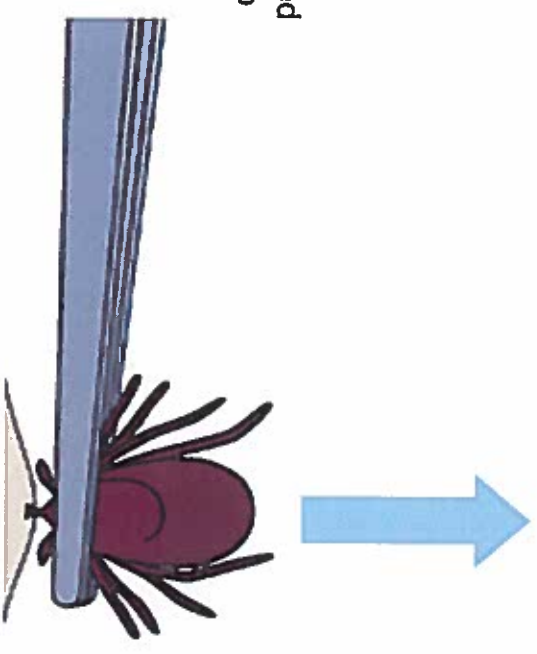
How to remove a tick

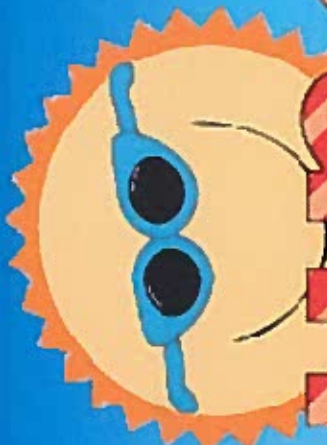
1. Use fine-tipped tweezers to remove a tick.
2. Firmly grasp the tick as close to your skin as possible.
3. With a steady motion pull the tick's body away from your skin.
Note: Do not twist or "unscrew" the tick. This may separate the tick's head from its body and leave parts of its mouth in your skin.
4. Put the tick or ticks in a small sealed plastic container (not glass) with a moistened piece of paper towelling and send it to the address listed below. Note: Remember to fill out the **Tick Submission Form** and include it in the package with the tick.
5. Once the tick has been removed wash bite site with soap and warm water.

What to avoid

Do not try to smother a tick that is stuck to your skin with petroleum jelly, nail polish, gasoline, or rubbing alcohol. Do not burn the tick while it is stuck to your skin. Smothering or burning a tick could make it release infected fluid into your body and increase your chance of infection.

Trudy Stanfield
Health Canada – FNIHB
PO Box 42
Brantford, ON N3T 5M3
Tel: (519) 751-6512
Fax: (519) 751-6517
Trudy.Stanfield@hc-sc.gc.ca





SUMMER



NICENIA & CHIE





Henvey Inlet First Nation Health Centre

"Healthy Babies Healthy Children
For A Healthy Future"

3544 Pickernel River Road
Pickernel ON P0G 1J0

Phone: 705-857-1221

Toll Free: 1-866-252-3330



Fax: 705-857-0730

E-mail:

kara.hor.knass@henveymedicalcentre.com

JUNE 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 PROGRAM PREP FOR 2 WKSHPS	6 DREAM CATCHERS WITH CRYSTAL 10AM Family Game Night 4:00pm	7 IN OFFICE	8 IN OFFICE	9 IN OFFICE	10
11	12 IN OFFICE	13 STEERING COMMITTEE MEETING YOUTH CRAFT NIGHT	14 STAFF WORKSHOP	15 IN OFFICE	16 IN OFFICE	17
18	19 WELLBABY CLINIC IN OFFICE	20 ORGANIC DOG BONE WKSHIP BRITT PS GRAD	21 	22 IN OFFICE	23 IN OFFICE	24
25 	26 PROGRAM PREP	27 DIY CRAFT	28 PROGRAM PREP	29 PARENTING WKSHIP AGE APPROPRIATE CHORES 10AM	30 IN OFFICE	



**Henvey Inlet Health
Centre**

354-A Pickernel River Rd.
Pickernel, ON
POB 110

Phone: 705)957-1221 or 866-252-3330
Fax (705) 857-0730
Email: kerrl.campbell@henveymedicalcentre.com

CHILD & FAMILY PROGRAM JUNE 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-----	-----	-----	-----	-----	-----	-----

1 In Office
2
3



4	5 Parry Sound Britt Home Visits In Office	6 Dream Catcher's With Crystal Family Game Night	7 Out Of Office	8 Family Court	9 NCFST Meeting Program Prep	10
11	12 Program Prep 2 Workshops	13 Steering Com- mittee Meeting Youth Craft Night	14 Staff Workshop	15 Steering Com- mittee Meeting Nip FN	16 Out Of Office	17
18 Father's Day	19 Program Prep	20 Organic Dog Bone 9:30 am	21 National Abo- riginal Day	22 In Office	23 Sudbury	24
25	26 Family Court Program Prep	27 DIY Craft	28 Strawberry Picking	29 Parenting Pro- gram	30	



COMMUNITY HEALTH EDUCATOR

Phone: 705-857-1221

Fax: 705-857-0730

E-mail: kara.harkness@henveymedicalcentre.com

HENVEY INLET HEALTH CENTRE

WELL BABY CLINIC

TO THOSE IN THE COMMUNITY THAT MAY BE PREGNANT OR HAVE INFANTS UNDER THE AGE OF 1, PLEASE COME IN TO SEE ME EVERY SECOND MONDAY* OF THE MONTH FROM 9:00AM-11:00AM TO HAVE YOUR WELL BABY ASSESSMENT DONE!!!

ASSESSMENT INCLUDES:

- WEIGHT AND BLOOD PRESSURE MONITORING OF MOM
- WEIGHT AND HEIGHT MONITORING OF INFANTS
- DEVELOPMENT SCREENING
- IMMUNIZATION OVERVIEWS
- TAKE HOME RESOURCES

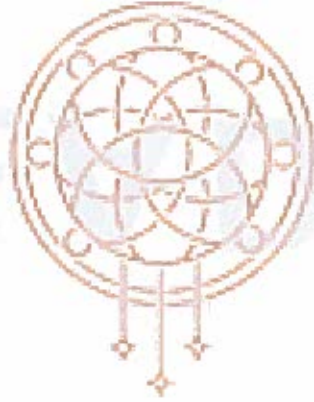


JUNE 2017						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- IF THE MONDAY IS A HOLIDAY, THEN THE WELL BABY CLINIC WILL BE HELD ON THE NEXT BUSINESS DAY
- DATES MAY BE SUBJECT TO CHANGE, PLEASE REFER TO CALENDAR LOCATED AT THE BOTTOM RIGHT



BEADED



**DREAM
CATCHER**

WORKSHOP

WITH

CRYSTAL DELESKIE

TUES. JUNE 6, 2017

9:30AM



SPACE IS LIMITED TO THE FIRST 6 BAND MEMBERS TO SIGN UP!!!

PLEASE CALL THE HEALTH CENTRE TO HAVE YOUR NAME ADDED!!!



TUESDAY JUNE 6, 2017

4:00-6:00PM

AT THE

HEALTH CENTRE

CHILDREN

AGES 8+

**PARENTS MUST
ACCOMPANY**

**THEIR
CHILDREN!!!**

CHILDREN

AGES 8+

SPACE IS LIMITED TO THE FIRST 10 PARTICIPANTS TO SIGN UP!!!

CONTACT DARCY AT THE HEALTH CENTRE TO ADD YOUR NAME!!!



Henvey Inlet First Nation Health Centre

"Healthy Babies Healthy
Children For A Healthy Future"

▶ YOUTH CRAFT NIGHT



© bnpdesignstudio * www.ClipartOf.com/230329

IF YOU ARE BETWEEN THE
AGES OF

8-13 YEARS OLD,

PLEASE JOIN KERRI AND KARA
FOR A FUNFILLED CRAFT NIGHT
ON

TUESDAY JUNE 13, 2017

BEGINNING AT 4:00PM AT THE HEALTH CENTRE!!!

**DINNER WILL BE PROVIDED TO THOSE WHO
PARTICIPATE!!!**

CALL TO SIGN UP AS SPACE IS LIMITED!!!

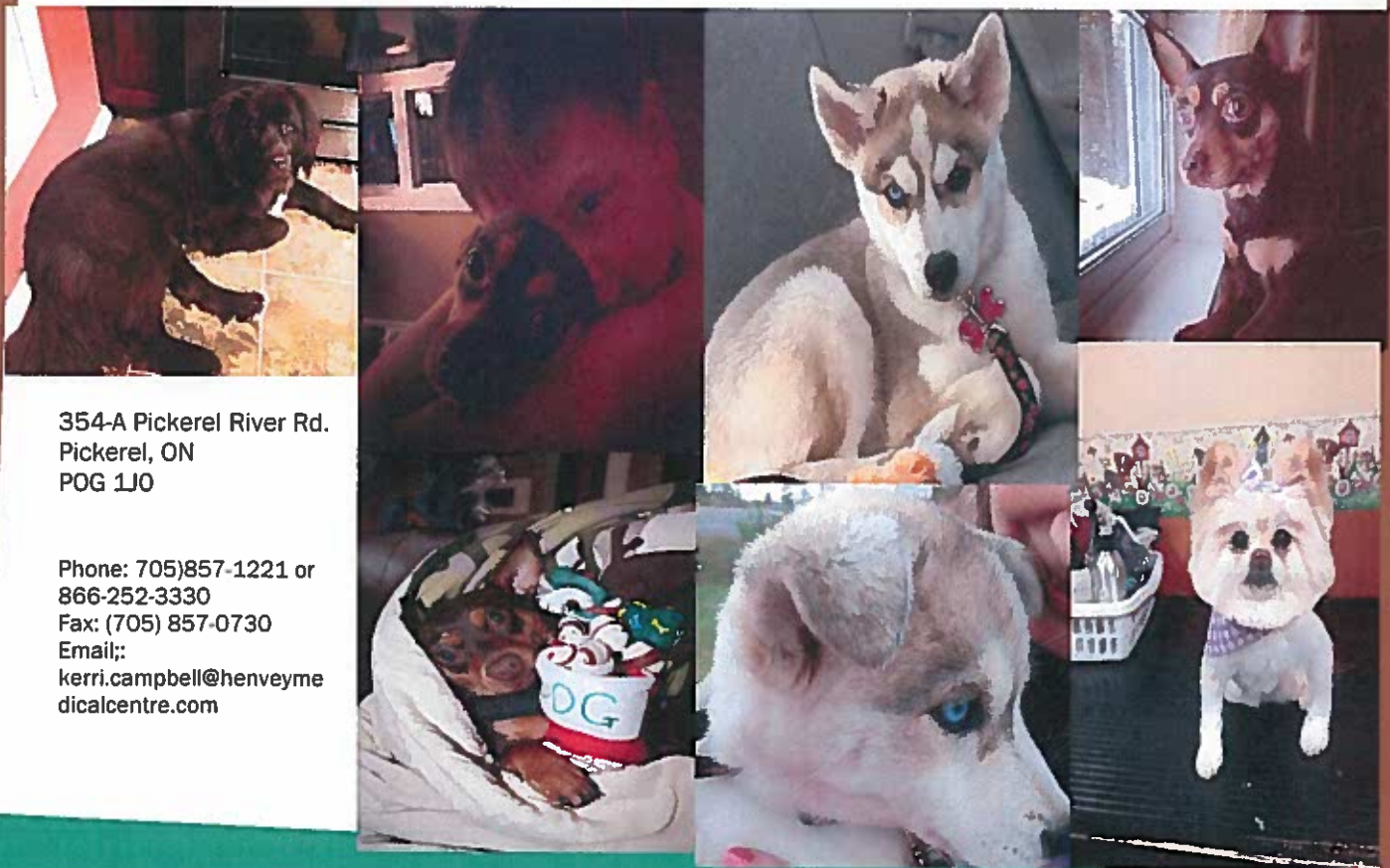


CALL DARCY AT 705-857-1221 TO SIGN UP!!!

ORGANIC DOG BONE WORKSHOP

Please join us Tuesday, June 20 at the Health Centre at 9:30 am to make your Furr-Baby some Organic Dog Treats.

Please call or come in to sign up as Space is Limited!



354-A Pickerel River Rd.
Pickerel, ON
POG 1J0

Phone: 705)857-1221 or
866-252-3330
Fax: (705) 857-0730
Email:
kerri.campbell@henveyme
dicalcentre.com



Craft

TUESDAY JUNE 27, 2017

AT 9:30AM

AT THE

HEALTH CENTRE

SPACE IS LIMITED TO THE FIRST 6 TO CALL IN!!!

CONTACT DARCY TO SIGN UP!!!





PARENTING WORKSHOP

THURS. JUNE 29, 2017

10:00 AM

PLEASE CALL TO SIGN UP AS SPACE IS LIMITED!!!! CALL DARCY AT 705-857-1221!!!

**Guess who's
Back!!**

Massage Therapist Ann MacDonald



Limited spots available! So call to book
as spots fill up fast.

Ann will be back in the community on
two separate dates!

Thursday June 8, 2017

±

Thursday June 15, 2017

Henvey Inlet First Nation Health
Centre

354A Pickerel River Road
Pickerel, ON
PoG 1J0

Phone: 705-857-1221
Toll Free: 1-866-252-3330
Fax: 705-857-0730

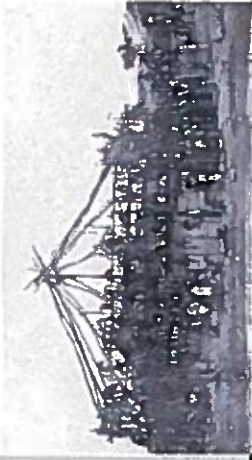


Please contact Darcy @ Health Centre
to book an appointment.



Louise Ashawasegai

NNADAP



June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Office	2 Office	3
4	5 Office	6 Office	7 Home visit	8 Art	9 Office	10
	12 Jake Pine	13 Jake Pine	14 Stirring	15 Art	16 Office	17
18	19 Cleaning	20 Cleaning	21 Sundance	22 Sundance	23 Sundance	24 Sundance
25 Sundance	26 Office	27 Office	28 Office	29 Art	30 Office	



**Henvey Inlet
Health Centre**



Henvey Inlet First Nation Health Centre

Traditional Healer – Jake Pine

Jake Pine will be at the HIFN Health Centre on

Monday June 12, 2017

and

Tuesday June 13, 2017

Please Call Darcy at Henvey Inlet First Nation
Health Centre to Book an appointment.

Please Remember to bring tobacco



Henvey Inlet First Nation Health Centre

354 A Pickerel River Road

Pickerel, ON

PoG 1 J0

Phone: (705)857-1221

Toll Free: 1-866-252-3330

Fax:(705)857-0730



We are located 45 minutes South of Sudbury off highway 69 and 1 hour North of Parry Sound.

If more directions are needed please feel free to call!

DALAI LAMA

He said, "There are only two days in the year that nothing can be done. One is called *yesterday* and the other is called *tomorrow*, so today is the right day to love, believe, do and mostly live."

 You can ^{start fresh}  Wipe the SLATE ^{CLEAN}
& BEGIN again.

TODAY YOU CAN **EMBRACE** kindness 

Practice **COMPASSION**

 **STAND UP** for **JUSTICE**

talk To Strangers 

ASK FOR HELP * **offer HOPE**

Listen with your whole heart

WORK for THE COMMON GOOD **LOVE WELL.**

^{You can}  **BE THE CHANGE**
you wish to see in the world 

BREAKING: Third compliance order issued by Human Rights Commission on Jordan's Principle

- News Home
- More from Windspeaker News

Friday, May 26th, 2017 1:46pm



"It is vital that the Prime Minister personally intervene to ensure INAC and Health Canada fully comply with Jordan's Principle." – Dr. Cindy Blackstock

The Canadian Human Rights Tribunal has today May 26 issued a third compliance order finding Canada's approach to Jordan's Principle to be unlawful and discriminatory.

In a decision , the tribunal concludes that little has changed

**Wind
speaker**

Inform - Impact - Inspire

**REPORTER
REQUIRED**

**Open houses
In Ignace**

The Canadian Nuclear Safety Commission (CNSC) will hold two open houses on May 31, 2017 in Ignace, Ontario. We will explain our role and early involvement in the Adaptive Phased Management initiative, a proposed deep geological repository for used nuclear fuel.

Find out more >

Canadian Nuclear Safety Commission Commission canadienne de sûreté nucléaire

**Alberta
Energy
Regulator**

The Alberta Energy Regulator is seeking a

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government in 2009-2012, resulting in unnecessary and unlawful bureaucratic delays, gaps and denial of essential public services to First Nations children.

Despite frequent good-will statements by the Ministers of Health Canada and Indigenous and Northern Affairs Canada ("INAC"), the tribunal found that the federal government has failed to comply with even the simplest part of the January 2016 decision, which ordered Canada to immediately adopt a broad definition of Jordan's Principle.

"It is vital that the Prime Minister personally intervene to ensure INAC and Health Canada fully comply with Jordan's Principle. Today's ruling includes evidence from the Tribunal hearing that shows the deaths of at least two children are related to Canada's non-compliance. It should not take four Tribunal orders and counting to get Canada to treat First Nations children lawfully and equitably," said Dr. Cindy Blackstock, executive director of the Caring Society.

In the words of the Tribunal, "the definition of Jordan's Principle adopted by Canada was a calculated, analyzed and informed policy choice based on financial impacts and potential risks rather than on the needs or the best interests of First Nations children, which Jordan's Principle is meant to protect and should be the goal of Canada's programming" (para. 55). The Tribunal notes that even the urgent request of the Wapakeka First Nation, which demonstrated the existence of a suicide pact within the community, was not addressed in a timely manner and two children died by suicide.

"The ruling says simply and clearly that all First Nations children deserve to be treated fairly," said National Chief Perry Bellegarde of the Assembly of First Nations. "The Canadian Human Rights Tribunal has echoed what the AFN has been saying since we first filed this complaint more than

Follow @windspeakernews



**Séances portes
ouvertes à Ignace**

La Commission canadienne de sûreté nucléaire (CCSN) tiendra deux séances portes ouvertes le 31 mai 2017 à Ignace (Ontario) pour expliquer son rôle dans les premières étapes du plan de gestion adaptative progressive, soit un projet de stockage de combustible nucléaire utilisé dans des formations géologiques profondes.

Pour en savoir plus >

 Commission canadienne de sûreté nucléaire / Canadian Nuclear Safety Commission 

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Professor Sébastien Grammond, one of the lawyers representing the Caring Society, adds, "This is a remarkable decision for First Nations children. Given Canada's lack of compliance with previous orders in this case, the Tribunal had to adopt a proactive approach and be very specific as to what Canada needs to do to implement Jordan's Principle."

We will bring you more on this story when we have it.

- [Tweet](#)
- [Recommend 345](#) [Share](#)

More from Windspeaker News



First Nation walks for Tammy Keeash and invites community to join them in Thunder Bay

The group has launched a Facebook page called Mamow-Wetun Keem Towin - Working Together.

HIFN Daycare
Newsletter June 2017

The air is like a butterfly
With frail blue wings.
The happy earth looks at the sky
And sings.

June has arrived and with it the blackflies, more rain than needed, cooler weather than usual, but still happy June is here! Along with June it is time to ask parents to renew their children application forms for the summer program. Please stop by and pick up your package: there are new forms for the different age groups. We are also required to have parents fill out daily information sheets for their children also. All of these are requirements of the licensing. In this month newsletter I will be putting in the first section of the revised HIFN Daycare Policies and Procedures. Please read and if you have any questions; contact the Charlene Ashawasegai Daycare Program Supervisor at 705-857-0957. Please POST THE CALENDER so you know what the topics for the month. **We will also be starting our fundraising for the Daycare Trip in August 2017 for the Children who attend the program.** Our topics for the month of June are as follows:

June 5 – 9, 2017:	Topic: Natures Crafts
June 12 – 16, 2017:	Topic: Father's Day
June 19 – 23, 2017:	Topic: Medicine Wheel
June 26 – 30, 2017:	Topic: Pretzel Week

So please remember to stop by and pick up the registration packages for your children.

Thank you

C. Ashawasegai

Charlene Ashawasegai
Daycare Program Supervisor

June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Charlene Holiday #2 JUNE 12-16/2017	Carrie Holiday June 19-26, 2017			1 Rock	2 Painting	3
4	5 	6 Topic	7 Nature	8 Crafts	9 Professional Development Day	10
11	12 STM	13 Topic	14 Father's	15 Day	16 	17
18 HAPPY FATHER'S DAY! 	19 	20 Topic	21 	22 Medicine	23 Wheels	24
25	26 STM	27 Topic:	28 Pretzel	29 Week	30 	

Henvey Inlet First Nation Daycare POLICY MANUAL

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SECTION ONE - Safety Policies

Please find attached the following sample policies. Please change to reflect HIFN Daycare centre.

- Emergency Evacuation Template
- Lock Down Policy & Procedure
- Fire Safety Policy & Procedure
- Emergency Telephone Numbers

Please note the following:

- Ensure staff responsibilities are clearly outlined and children are familiar with evacuation procedures.
- Each room occupied by children requires a specific procedure applicable to any time of the day.
- Ensure monthly drills are conducted; (minimum), drills can be conducted on different days and times during the day. All drills records are dated back 12 months.
- Approval of Fire Safety Policy by Fire Chief is a requirement.
- Ensure parents are aware of the designated place of shelter upon admission.
- Ensure emergency telephone numbers are posted at all phones.
- If your program use tikinagans for children's rest period, please have a policy approved by the Fire Chief.

If you have any questions please do not hesitate to call.

Charlene

Charlene Ashawasegai, RECE
HIFN Daycare Program Supervisor
Phone: 705-857-0957
Fax: 705-857-0730
Email: hifndaycare07@hotmail.com

FIRE SAFETY POLICY

Ontario Regulation 137/15

68(1) Every licensee shall ensure that in respect of each child care centre it operates,

(a) a written procedure approved by the local fire chief is established with respect to the duties of each member of the staff of the child care centre in the event of a fire;

(b) each staff member is instructed as to his or her responsibilities in the event of a fire before commencing work for the first time;

(c) the written procedure referred to in clause (a) is posted in a conspicuous place in each room in the child care centre that is used for the care of children;

(d) fire drills are conducted in accordance with subsection (2);

(e) a written record is kept of all fire drills, all tests of the fire alarm system and all tests of fire protection equipment and that each record is kept for at least 12 months from the date of the drill or test; and

(f) there is a designated place of shelter in the event the child care centre must be evacuated due to an emergency.

(2) For the purposes of clause (1) (d), the following rules apply:

1. A fire drill shall be conducted in respect of every child care centre, except a child care centre described in paragraph 2, at least once a month in accordance with Ontario Regulation 213/07 (Fire Code) made under the *Fire Protection and Prevention Act, 1997*.

2. A total evacuation fire drill shall be conducted in respect of every child care centre or part of every child care centre that is operated in a school and that provides services only to children who are pupils of a school board, including a third party program operated under section 259 of the *Education Act*, in accordance with Ontario Regulation 213/07,

i. at least three times during each fall and spring term the school is in operation, and

ii. at least three times or at least once a month, whichever is less, during the summer term the program is in operation.

Special Instructions

Child care centres and licensees must also comply with the Ontario Fire Code, made under the *Fire Protection and Prevention Act, 1997*.

Each municipality may impose further restrictions related to fire safety. It is recommended that licensees check with the local fire department for additional information.

FIRE DRILL PROCEDURE

Staff/children will participate in a surprise fire drill on a monthly basis (weekly if staff / children are new to the program until they are familiar with the procedures);

- An alternate exit route will be introduced as soon as the children are able to respond promptly and correctly to the fire drill signal;
- Drills will include evacuation from all areas including the sleep rooms although not a sleep time;
- Practices will be held on different days of the week and at different hours of the day;
- Designates will initiate monthly fire drills and record results in the Fire Drill Record form.

Before and After School Programs in Schools

During the fall and spring terms (as determined by the local school board), the (*insert name of program*) will hold at least three fire drills during each term;

During the summer term (as determined by the local school board), the (*insert name of program*) will hold at least three fire drills during the term or at least once a month, whichever is less; Designates will initiate fire drills and record results in the Fire Drill Record form.

***The Fire Code provisions for child care centres, relating to the proportion of flammable materials allowed to cover wall space and non-flammable waste receptacles, do not apply. However, the Fire Code provisions for schools do apply.**

In the event of a FIRE

- All staff have been instructed as to their responsibilities in the event of a fire prior to staff commencing employment.
- All staff and parents are aware of the location of the emergency shelter.
- Staff and children are required to follow procedures for fire drills/fire as outlined.

Christmas, Birthdays and Special Days

Staff plan for potential emergency evacuation on occasions when large groups are present for parties and other special programs. Staff are encouraged to also consider the following:

- Use flameproof paper decorations and artificial Christmas trees.
- Use only approved low voltage electric light decorations and provides adult supervision whenever the lights are in use.
- Do not use extension cords in areas that may be used as pathways for emergency exit. Unless approved, open flames (i.e., candles) cannot be used.
- Make certain that any flammable material, such as paper wrappings and paper napkins, are removed promptly.

Neighbourhood and Region-Wide Evacuation

The centre's procedures for contained emergencies are followed in a neighbourhood or region-wide evacuation unless the supervisor receives direction either directly or indirectly through local authorities, such as the police or fire department. The supervisor must then alert the staff and prepare them to follow the evacuation instructions. The staff are responsible for supervising any other children who may be delegated to their temporary care during such an event.

EMERGENCY / FIRE PROCEDURE

IN CASE OF FIRE:

The person who discovers a fire will:

- Assist anyone in immediate danger;
- Try to isolate any burning area by closing the door;
- Sound the alarm; and then
- Telephone the fire department (*the number is clearly posted beside the telephone*).

Staff Duties

- Directing children to safety outside once they are in line, with one adult leading, other adults placed throughout the line and one adult at the end.
- Providing additional support to children with special needs, as required.
- Turning off stoves or other such appliances.
- Retrieving medication.
- Retrieving the emergency information and current attendance record. Check the number of children against the attendance record. If parents arrive before the attendance is taken, they must wait for attendance to be completed before the child is released to their care. Maintaining an up-to-date record is essential.
- Searching the premises, if safe to do so, including washroom areas, closets and other hiding places for children, to ensure that all persons have left the building.
- Closing all doors and ensuring that the building is locked after everyone has vacated it.
- If necessary, ordering and supervising evacuation to the designated place of shelter until parents are notified and arrive.

UPON HEARING FIRE ALARM:

- Leave building via nearest exit

Room ____ Exit via _____ Door (To _____)
Designated meeting place

Room ____ Exit via _____ Door (To _____)
Designated meeting place

- Close doors behind you.

*Building Layout Map with routes highlighted available.

STAFF RESPONSIBILITIES:

All Program Staff: Escort children outside in a calm and orderly fashion;

_____ (A.M. Staff) **CALL** _____, then, close windows, doors collect attendance and emergency information.

_____ (P.M. Staff) **CALL** _____, then, close windows, doors collect attendance and emergency information.

Kitchen/Housekeeping Staff:

- Retrieve medication.
- Search the premises, if safe to do so, including washroom areas, closets and other hiding places for children, to ensure that all persons have left the building.
- Close all doors and ensure the building is locked after everyone has vacated it.

Supervisor (or designate): Ensure all rooms are empty and doors / windows are closed. Bring emergency blankets, footwear, etc. in case of evacuation. Ensure all children/staff are safe and accounted for outside. Ensure building is safe prior to re-entry.

Emergency Shelter Location: HIFN Health Center 354A Pickerel River Road**IN GENERAL, STAFF ARE ADVISED TO:**

- Know where the alarm pull stations and exits are located;
- Call _____ Fire Services immediately whenever you require assistance;
- Dial _____ for _____ Fire Services;
- Know the correct building address and phone number.

AVOID FIRE HAZARDS IN THE BUILDING...

- Not putting burning materials or chemicals in the garbage cans;
- Avoid unsafe cooking practices;
- Do not install greater than 20% combustible artwork on walls;
- Do not use unsafe electrical appliances, frayed extension cords, over-loaded outlets or lamp wire for permanent wiring.
- Cover electrical outlets with proper CSA approved covers;
- Protect children from sharp edges on walls and furnishings;
- Add covers over door hinges; and,
- Keep all telephone lines and blind cords out of the reach of children.

ALWAYS...

- Report all fires / emergencies of any kind to your Supervisor/Designate,
- Be familiar with more than one exit from the building;
- All exits are clearly marked and free of any obstacles or clutter;
- Investigate and report all suspicious smells immediately;
- Close doors immediately, to confine fires;
- Once the alarm has sounded, respond immediately by escorting/walking children out of the building in a calm and orderly fashion;

Written records are kept of all fire drills, all tests of the fire alarm system and all tests of fire protection equipment. Each record is retained for 1 year from date of drill and test.

Approved by _____

Signature of Fire Chief _____ Date _____

Revised April 2017

Letter of Confirmation

April 1, 2017

This letter confirms the HIFN Daycare has access to HIFN Health Center at the times during the HIFN Health Centres business hours 8: 30 am – 4:30 PM for use as a designated place of shelter for evacuation from this day (April 1, 2017) forward.

Health Director

Signature

Date

Record of Fire Drills (keep for 12 months since last drill)

Year of

Situation (specify activity)	Date	Time	Response Time	#of staff	#of children	Comments	Supervisor / designate signature

Record Fire Extinguisher/Equipment Check

Location of Extinguisher	Inspection Date	Inspection Date	Professional Service Contractor or individual conducting monthly inspections	Signature

May 2016

Check these details during a monthly fire extinguisher inspection
 Confirm the extinguisher is visible, unobstructed, and in its designated location.
 Verify the locking pin is intact and the tamper seal is unbroken. Examine the extinguisher for obvious physical damage, corrosion, leakage, or clogged nozzle.
 Confirm the pressure gauge or indicator is in the operable range or position, and lift the extinguisher to ensure it is still full.
 Make sure the operating instructions on the nameplate are legible and facing outward.
 Check the last professional service date on the tag. (A licensed fire extinguisher maintenance contractor must have inspected the extinguisher within the past 12 months.)

STATEMENT OF UNDERSTANDING

PROGRAM: _____

I have reviewed and agree to abide by the **Fire Safety Policies and Procedures** that have been developed for this program.

I understand that contravention of **Fire Safety Policies and Procedures** is a serious matter that will warrant implementation of disciplinary measures, including consideration of dismissal.

_____	_____	_____
Name of Staff Member, Volunteer or Student	Position	Date

_____	_____	_____
Name of Individual Conducting Review	Operator/Supervisor	Date

<u>Office Use</u>	
New Employee: Prior to Employment <input type="checkbox"/>	Volunteer/Student: Prior to Placement <input type="checkbox"/>
In additional to Annual <input type="checkbox"/>	

***Place in staff file.** Use of annual signing sheet to be used thereafter.

EMERGENCY TELEPHONE NUMBERS

FIRE DEPARTMENT: 1-705-383-2411/705-857-2121

POLICE DEPARTMENT: 1-888-310-1122/705-383-2231

**AMBULANCE (EMS): 705-673-1117 (Sudbury)
1-705-746-6266 (Parry Sound)**

FIRST RESPONSE: 705-857-2121

POISON CONTROL: 1-416-813-5900

**HOSPITAL: 705-523-7100 (Sudbury)
1-705-746-9321 (Parry Sound)**

MEDICAL CENTRE: 705-857-1221/1-866-252-3330

BAND OFFICE: 705-857-2331/1-800-614-5533

SUPERVISOR (CELL): 705-919-4726 (Charlene)

ASSISTANT Daycare Wrk (CELL): 705-662-6245 (ERIN)

Daycare Wrker (CELL): 705-207-7317 (Carrie)

**PROGRAM ADVISOR: Marc Tardif RECE
Program Advisor
CCQAL/EYD/MOE
Office: 705-564-8153 ext: 3364
Fax: 705-479-6298
marc.tardif@ontario.ca**

Revised April 2017

Emergency Evacuation Procedure

Contact Information: Supervisor/Manager: 705-919-4726 Charlene Ashawasegai
Assistant Supervisor: 705-662-6245 Erin McQuabbie
Daycare Worker: 705-207-7317 Carrie Bennett

Centre Name: Henvey Inlet First Nation Daycare

Emergency Phone Numbers: Police: 1-888-310-1122/705-383-2231
Fire Department: 1-705-383-2411
Ambulance: 705-673-1117(Sudbury)
1-705-746-9321 (Parry Sound)
First Response: 705-857-2121

Purpose:

To evacuate the children and staff from the HIFN Daycare Centre in a safe and orderly manner as determined by the appropriate authorities

Warning System:

The centre will be notified of the impending situation as follows:

1. Sounding of the internal fire alarms, both routine and emergency.
2. Sounding of any community sirens.
3. City or Municipal Office/Band Office

Responsibilities

List duties for staff to carry out during an emergency evacuation:

(Similar to Fire Drill Procedures)

1. Child Care Program Staff
2. Child Care Support Staff
3. Supervisor or Designate

Transportation

Determine form of transportation. (Example: taxi, staff vehicles)

Designated Place of Shelter

Determine designated place of shelter. HIFN Health Center @ 354A Pickerel River Road

Communication

- 1) Band Office will be notified of the evacuation of the Centre.
- 2) Parents will be contacted following evacuation to the designated place of shelter.
- 3) All release of information about the situation will be handled by the Supervisor/Management or Emergency Team.

Reviewed April 2017

Emergency Lock-Down Procedure

1. Don't Panic - Sound whistle/ sound alarm.
2. Notify Supervisor/designate to call appropriate emergency services.
3. Supervisor/designate to delegate staff member to lock all doors.
4. Commence lock down.
5. Bring all children indoors immediately if outdoors.
6. Draw all curtains; lock all windows and doors immediately.
7. Program Supervisor/Designate to gather daily information sheets of own room.
8. Educators to gather all children to a secure area of the room which has been previously designated by the head teacher.
9. Program Supervisor to commence a head count of all children staff and students- alert ECE Worker/designate if anyone is not present.
10. Educators to begin activities with all children to keep them calm.
11. The Program Supervisor is to commence a roll call using the sign in sheets.
12. Supervisor/designate to liaise with the staff until it is safe and appropriate to resume normal play.

SECTION TWO - Sanitary Policies

Please find attached 'Sanitary' policy & procedure. Please read policy and procedures thoroughly and follow accordingly.

Ontario Regulation 137/15

(33) Every licensee shall ensure that there are policies and procedures with respect to sanitary practices in each child care centre it operates and in each premises where it oversees the provision of home child care, and that those policies and procedures are followed in the centre or premises.

Every licensee shall ensure that any recommendation or instruction of a medical officer of health with respect to any matter that may affect the health or well-being of a child receiving child care at a child care centre the licensee operates is carried out by the staff of the child care centre.
(O.Reg. 137/15, ss. 32(1))

Where a report is made by the local medical officer of health or any person designated by the local medical officer of health or the local fire department with respect to a child care centre operated by the licensee, one copy of the report is kept on the premises of the child care centre and another copy is sent immediately to a program adviser.
(O. Reg. 137/15, ss. 32(2))

Public health units provide direction to child care centres on sanitary practices and the steps that should be taken to minimize transmission of infectious diseases.

For consideration:

- Changes in policies & procedures approved by a Health Official.
- Post Diaper Changing & Toileting Routines in the designated areas.
- Post Hand Washing Routine (poster can be obtained from local health agency) in designated areas.

Please check out these websites for non-alcohol based hand sanitizers. Both of these products have been approved by the Local Health Unit.

<http://www.soapopular.com/>

<http://www.x3clean.com/products.html>

Thank you,

Charlene

Charlene Ashawasegai, RECE
HIFN Daycare Program Supervisor
Phone: 705-857-0957
Fax: 705-857-0730
Email: hifndaycare07@hotmail.com

SANITARY PRACTICES Policies & Procedures

Washing

1. The classroom and washroom will be supplied with paper towels and Kleenex. Used appropriately this will help curtail the spread of bacterial infections.
2. A liquid soap dispenser is to be kept in the playroom as well as in the washroom for hand washing. Children are to wash their hands immediately following toileting and prior to preparing and eating food – this includes fun food activities. Staff members are to follow the same hand washing procedures as the children.
3. If towels and face cloths are to be used for children, they will be used only once and then laundered. Non-woven cloths or soft disposable toweling are best suited for this purpose.
4. Universal precautions are implemented to prevent the transmission of diseases spread through body fluids. Disposable gloves are worn to administer first aid or to clean up body fluids. Surfaces that are contaminated with body fluids are immediately cleaned and disinfected with bleach solution or approved disinfectant product. Proper hand washing routines are followed when in contact with body fluids and after removing gloves.
5. Toilets and bathroom sinks are disinfected with bleach by Janitorial Staff on a daily basis or as required during the course of the day.

Hand Washing Procedure

1. Wet hands thoroughly. This helps increase the effectiveness of the soap.
2. Apply soap using friction. Lather well for at least twenty (20) seconds. Pay special attention to fingertips and thumbs.
3. Rinse well, holding hands downward.
4. Dry hands thoroughly with paper towel; use paper towel to turn off taps. Properly dispose of paper towel.

Equipment and Furnishings

1. At the Centre children's mats approved for use by the Local Health Unit and consented to by parents will be used. Each child in attendance will have his/her own rest mat not to be shared with other children. These rest mats and sheets are to be washed and disinfected weekly and whenever necessary. Sheets for mats are provided by the Centre. Parents may provide a pillow and/or blanket if they so choose. These items will be sent home on a weekly basis for laundering.
2. At the Centre rest cots will be utilized. Each child in attendance will have his/her own rest cot not to be shared with other children. These rest cots are to be washed and disinfected weekly and whenever necessary. Parents may provide a pillow and/or blanket if they so choose. These items will be sent home on a weekly basis for laundering.

3. Frequently used equipment such as eating surfaces are to be cleaned and sanitized after each use.
4. Toys and play equipment should be washed and disinfected weekly and as needed. Toys which have been mouthed will be put aside and disinfected as soon as possible.
5. Water play tables are to be drained daily. Toys, as well as the water table will be cleaned and sanitized before refilling. Children should wash hands before and after play. Household bleach will be used to disinfect the water on a daily basis using eight (8) drops per gallon.
6. Floors should be kept clean, damp mopped when needed or every other day and carpets vacuumed daily.
7. Disposable cups will be made available.

Sanitizing Mixtures

Large Quantities – mix 50 ml (1/4 cup) bleach to 5 l (1 gallon) water.

Smaller Quantities – mix 5 ml (1 tsp) bleach to 500 ml (2 cups) water.

Spray Bottle – 5 ml (1 tsp) bleach to 500 ml (2 cups) water.

NOTE: If using a sanitizing product other than bleach, follow the manufacturer's mixing recommendations.

Health of Children and Staff

1. Staff will practice strict adherence to all sanitary procedures to reduce the spread of illnesses.
2. Daily observations of each child in attendance will be made before he/she begins to associate with other children in order to detect possible symptoms of ill health.
3. Mildly ill children may remain in the program if well enough to participate in all activities and are comfortable.
4. A child not able to participate due to illness will be separated from the group and symptoms of the illness will be noted in the child's file. Arrangements will be made for an ill child to be taken home by his/her parent, guardian or emergency contact person.
5. Exclusion is required according to the latest advice on communicable diseases from the Northwestern Health Unit, the Well Beings Guide or by advice of the child's doctor. Known reportable diseases will be reported to the local Northwestern Health Unit.
6. A readily available first aid kit is located in the classroom and is also brought on field trips. All staff are aware of its location. The traveling first aid kit will contain medical emergency information on each child.
 - First Aid Kits are equipped with the following items but are not limited to:
Current edition of first aid manual, sterile band aids, gloves, sterile gauze pads, rolls of gauze band aids, safety pins, gauze wrap, scissors, triangular bandages, rolls of splint padding

Sanitary Change

1. Gather supplies which would include: towel, disposable cloth, liquid soap, disinfectant, disposable rubber gloves. Collect clean change of clothing for the child. Ensure that all staff members wear disposable rubber gloves for each incident.
2. Remove the child from the play area.
3. Remove child's soiled clothing. Cleanse skin with disposable cloth moving from front to back.
4. Dress child quickly to prevent chill, wash child's hands and return to play room.
5. Dispose of cloth in plastic garbage bag.
6. Dispose of any solid matter in child's underwear in toilet.
7. Place soiled clothing in plastic bag and secure with twist tie. Label with child's name. Ensure clothing goes home with parent at the end of the day.
8. Cleanse changing area with sanitizing solution. Remove plastic garbage bag from washroom and place it in the area for garbage pickup.
9. Wash your hands thoroughly.
10. Report abnormal skin or stool conditions to parents.
11. Sanitary change procedure posted in changing area.

Diapering

1. An approved mat or change table is to be used for diapering. The diapering procedure is to be implemented at all times unless otherwise specified and approved by the Supervisor.
2. Each child is to have a separate compartment for storage of diapering materials.
3. Sanitizing solutions and materials are to be readily available and out of reach of children.
4. Soiled diapers and disposable towels must be placed in a secure foot activated plastic lined lidded container.
5. Cloths and towels must be used for cleansing diaper area only once. Separate linen should be available for cleaning hands and face.
6. The change pad will be cleaned and sanitized after each use.
7. Cloth diapers supplied by the parents are to be placed in a plastic bag after use and sent home with parents.
8. Hand washing of children and staff will occur immediately after diapering a child.
9. Diapering procedure posted in changing area.

Food Preparation

1. Staff will always wash their hands before preparing, handling and serving food.
2. Food is stored at safe temperatures that prevent the growth of bacteria.
3. Cross contamination of cooked and raw foods and foods that children are allergic to is avoided with the use of separate utensils and cutting boards and thorough cleaning procedures.
4. Food preparation areas and serving trolleys are cleaned and disinfected with bleach or approved disinfectant product before and after each use.
5. Blenders and food processors are cleaned after each use.
6. Stovetops and can openers are cleaned daily. Microwaves are cleaned weekly. Ovens and refrigerators are cleaned monthly. Freezers are cleaned every six (6) months.
7. Dishes and utensils are sanitized in the dishwasher after each use.
8. Children with allergies will be accommodated.

Animals

Ontario Regulation 137/15

41) Every licensee shall ensure that every dog and cat that is kept on the premises of a child care centre it operates or premises where it oversees the provision of home child care is inoculated against rabies.

Special Instructions

Local public health units may prohibit certain animals in child care settings and may set additional requirements for infection prevention and control for child care programs that have animals.

Licensees must follow any recommendations made by the local Medical Officer of Health (See subsection 32(1) in O. Reg 137/15) and should consult with their local public health unit when considering whether or not to allow visiting or resident animals at the child care centre.

Prior to contact with animals

Licensees have developed written infection prevention and control policies and procedures and they are reviewed by the local public health unit.

Parents are consulted and provide consent prior to introducing any animals into the child care centre. They are informed of both the benefits of engaging and interacting with animals, as well as the risks (e.g., allergies, infectious disease transmission and injury) and how the child care centre plans to mitigate those risks.

Policy/Procedure

1. The Ontario Food Premises Regulations requires kitchen areas to remain free from live birds and animals at all times. (except seeing eye dogs)
2. Purchase all birds and animals from a reputable dealer.
3. Reptiles, especially turtles, are not acceptable pets for the child care setting. They are known to carry Salmonella bacteria.
4. Hands must be washed thoroughly after handling a pet, its food or its belongings.
5. All animals that come to the centre must be healthy and have appropriate clearances from a veterinarian.
6. Hamsters, guinea pigs and gerbils make suitable pets.
7. Fish in aquariums are acceptable in a child care setting. Children should not put their hands into fish tanks.
8. Birds often attract mice with their bird seed and require extra housekeeping duties. Salmonella can be found in bird feces.
9. Baby Chick Incubators are permitted in child care facilities provided that:
 - The incubators have a suitable cover to prevent children from unsupervised handling of the chicks and contact with dropping and shavings.
 - Strict hand washing is enforced after handling the chicks and/or cleaning the incubator.
10. Do not allow children to kiss animals or put their face too close to a pet.
11. Never allow a child near a dog or cat while it is eating, drinking or sleeping.
12. Supervise children when they are handling pets.
13. Cages and aquariums must be kept in sanitary condition.

Signature of Health Official

Date

Revised April 2017

DIAPER-CHANGING ROUTINE

1. Assemble all the necessary supplies you need.
2. Place the child on the changing surface and remove the soiled diaper. Fold the soiled surface inward and set it aside. If safety pins have been used to fasten the diaper, close them and put them out of the child's reach. Never put them in your mouth.
3. Clean and dry the child's skin.
4. When necessary, use a facial tissue to apply ointments or creams.
5. Put a fresh diaper on the child.
6. **Wash the child's hands.** Return the child to a supervised area.
7. Formed stool can be flushed down the toilet. Do not rinse the diaper.
8. Dispose of the cloth or disposable diaper and if used the disposable paper covering.
9. Spray the sanitizing solution onto the entire surface of the changing surface. Leave for 30 seconds.
10. Put away all diapering supplies.
11. **Wash your hands.**
12. Dry the changing surface with a single-use towel. Dispose of the cloth or paper towel.
13. Wash your hands thoroughly.
14. Record skin condition and bowel movements as necessary.

***POST IN CHANGING AREA**

TOILETING ROUTINE

1. If a child wears a diaper, remove it. If the diaper is soiled, clean and dry the child's skin. Dispose of the cloth or disposable diaper.
2. Place the child on the toilet or potty. Stay with the child for a specific period of time. Five minutes is usually long enough.
3. Wipe the child.
4. Flush the toilet or let the child flush it. If a potty was used, empty its contents into the toilet and flush.
5. If necessary, diaper the child and help the child get dressed.
6. **Assist the child in handwashing.** Return the child to a supervised area.
7. Rinse out the potty and flush the water down the toilet. If there is any remaining stool in the potty, wear household rubber gloves and remove the entire stool with toilet paper. Rinse the potty and flush the water.
8. If wearing rubber gloves, remove them. Spray the sanitizing solution onto the potty and the diaper-changing surface (if used). Leave for 30 seconds.
9. Put away all diapering supplies.
10. **Wash your hands.**
11. Dry the potty with a single use towel. Dispose of the cloth or paper towel.
12. Dry the diaper-changing surface with a different towel. Dispose of the cloth or paper towel.
13. Return the potty to the storage area.
14. **Wash your hands thoroughly.**
15. Record the child's use of the potty, any bowel movements and skin condition as necessary.

***POST IN TOILETING AREA**
Monthly First Aid Kit Inspection

Program _____ Year _____

First Aid Kit	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Sterile Band-Aids												
Gloves												
Sterile gauze pads												
Rolls of gauze bandages												
Safety Pins												
Gauze wrap												
Scissors												
Date												
Initial												