



EMPLOYMENT OPPORTUNITY

MENTAL HEALTH WORKER

POSITION SUMMARY

Henvey Inlet First Nation is seeking a full-time **Mental Health Worker** to join our Administration. The Mental Health Worker reports to the Health Director and is responsible for providing mental health services and coping strategies for adult individuals suffering from a wide range of emotional and mental health disorders in both individual and group settings. The Mental Health Worker works with clients to promote optimum mental and emotional health and wellness and support spiritual healing. This position requires exceptional interpersonal communication and listening skills and a high-degree of discretion and professionalism.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Mental Health Worker will be responsible to:

- Establish and maintain therapeutic and supportive relationships with clients while keeping empathy and compassion top-of-mind
- Encourage clients to be open to discussing issues that are occurring
- Collect information about clients through interviews and use observations to evaluate client needs
- Assess clients' mental states ensuring there is no risk of self-harm or injury to others
- Plan and administer therapeutic treatment to clients, changing treatment methods when indicated by client reactions
- Monitor clients' treatment progress and keep track of his or her mental health status
- Aid clients in maintaining mental health stability by referring them to support services to supplement treatment and counselling
- Develop and implement treatment/wellness plans that include clear recommendations for clients
- Assist clients in implementing behaviour management strategies at home
- Create and maintain a secure filing system for all confidential client information/assessments and treatment plans in accordance with PIPEDA and other applicable privacy regulations
- Ensure services are provided in a professional and timely manner
- Monitor and evaluate progress and adapt treatment/wellness plans as required
- Develop and maintain solid working relationships with local mental health agencies, doctors and healthcare professionals
- Recognize and refer clients to psychological or psychiatric specialists if/when required
- Build and/or strengthen bridges between Indigenous and mainstream approaches to wellness
- Refer clients to recognized and approved Indigenous Traditional service providers when requested
- Provide case management and monitor client progress with above noted service providers
- Provide client counselling using evidence-based programs and interventions
- Provide crisis intervention counselling to individual clients as well as groups/teams as required
- Work collaboratively with other mental health professionals to coordinate required services or to resolve emergency issues in crisis situations
- Seek and apply for program funding through various external government agencies and program sponsors
- Assist with the completion and submission of various department reports to applicable funding providers including Ministries, Governments, and other medical service providers in a timely manner as required
- Adhere to all HIFN policies and procedures
- Participate in continuous learning opportunities to maintain up-to-date knowledge on current industry regulations, trends and practices
- Participate in mandatory training workshops as required
- Attend and actively participate in team, staff and community meetings
- Other duties as assigned from time to time by the Health Director, Director of Finance/Administration, or Chief and Council

QUALIFICATIONS

- Post-secondary degree or diploma in Social Work, Native Human Services or Psychology
- 3+ years of mental health work or counselling experience
- Previous experience working with adults experiencing trauma, emotional and psychological challenges and other mental health issues an asset
- Current Mental Health First Aid Certification required
- Current First Aid and CPR Level C preferred
- Completion of ASIST training and Crisis Intervention training an asset
- Knowledge of and respect for Anishinabek culture, history, teachings, language, values and beliefs is of critical importance
- Must have a thorough understanding of inter-generational trauma and experience using trauma-informed practices
- Able to provide a satisfactory Criminal Record Check (CPIC) including a Vulnerable Sector screening
- Valid Class G driver's license with access to a reliable, insured vehicle
- Excellent client relations and interpersonal communication skills
- Strong written and verbal communication skills
- Excellent time-management and prioritization skills
- High level of sound and independent judgement and reasoning skills
- Must have sound decision making and problem-solving skills
- Must be able to work independently and with little supervision; must be self-directed
- Proficient with Microsoft Office programs including Word, Excel, and Power Point and the use of general office equipment
- Willingness to travel for work when needed

HOURS OF WORK

Full-Time – 35.5 hours per week

WORK LOCATION

In-office

REMUNERATION

Based on experience

START DATE

June 9, 2025

APPLICATION DEADLINE

May 19, 2025

Those interested in applying should submit their resume, cover letter, driver's abstract and CPIC in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd.

Pickerel, ON P0G 1J0

Tel: (705) 857-2331

Fax: (705) 857-3021

Email: recruitment@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

Henvey Inlet First Nation gives preference to all qualified First Nations people in accordance with Section 24(1) (a) of the Ontario Human Rights Code.